

May 2019

Shepherd of Grace Cottages

Printed: 04/23/2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

5 9:00 Worship Service
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Hot Potato
5:30 National Day Recog.
6:00 Color Me Calm

6 10:00 Walk This Way
11:30 Lunch, Devotional
2:00 Coffee and Chat
5:30 National Day Recog.

7 11:30 Lunch, Devotional
1:00 Crafty Creations
2:00 Coffee and Chat
2:30 Brain Games
5:30 National Day Recog.
6:00 Pet Visit/Da'Vi

8 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and Chat
5:30 National Day Recog.
6:00 Breathe Easy

9 10:30 Optimizing Balance
11:30 Lunch, Devotional
12:30 Active Games
2:00 Entertainment/Ralph Hintz
3:00 Coffee and Chat
5:30 National Day Recog.

10 10:00 Walk This Way
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break Exercise

11 10:00 Manicures
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Ring Toss/Horseshoes
5:30 National Day Recog.
6:00 Movie Night

12 MOTHER'S DAY
9:00 Worship Service
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Bingo
5:30 National Day Recog.
6:00 Color Me Calm

13 10:30 Chair Pilates
11:30 Lunch, Devotional
1:00 Walk This Way
2:00 Coffee and Chat
2:30 Fun Facts
5:30 National Day Recog.

14 10:30 Muscle Movers
11:30 Lunch, Devotional
1:00 Music and Instruments
2:00 Coffee and Chat
2:30 Brain Games
5:30 National Day Recog.
6:00 Pet Visit/Da'Vi

15 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and Chat
5:30 National Day Recog.
6:00 Seated Tai Chi

16 10:30 Music and Movement
11:30 Lunch, Devotional
12:30 Active Games
2:00 Birthday Celebration/George
3:00 Coffee and Chat
5:30 National Day Recog.

17 10:00 Walk This Way
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break Exercise

18 10:00 Dice/Cards
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Baking
5:30 National Day Recog.
6:00 Movie Night

19 9:00 Worship Service
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Hot Potato
5:30 National Day Recog.
6:00 Color Me Calm

20 10:30 Stretch and Flex
11:30 Lunch, Devotional
1:00 Walk This Way
2:00 Coffee and Chat
2:30 Fun Facts
5:30 National Day Recog.

21 10:30 Seated Kickboxing
11:30 Lunch, Devotional
1:00 Sing Along with Jeff
2:00 Coffee and Chat
2:30 Brain Games
5:30 National Day Recog.
6:00 Pet Visit/Da'Vi

22 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and Chat
5:30 National Day Recog.
6:00 Breathe Easy

23 10:00 Catholic Mass
11:30 Lunch, Devotional
12:30 Active Games
2:00 Entertainment/Rick Brix
3:00 Coffee and Chat
5:30 National Day Recog.

24 10:00 Walk This Way
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break Exercise

25 10:00 Manicures
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Balloon Swatting
5:30 National Day Recog.
6:00 Movie Night

26 9:00 Worship Service
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Bingo
5:30 National Day Recog.
6:00 Color Me Calm

27 10:00 Walk This Way
11:30 Lunch, Devotional
2:00 Coffee and Chat
5:30 National Day Recog.

28 10:30 Muscle Movers
11:30 Lunch, Devotional
1:00 Music and Instruments
2:00 Coffee and Chat
2:30 Brain Games
5:30 National Day Recog.

29 10:00 Bible Study (Church)
11:30 Lunch, Devotional
2:00 1:1's
3:15 Coffee and Chat
5:30 National Day Recog.
6:00 Seated Tai Chi

30 10:30 Yoga and Stretching
11:30 Lunch, Devotional
1:00 Crafty Creations
2:00 Coffee and Chat
2:30 Remember When
5:30 National Day Recog.

31 10:00 Walk This Way
11:30 Lunch, Devotional
2:00 Coffee and Chat
3:00 Trivia
5:30 National Day Recog.
6:00 Commercial Break Exercise

May 2019

Shepherd of Grace Apartments

Printed: 04/23/2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

			1 10:00 Bible Study (Church) 2:00 Bingo 3:30 Yoga and Stretching 6:00 Whist/Barb	2 9:30 Exercise with Sandy 3:30 Brain Games 6:00 Board Games/Rummikub	3 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist 9:15 Store Trip	4 9:30 Exercise with Sandy 1:30 Dominos
5 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	6 10:00 Trivia 1:30 Pokeno 6:00 Shake Dice/Barb	7 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 No Peek Thirty One	8 10:00 Bible Study (Church) 2:00 Bingo 3:30 Seated Tai Chi 6:00 Whist/Barb	9 9:30 Exercise/Sandy 2:00 Entertainment/Ralph Hintz 3:30 Arthritis and Pain: Presentation by Patti Regnier 6:00 6,5,4 with Bea	10 1:30 Shake Dice/Barb 2:00 Coffee and Chat 2:00 Coloring with Marge 6:00 Whist	11 9:30 Exercise with Sandy 1:30 Dominos
12 MOTHER'S DAY 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	13 10:00 Trivia 1:30 Pokeno 2:00 Movie/2nd floor Activity Room 3:30 Optimizing Balance 6:00 Shake Dice/Barb	14 9:00 Caramel Rolls/ Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 No Peek Thirty One	15 10:00 Bible Study (Church) 2:00 Bingo 3:30 Yoga and Stretching 6:00 Whist/Barb	16 9:30 Exercise with Sandy 2:00 Birthday Celebration/George 2:30 Pet Visits/Nellie 3:30 Crafty Creations 6:00 Board Games/Rummikub	17 9:15 Store Trip 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb	18 9:30 Exercise with Sandy 1:30 Dominos
19 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	20 10:00 Trivia 1:30 Pokeno 3:30 Chair Pilates 6:00 Shake Dice/Barb	21 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 No Peek Thirty One	22 10:00 Bible Study (Church) 2:00 Bingo 3:30 Seated Tai Chi 6:00 Whist/Barb	23 10:00 Catholic Mass 2:00 Entertainment/Rick Brix 3:30 Seated Kickboxing 6:00 6,5,4, with Bea	24 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist/Barb	25 9:30 Exercise with Sandy 1:30 Dominos
26 9:00 Worship Service 10:15 Bible Study 1:30 No Peek Thirty-One	27 10:00 Trivia 1:30 Pokeno 6:00 Shake Dice/Barb	28 9:00 Caramel Rolls Coffee Shop 9:30 Exercise with Sandy 1:30 Farkel 3:30 Active Games 6:00 Horse Racing	29 10:00 Bible Study (Church) 2:00 Bingo 3:30 Yoga and Stretching 6:00 Whist/Barb	30 9:30 Exercise with Sandy 3:30 Music and Movement 6:00 Board Games/Rummikub	31 9:00 Store Trip 1:30 Shake Dice/Barb 2:00 Coffee and Chat 6:00 Whist	