

July 2019

Shepherd of Grace Apartments

Printed: 06/25/2019

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1 10:00 Trivia  
1:30 Pokeno  
3:30 Optimizing Balance  
6:00 Shake Dice/Barb

2 9:00 Caramel Rolls  
Coffee Shop  
9:30 Exercise with Sandy  
1:30 Farkel  
3:30 Active Games  
6:00 No Peek Thirty One

3 10:00 Bible Study  
(Church)  
2:00 Bingo  
6:00 Whist/Barb

4 9:30 Exercise/Sandy  
6:00 6,5,4 with Bea

5 1:30 Shake Dice/Barb  
2:00 Coffee and Chat  
6:00 Whist

6 9:30 Exercise with  
Sandy  
1:30 Dominos

7 9:00 Worship Service  
10:15 Bible Study  
1:30 No Peek Thirty-One

8 10:00 Trivia  
1:30 Pokeno  
3:30 Chair Pilates  
6:00 Shake Dice/Barb

9 9:00 Caramel Rolls/  
Coffee Shop  
9:30 Exercise with Sandy  
1:30 Farkel  
3:30 Active Games  
6:00 No Peek Thirty One

10 10:00 Bible Study  
(Church)  
2:00 Bingo  
3:30 Muscle Movers  
6:00 Whist/Barb

11 9:30 Exercise with  
Sandy  
2:00 Entertainment/Nathan  
Neuman  
3:30 Medications and Side  
Effects/Patti  
6:00 Board Games  
Rummikub

12 9:15 Store Trip  
1:30 Shake Dice/Barb  
2:00 Coloring with Marge  
2:00 Coffee and Chat  
6:00 Whist/Barb

13 9:30 Exercise with  
Sandy  
1:30 Dominos

14 9:00 Worship Service  
10:15 Bible Study  
1:30 No Peek Thirty-One

15 10:00 Trivia  
1:30 Pokeno  
2:00 Movie/2nd Floor Activity  
Room  
3:30 Optimizing Balance  
6:00 Shake Dice/Barb

16 9:00 Caramel Rolls  
Coffee Shop  
9:30 Exercise with Sandy  
1:30 Farkel  
3:45 Active Games  
6:00 No Peek Thirty One

17 10:00 Bible Study  
(Church)  
2:00 Bingo  
3:30 Seated Kickboxing  
6:00 Whist/Barb

18 9:15 Exercise with  
Sandy  
2:00 Birthday  
Celebration/George  
2:30 Pet Visits/Nellie  
3:30 Crafty Creations  
6:00 6,5,4, with Bea

19 1:30 Shake Dice/Barb  
2:00 Coffee and Chat  
6:00 Whist/Barb

20 9:30 Exercise with  
Sandy  
1:30 Dominos

21 9:00 Worship Service  
10:15 Bible Study  
1:30 No Peek Thirty-One

22 10:00 Trivia  
2:00 Pokeno  
3:30 Chair Pilates  
6:00 Shake Dice/Barb

23 9:00 Caramel Rolls  
Coffee Shop  
9:30 Exercise with Sandy  
1:30 Farkel  
3:30 Active Games  
6:00 No Peek Thirty One

24 10:00 Bible Study  
(Church)  
2:00 Bingo  
3:30 Music and Movement  
6:00 Whist/Barb

25 10:00 Catholic Mass  
2:00 Entertainment/Greta  
3:30 Seated Tai Chi  
6:00 Board Games  
Rummikub

26 9:00 Store Trip  
1:30 Shake Dice/Barb  
2:00 Coffee and Chat  
6:00 Whist

27 9:30 Exercise with  
Sandy  
1:30 Dominos

28 9:00 Worship Service  
10:15 Bible Study  
1:30 No Peek Thirty-One

29 10:00 Trivia  
1:30 Pokeno  
3:30 Optimizing Balance  
6:00 Shake Dice/Barb

30 9:00 Caramel Rolls  
Coffee Shop  
9:30 Exercise with Sandy  
1:30 Farkel  
3:30 Active Games  
6:00 Horse Racing

31 10:00 Bible Study  
(Church)  
2:00 Bingo  
3:30 Game: Pass the Pigs  
6:00 Whist/Barb