

Good Shepherd Senior Housing with Services

Assisted Living Services...A Helping Hand When You Need It

Good Shepherd's Assisted Living program is unique in many ways. Our four apartment buildings are registered as Housing with Services establishments with the State of Minnesota.

Our Assisted Living program is a package of **structured and scheduled services** delivered to tenants, in any of the four apartment buildings on our campus through a Comprehensive Home Care license.

Assisted Living services are a supplement to the amenities provided by living in an apartment. While we can't provide the level of on-demand service as a nursing home, we have many services available. Services beyond the base package are customized to each tenant's individual needs and are available for additional fees.

A wide variety of activity programming is offered. Tenants can choose to participate in as much or as little as they desire, catering to their own interests and needs.

Please be aware that Good Shepherd's Assisted Living program does not include skilled nursing care, on-demand call light services, cost of medications, cost of personal items, transport devices, therapy services, two-person transfer assists, mechanical assisted lifts, unmanaged cognitive impairments, unmanaged incontinence or alarms/monitoring devices.

Pricing: \$1,914/month with 2 meals per day • \$2,117/month with 3 meals per day

Base Package of Service Includes:

- 24 Hour RN Liaison On-Call to assist Home Health Aides as needed with care questions
- 24 Hour Aide Scheduled Assistance
- Weekly light housekeeping & two loads of laundry
- Arrange medical appointments up to two per month
- Daily verification check initiated by tenant
- Emergency pendant and emergency response call assist
- Group activities and spiritual options on campus

Additional direct care services available for an added fee:



Nursing Supportive Services: Including medication set-up, medication reordering, medication adjustments related to medical changes

Delegated services and medication reminders/assistant:

May include medication reminders, medication administration and assistance with diabetic care and glucometer process, all as able to be delegated by the RN

ADL Assistance: Including but not limited to assistance with *scheduled* bathing, grooming, dressing, exercises, ambulation, toileting, one-person transfer assists, walking

Supportive Services: Including but not limited to assistance with escorts to meals or activities, additional verification checks, additional laundry or housekeeping

Activity/Socialization: One-to-one socialization options

