



**Meal Plan Rates  
Price List**

Tenant Meal (single meal price) \$7.70 *per meal*  
 Guest Meal (any non tenant) \$9.00 *per meal*  
 Holiday Guest Meals  
*(Easter, Thanksgiving & Christmas)* \$12.25 *per meal*  
 Home Delivered Meal \$7.70 *per meal*  
 \*Sauk Rapids Campus Only

**Meal Packages (Monthly Rates)**

3 meals a day / 7 days a week \$660/month  
 2 meals a day / 7 days a week \$450/month  
 1 meal a day / 7 days a week \$230/month  
 1 meal a day / 6 days a week \$200/month  
 1 meal a day / 5 days a week \$167/month

**Weekend Meals**

Saturday & Sunday only \$68/month

Meal Punch Card (5 meals) \$38.50/card  
 Meal Punch Card (10 meals) \$77.00/card



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## Lettuce Shop For You!

The Good Shepherd Community's Shepherd Oak Kitchen may be a resource when you need it the most! Please visit the kitchen when you are in need of the following items:

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Bread	\$3.00 per loaf - White, Wheat or Raisin
Milk	\$3.00 - 1/2 gallon (2% or skim) \$0.50 - 8 oz. (2%, skim, chocolate)
Fruit	\$4.75/lb - Red grapes & fresh strawberries
Potato Chips	\$3.75 (one pound)
Oatmeal	\$3.00 - 42 oz
Eggs	\$3.00 per dozen (fresh or hard boiled)
Butter	\$3.00
Ice Cream	\$6.50 (1/2 gallon) \$9.50 (4 - 1/2 qts) \$6.45 Bridgeman's \$.50 each (bars) or \$.75 each (spec.)
Orange Juice	\$3.25
Pies	<i>Check for availability and pricing</i>
Cookies	\$6.00 per dozen or \$.50 each
Soda	\$.75 (12 oz)
Toilet Tissue	\$.75 per roll

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## Take & Bake Pizza

Our pizza is made to your specifications upon ordering. We offer 12" crust with whatever toppings you are craving!

<b>Starting at</b> <b>\$8.00!</b>	Sauce
	Tomato
	Alfredo Rosa

### TOPPINGS (each topping \$.50)

---

Pepperoni	Mushrooms
Sausage	Pineapple
Bacon	Extra Cheese
Canadian Bacon	Chicken
Onions	Fresh Basil
Green Peppers	Parmesan Cheese

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