

# Shepherd of Grace Senior Housing with Services

## Assisted Living Services...A Helping Hand When You Need It

Good Shepherd's Assisted Living program is unique in many ways. Our apartment and assisted living building is registered as a Housing with Services establishment with the State of Minnesota.

Our Assisted Living program is a package of **structured and scheduled services** delivered to tenants, in any of the assisted living or senior apartments on our campus through a Comprehensive Home Care license.

Assisted Living services are a supplement to the amenities provided by living in an apartment. While we can't provide the level of on-demand service as a nursing home, we have many services available. Services beyond the base package are customized to each tenant's individual needs and are available for additional fees.

A wide variety of activity programming is offered. Tenants can choose to participate in as much or as little as they desire, catering to their own interests and needs.

*Please be aware that Good Shepherd's Assisted Living program does not include skilled nursing care, on-demand call light services, cost of medications, cost of personal items, transport devices, therapy services, two-person transfer assists, mechanical assisted lifts, unmanaged cognitive impairments, unmanaged incontinence or alarms/monitoring devices.*

**Pricing: \$1,922/month with 2 meals per day • \$2,126/month with 3 meals per day**

### Base Package of Service Includes:

- 24 Hour RN Liaison On-Call to assist Home Health Aides as needed with care questions
- 24 Hour Aide Scheduled Assistance
- Weekly light housekeeping & two loads of laundry
- Arrange medical appointments up to two per month
- Daily verification check initiated by tenant
- Emergency pendant and emergency response call assist
- Group activities and spiritual options on campus

### Additional direct care services available for an added fee:



**Nursing Supportive Services:** Including medication set-up, medication reordering, medication adjustments related to medical changes

#### Delegated services and medication reminders/assistant:

May include medication reminders, medication administration and assistance with diabetic care and glucometer process, all as able to be delegated by the RN

**ADL Assistance:** Including but not limited to assistance with *scheduled* bathing, grooming, dressing, exercises, ambulation, toileting, one-person transfer assists, walking

**Supportive Services:** Including but not limited to assistance with escorts to meals or activities, additional verification checks, additional laundry or housekeeping

**Activity/Socialization:** One-to-one socialization options