

LTC STANDARD

NAME OF ACCOUNT: GOOD SHEPHERD

DATE:
MENU CYCLE WEEK 1

MANAGER: HEATHER BRENNAN, L.D.
ACCOUNT NUMBER: 7328

R.D. SIGNATURE: _____
DATE: _____

	MONDAY 7/08	TUESDAY 7/09	WEDNESDAY 7/10	THURSDAY 7/11	FRIDAY 7/12	SATURDAY 7/13	SUNDAY 7/14
BREAKFAST	Orange Juice Oatmeal or Assorted Cold Cereal Scrambled Eggs Home Fries Blueberry Muffin	Orange Juice Cream of Wheat or Assorted Cold Cereal Hard Boiled Eggs Toast Banana	Orange Juice Oatmeal or Assorted Cold Cereal Cheese Omelet English muffin Home Fries Banana	Orange Juice Cream of Wheat or Assorted Cold Cereal Bacon Pancakes Banana	Orange Juice Oatmeal or Assorted Cold Cereal Scrambled Eggs English Muffin Banana	Orange Juice Oatmeal or Assorted Cold Cereal French Toast Scrambled Eggs Banana	Orange Juice Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes Banana
DINNER	Hot Dog on a Bun Baked Beans Potato Salad Watermelon	Vegetable Lasagna Broccoli Breadstick Oatmeal Raisin Cookie	Ham Baked Potato Coleslaw Corn Muffin Fruit Salad	Crumb Coated Tilapia Mashed Potatoes Gravy Carrots Pineapple	Beef Goulash Pasta Vegetable Medley Dinner Roll Oatmeal Cookie	BBQ Grilled Chicken Sandwich Baked French Fries Broccoli Fruit Salad	Chicken & Mushroom Cavatappi Garlic Green Beans Applesauce Breadstick
SOUP	Mushroom Barley	Tomato Basil	Beer Cheese	Cauliflower Cheese	Baked Potato	Bean with Ham	Minestrone
SUPPER	Lemon Rosemary Chicken Confetti Brown Rice Green Beans Dinner Roll Peach Cobbler	Pepper Steak White Rice Vegetable Medley Dinner Roll Fresh Berries	Rigatoni with Meatballs Broccoli Breadstick Apple Pear Crisp	Turkey Cutlet with Tomato Topping Roasted Sweet Potatoes Vegetable Medley Dinner Roll Carrot Cake	Chicken Parmesan Rotini With Spaghetti Sauce Green Beans Breadstick Honeydew	Meatloaf with Gravy Cauliflower & Potato Mashed Carrots Dinner Roll Peaches	Roast Turkey Roasted Sweet Potato Zucchini Dinner Roll Cantaloupe

2% MILK SERVED AT ALL MEALS
MARGARINE IS PROVIDED WITH BREAD AND ROLLS;
JELLY IS SERVED WITH TOAST AT BREAKFAST.

APPLE, ORANGE, GRAPE AND TOMATO JUICE IS AVAILABLE AT ALL MEALS
COFFEE OR TEA SERVED AT ALL MEALS.
TOSSED SALAD IS AVAILABLE AT LUNCH AND SUPPER.