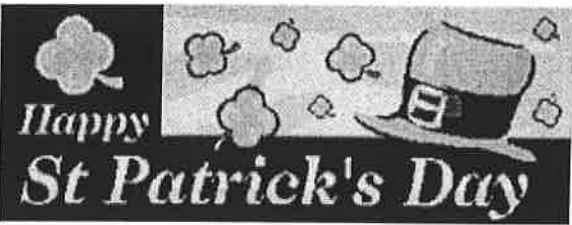


<i>Sunday</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>	<i>Saturday</i>	
March 2019	Shepherd of Grace Apartments					1 1:30 Shake Dice/Barb 2:00 Coffee and Chat 3:30 Active Games 6:00 Whist/Barb	2 9:30 Exercise with Sandy 1:30 Dominos
3 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	4 10:00 Trivia 1:30 Pokeno 3:30 Balance 101 6:00 Shake Dice/Barb	5 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Balloon Volleyball 6:00 No Peek Thirty One	6 10:00 Bible Study (Church) 2:00 Bingo 3:30 Tai Chi 6:00 Whist/Barb	7 9:30 Exercise/Sandy 2:00 Entertainment/Nathan 3:30 Crafty Creations 6:00 Board Games	8 9:00 Store Trip 1:30 Shake Dice/Barb 2:00 Coloring with Marge 2:00 Coffee and Chat 6:00 Whist	9 9:30 Exercise with Sandy 1:30 Dominos	
10 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	11 10:00 Trivia 1:30 Pokeno 3:30 Chair Pilates 6:00 Shake Dice/Barb	12 9:00 Caramel Rolls/ Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 No Peek Thirty One	13 10:00 Bible Study (Church) 2:00 Bingo 3:30 Yoga and Stretching 6:00 Whist/Barb	14 9:30 Exercise with Sandy 3:30 Systems for Balance: Presenter-Patti Regnier 6:00 6,5,4, with Bea	15 2:00 Coffee and Chat 2:00 St. Patty's Day Party/Rick Brix 6:00 Whist/Barb	16 9:30 Exercise with Sandy 1:30 Dominos	
17 ST PATRICK'S DAY 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	18 10:00 Trivia 1:30 Pokeno 2:00 Movie/2nd floor Activity Room 3:30 Kickboxing 6:00 Shake Dice/Barb	19 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Balloon Volleyball 6:00 No Peek Thirty One	20 10:00 Bible Study (Church) 2:00 Bingo 3:30 Tai Chi 6:00 Whist/Barb	21 9:30 Exercise with Sandy 2:00 Birthday Celebration/George Jundt 2:30 Pet Visits/Nellie 3:30 Brain Fitness 6:00 Board Games	22 9:15 Store Trip 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb	23 9:30 Exercise with Sandy 1:30 Dominos	
24 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	25 10:00 Trivia 1:15 Tenant Meeting 3:30 Chair Pilates 6:00 Shake Dice/Barb	26 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 Horse Racing	27 10:00 Bible Study (Church) 2:00 Bingo 3:30 Yoga and Stretching 6:00 Whist/Barb	28 10:00 Catholic Mass 3:30 Music and Movement 6:00 6,5,4, with Bea	29 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb	30 9:30 Exercise with Sandy 1:30 Dominos	
31 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One							



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

March 2019

Shepherd of Grace Cottages

3 9:00 Worship Service
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Bingo
5:30 National Day Recog.
6:00 Color Me Calm

4 10:30 Balance 101
11:30 Lunch, Devotional
1:00 Fun Facts
1:30 Puzzles, Mazes and More
2:00 Coffee and News
5:30 National Day Recog.

5 10:30 Stretch and Flex
11:30 Lunch, Devotional
1:00 Music and Motion
2:00 Coffee and News
2:30 Brain Games
5:30 National Day Recog.
6:00 Pet Visit/Da'Vi

6 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and News
5:30 National Day Recog.
6:00 Yoga and Stretching

7 10:30 Balloon Exercise
11:30 Lunch, Devotional
12:30 Active Games
2:00 Entertainment/Nathan
3:00 Coffee and News
4:00 Pet Visit/Nellie
5:30 National Day Recog.

1 10:00 Walk This Way
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break
Exercise

2 10:00 Manicures
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Ring Toss/Horse Shoe
5:30 National Day Recog.
6:00 Pick A Flick/Popcorn

8 10:00 Walk This Way
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break
Exercise

9 10:00 Dice/Cards
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Baking
5:30 National Day Recog.
6:00 Pick A Flick/Popcorn

10 9:00 Worship Service
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Hot Potato
5:30 National Day Recog.
6:00 Color Me Calm

11 10:30 Music and Instruments
11:00 Puzzles, Mazes and More
11:30 Lunch, Devotional
1:00 Walk with EnerG
2:00 Coffee and News
2:30 Fun Facts
5:30 National Day Recog.

12 10:30 Kickboxing
11:30 Lunch, Devotional
1:00 Horse Racing
2:00 Coffee and News
2:30 Jest for Fun
5:30 National Day Recog.

13 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and News
5:30 National Day Recog.
6:00 Tai Chi

14 10:30 Chair Dancing
11:30 Lunch, Devotional
1:00 Crafty Creations
2:00 Coffee and News
2:30 Joggin Your Noggin
5:30 National Day Recog.

15 10:00 Walk This Way
11:30 Lunch Time Devotional
2:00 St. Patty's Day Party/Rick Brix
3:00 Coffee and News
5:30 National Day Recog.
6:00 Commercial Break

16 10:00 Manicures
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Ring Toss/Horse Shoe
5:30 National Day Recog.
6:00 Pick A Flick/Popcorn

17 ST PATRICK'S DAY
9:00 Worship Service
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Bingo
5:30 National Day Recog.
6:00 Color Me Calm

18 10:30 Balance 101
11:00 Fun Facts
11:30 Lunch, Devotional
1:00 Walk with EnerG
2:00 Coffee and News
2:30 Reminiscing
5:30 National Day Recog.

19 10:30 Stretch and Flex
11:30 Lunch, Devotional
1:00 Crafty Creations
2:00 Coffee and News
2:30 Brain Games
5:30 National Day Recog.
6:00 Pet Visit/Da'Vi

20 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and News
5:30 National Day Recog.
6:00 Relaxation

21 10:30 Muscle Movers
11:30 Lunch, Devotional
1:00 Short Story/Discussion
2:00 Birthday Celebration/George Jundt
3:00 Coffee and News
5:30 National Day Recog.

22 10:00 Walk This Way
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break
Exercise

23 10:00 Dice/Cards
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Baking
5:30 National Day Recog.
6:00 Pick A Flick/Popcorn

24 9:00 Worship Service
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Hot Potato
5:30 National Day Recog.
6:00 Color Me Calm

25 10:30 Basic Flexibility
11:30 Lunch, Devotional
1:00 Walk with EnerG
2:00 Coffee and News
2:30 Fun Facts
5:30 National Day Recog.

26 10:03 Kickboxing
11:30 Lunch, Devotional
1:00 Sing Along with Jeff
2:00 Coffee and News
2:30 Brain Games
5:30 National Day Recog.
6:00 Pet Visit/Da'Vi

27 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and News
5:30 National Day Recog.
6:30 Youth Group-Bingo

28 10:00 Catholic Mass
11:30 Lunch, Devotional
1:00 Balloon Volleyball
2:00 Coffee and News
2:30 Joggin Your Noggin
5:30 National Day Recog.

29 10:00 Walk This Way
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break
Exercise

30 10:00 Manicures
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Ring Toss/Horse Shoe
5:30 National Day Recog.
6:00 Pick A Flick/Popcorn

31 9:00 Worship Service
11:30 Lunch Time Devotional
2:00 Coffee and News
3:00 Bingo
5:30 National Day Recog.
6:00 Color Me Calm

