

January 2019

Shepherd of Grace Apartments

Printed: 12/24/2018

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



		<p>1 Happy New Year!</p>	<p>2 10:00 Bible Study (Church) 2:00 Bingo 3:30 Tai Chi 6:00 Whist/Barb</p>	<p>3 9:30 Exercise with Sandy 3:30 Kickboxing 6:00 6,5,4, with Bea</p>	<p>4 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb</p>	<p>5 9:30 Exercise with Sandy 1:30 Dominos</p>
<p>6 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One</p>	<p>7 10:00 Trivia 1:30 Pokeno 3:30 Balance 101 6:00 Shake Dice/Barb</p>	<p>8 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Balloon Volleyball 6:00 No Peek Thirty One</p>	<p>9 10:00 Bible Study (Church) 2:00 Bingo 3:30 Brain Power 6:00 Whist/Barb</p>	<p>10 9:30 Exercise with Sandy 2:00 Entertainment Ralph Hintz 3:30 Understanding Balance Issues: Presenter-Wendi Jones, Occupational Therapist 6:00 Board Games</p>	<p>11 9:00 Store Trip 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist</p>	<p>12 9:30 Exercise with Sandy 1:30 Dominos</p>
<p>13 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One</p>	<p>14 10:00 Trivia 1:30 Pokeno 3:30 Stretch and Flex 6:00 Shake Dice/Barb</p>	<p>15 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 No Peek Thirty One</p>	<p>16 10:00 Bible Study (Church) 2:00 Bingo 3:30 Crafty Creations 6:00 Whist/Barb</p>	<p>17 9:30 Exercise with Sandy 2:00 Birthday Celebration/Charlie Wyser 2:30 Pet Visits/Nellie 3:30 Kickboxing 6:00 6,5,4, with Bea</p>	<p>18 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb</p>	<p>19 9:30 Exercise with Sandy 1:30 Dominos</p>
<p>20 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One</p>	<p>21 10:00 Trivia 1:30 Pokeno 3:30 Balance 101 6:00 Shake Dice/Barb</p>	<p>22 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Balloon Volleyball 6:00 No Peek Thirty One</p>	<p>23 10:00 Bible Study (Church) 2:00 Bingo 3:30 Brain Power 6:00 Whist/Barb</p>	<p>24 10:00 Catholic Mass 2:00 Entertainment/Greta 3:30 Chair Dancing 6:00 Board Games</p>	<p>25 9:15 Store Trip 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb</p>	<p>26 9:30 Exercise with Sandy 1:30 Dominos</p>
<p>27 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One</p>	<p>28 10:00 Trivia 3:30 Stretch and Flex 6:00 Shake Dice/Barb</p>	<p>29 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 3:30 Active Games 6:00 Horse Racing</p>	<p>30 10:00 Bible Study (Church) 2:00 Bingo 3:30 Tai Chi 6:00 Whist/Barb</p>	<p>31 9:30 Exercise with Sandy 3:30 Music and Movement 6:00 6,5,4, with Bea</p>		

January 2019

Shepherd of Grace Cottages

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Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



		<p>1 11:30 Lunch, Devotional 2:00 Coffee and News 3:00 Activity Basket 5:30 National Day Recog.</p>	<p>2 10:00 Bible Study (Church) 11:30 Lunch, Devotional 2:00 1:1's 3:15 Coffee and News 5:30 National Day Recog. 6:00 Yoga and Stretching</p>	<p>3 10:30 Muscle Movers 11:30 Lunch, Devotional 1:30 Balloon Volleyball 2:00 Coffee and News 4:00 Pet Visit/Nellie 5:30 National Day Recog.</p>	<p>4 10:00 Walk This Way 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Trivia 5:30 National Day Recog. 6:00 Commercial Break Exercise</p>	<p>5 10:00 Manicures 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Ring Toss/Horse Shoe 5:30 National Day Recog. 6:00 Pick A Flick/Popcorn</p>
<p>6 9:00 Worship Service 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Bingo 5:30 National Day Recog. 6:00 Color Me Calm</p>	<p>7 10:30 Balance 101 11:30 Lunch, Devotional 1:00 Walk with EnerG 2:00 Coffee and News 2:30 Fun Facts 5:30 National Day Recog.</p>	<p>8 11:30 Lunch, Devotional 2:00 Coffee and News 2:30 Brain Power 5:30 National Day Recog. 6:00 Pet Visit/Da'Vi</p>	<p>9 10:00 Bible Study (Church) 11:30 Lunch, Devotional 2:00 1:1's 3:15 Coffee and News 5:30 National Day Recog. 6:00 Relaxation</p>	<p>10 10:30 Chair Dancing 11:30 Lunch, Devotional 12:30 Balloon Volleyball 2:00 Entertainment/Ralph Hintz 3:00 Coffee and News 5:30 National Day Recog.</p>	<p>11 10:00 Walk This Way 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Trivia 5:30 National Day Recog. 6:00 Commercial Break Exercise</p>	<p>12 10:00 Dice/Cards 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Baking 5:30 National Day Recog. 6:00 Pick A Flick/Popcorn</p>
<p>13 9:00 Worship Service 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Hot Potato 5:30 National Day Recog. 6:00 Color Me Calm</p>	<p>14 11:00 Basic Flexibility 11:30 Lunch, Devotional 1:00 Walk with EnerG 2:00 Coffee and News 2:30 Fun Facts 5:30 National Day Recog.</p>	<p>15 10:30 Kickboxing 11:30 Lunch, Devotional 1:00 Crafty Creations 2:00 Coffee and News 2:30 Joggin Your Noggin 5:30 National Day Recog. 6:00 Pet Visit/Da'Vi</p>	<p>16 10:00 Bible Study (Church) 11:30 Lunch, Devotional 2:00 1:1's 3:15 Coffee and News 5:30 National Day Recog. 6:00 Yoga and Stretching</p>	<p>17 10:30 Muscle Movers 11:30 Lunch, Devotional 12:30 Active Games 2:00 Birthday Celebration/Charlie Wyser 3:00 Coffee and News 5:30 National Day Recog.</p>	<p>18 10:00 Walk This Way 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Trivia 5:30 National Day Recog. 6:00 Commercial Break Exercise</p>	<p>19 10:00 Manicures 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Ring Toss/Horse Shoe 5:30 National Day Recog. 6:00 Pick A Flick/Popcorn</p>
<p>20 9:00 Worship Service 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Bingo 5:30 National Day Recog. 6:00 Color Me Calm</p>	<p>21 10:30 Balance 101 11:30 Lunch, Devotional 1:00 Walk with EnerG 2:00 Coffee and News 2:30 Fun Facts 5:30 National Day Recog.</p>	<p>22 10:30 Music and Motion 11:30 Lunch, Devotional 1:00 Horse Racing 2:00 Coffee and News 2:30 Brain Power 5:30 National Day Recog.</p>	<p>23 10:00 Bible Study (Church) 11:30 Lunch, Devotional 2:00 1:1's 3:15 Coffee and News 5:30 National Day Recog. 6:00 Tai Chi</p>	<p>24 10:00 Catholic Mass 11:30 Lunch, Devotional 12:30 Balloon Volleyball 2:00 Entertainment/Greta 3:00 Coffee and News 5:30 National Day Recog.</p>	<p>25 10:00 Walk This Way 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Trivia 5:30 National Day Recog. 6:00 Commercial Break Exercise</p>	<p>26 10:00 Dice/Cards 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Baking 5:30 National Day Recog. 6:00 Pick A Flick/Popcorn</p>
<p>27 9:00 Worship Service 11:30 Lunch Time Devotional 2:00 Coffee and News 3:00 Hot Potato 5:30 National Day Recog. 6:00 Color Me Calm</p>	<p>28 11:00 Basic Flexibility 11:30 Lunch, Devotional 1:00 Walk with EnerG 2:00 Coffee and News 2:30 Fun Facts 5:30 National Day Recog.</p>	<p>29 10:30 Kickboxing 11:30 Lunch, Devotional 1:00 Active Games 2:00 Coffee and News 2:30 Reminiscing 5:30 National Day Recog. 6:00 Pet Visit/Da'Vi</p>	<p>30 10:00 Bible Study (Church) 11:30 Lunch, Devotional 2:00 1:1's 3:15 Coffee and News 5:30 National Day Recog. 6:30 Youth Group-Activity</p>	<p>31 10:30 Chair Dancing 11:30 Lunch, Devotional 1:00 Balloon Volleyball 2:00 Coffee and News 2:30 Puzzles, Maze and More 5:30 National Day Recog.</p>		