

LTC STANDARD

DATE:
MENU CYCLE WEEK 3

NAME OF ACCOUNT: GOOD SHEPHERD

MANAGER: HEATHER BRENNAN, L.D.
ACCOUNT NUMBER: 7328

R.D. SIGNATURE: _____
DATE: _____

	MONDAY 8/12	TUESDAY 8/13	WEDNESDAY 8/14	THURSDAY 8/15	FRIDAY 8/16	SATURDAY 8/17	SUNDAY 8/18
BREAKFAST	Orange Juice Cream of Wheat or Assorted Cold Cereal Scrambled Egg Apple Cinnamon Muffin Home Fries	Orange Juice Oatmeal or Assorted Cold Cereal Hard Cooked Egg French Toast	Orange Juice Cream of Wheat or Assorted Cold Cereal Cheese Omelet Toast Banana Home fries	Orange Juice Oatmeal or Assorted Cold Cereal Bacon Pancakes	Orange Juice Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Toast Banana	Orange Juice Oatmeal or Assorted Cold Cereal French Toast Scrambled Eggs Banana	Orange Juice Cream of Wheat or Assorted Cold Cereal Hard Cooked Eggs Pancakes Banana
DINNER	Apple BBQ Chicken Roasted Sweet Potatoes Garlic Vegetables Dinner Roll Chocolate Chip Cookie	Turkey Chili Apple Almond Coleslaw Cornbread Mandarin Oranges	Teriyaki Pork Stir-Fry Brown Rice Carrot Pineapple Raisin Salad Dinner Roll Fresh Honeydew	Beef, Bacon, Cheese and Onion Burger Tabbouleh, Quinoa and Kale Salad Carrots Red Grapes	Chicken Nuggets Macaroni and Cheese Mixed Vegetables Sugar Cookie	Chicken Pot Pie with Biscuit Broccoli Oatmeal Raisin Cookie	Pot Roast Red Skinned Mashed Potatoes Vegetable Medley Chocolate Chip Cookie
SOUP	Garden Vegetable Soup	Chicken and Dumpling Soup	Mushroom Barley	Tomato Basil Soup	Baked Potato	Chicken Wild Rice	Minestrone Soup
SUPPER	Meatloaf with Gravy Ranch Mashed Red Potatoes Vegetable Medley Dinner Roll Fresh Cantaloupe	Chicken Breast with Dressing Cranberry Pecan Rice Pilaf Green Beans Dinner Roll French Silk Pie	Penne with Meat Sauce Seasoned Zucchini Garlic Herb Breadstick Pears	Roasted Turkey Breast Poultry Gravy Whipped Sweet Potatoes Broccoli Dinner Roll Double Chocolate Cake	Beef Stew Seasoned Peas and Carrots Biscuit Banana Foster	Swiss Steak with Vegetable Gravy Cauliflower and Potato Mashed Green Beans Dinner Roll Mandarin Oranges	Chicken, Tomato Alfredo Pasta Seasoned Zucchini Garlic Herb Breadstick Fresh Pineapple

2% MILK SERVED AT ALL MEALS
APPLE, ORANGE, GRAPE AND TOMATO JUICE IS AVAILABLE AT ALL MEALS
COFFEE OR TEA SERVED AT ALL MEALS.

MENU SUBJECT TO CHANGE