



Healthy Choices  
Delivered to You.

## Always Available Menu Level 7: Regular

### Cold Cereals

Rice Krispies  
Raisin Bran  
Honey Nut Cheerios

### Hot Cereals

Oatmeal  
Cream of Wheat  
*\*Brown Sugar & Raisins Available*

### Bread Basket

English Muffin	Whole Wheat Bread
Bagel	White Bread
Raisin Bread	Dinner Roll
Tortilla	Crackers

### Soups

Soup of the Day  
Chicken Noodle Soup  
Chicken Broth  
Beef Broth

### Entrée Salads

Seasonal Fruit Plate with Cottage Cheese  
Tossed Garden Salad  
Chef Salad  
*\*Ranch, French & Blue Cheese Dressing Available*

### Sides

Mashed Potatoes with Gravy  
Carrot and Celery Sticks  
Cottage Cheese

### Signature Sandwiches

*All sandwiches are served with your choice of white or whole wheat bread.*

Turkey	Tuna Salad
Ham	Chicken Salad
PB&J	Egg Salad

*\*Swiss Cheese, Cheddar Cheese, American Cheese, Lettuce, Tomato & Onion Available*

### Hot off the Grill

*Hot items are made with American Cheese.*

Cheeseburger on White Bun  
Classic Hamburger on White Bun  
Grilled Cheese on White Bread  
*\*Lettuce, Tomato, Onion, Pickles, Ketchup, Mustard & Light Mayo Available*

### Create Your Own Pizza

Cheese	Green Pepper
Sausage	Onion
Pepperoni	Mushroom

### Desserts

Fresh Fruit Cup	Fresh Apple
Mandarin Oranges	Fresh Banana
Pears	Peaches
Applesauce	Yogurt
Sugar Cookie	Gelatin
Sherbet	
Ice Cream	<i>(SF Available)</i>
Pudding	<i>(SF Available)</i>

\*Some Always Available menu items may not be suitable for all physician prescribed diets. Please see your dietary Host/Hostess for questions.