

Good Shepherd Nursing Home Daily Chef Specials

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bran or Hot Cereal Scrambled Eggs Home Fries Blueberry Muffin	Oatmeal or Assorted Cold Cereal Scrambled Eggs Bacon WW Toast	Cheerios or Hot cereal Cheese Omelet English muffin Home Fries	Raisin Bran or Hot Cereal Blueberry Pancakes Turkey Sausage Patty	Oatmeal <u>or</u> Assorted Cold Cereal Scrambled Eggs Toast	Raisin Bran or Hot Cereal French Toast Scrambled Eggs	Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Tenders with Peach BBQ Sauce Tater Tots Apple Almond Coleslaw Honeydew	California Turkey Wrap Barley Cranberry Orange Salad Brownie	Pork Salisbury Steak Brown Gravy Mashed Potato Mixed Vegetables Fresh Fruit Salad	Crumb Coated Tilapia Carrots Toasted Lemon Couscous Apple Crisp	Pot Roast Seasoned Zucchini Mashed Potatoes with Gravy Dinner Roll Grapes	Grilled Chicken Sandwich Baked Chips Broccoli Fruit Salad	Chicken and Mushroom Cavatappi Garlic Cumin Beans Breadstick Applesauce
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tossed Salad Lemon Rosemary Chicken Confetti Brown Rice Green Beans Dinner Roll Fresh Fruit	Tossed Salad Pepper Steak Brown Rice Vegetable Medley Peaches	Tossed Salad Rigatoni with Meatballs Broccoli Oatmeal Cookie	Tossed Salad Roasted Turkey Breast Poultry Gravy Ranch Mashed Potatoes Vegetable Medley Fresh Fruit Salad	Tossed Salad Chicken Parmesan Rotini with Spaghetti Sauce Green Beans Honeydew	Meatloaf with Gravy Cauliflower & Potato Mashed Carrots Peaches	Tossed Salad Roast Turkey Poultry Gravy Roasted Sweet Potato Seasoned Zucchini Cantaloupe
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Mushroom Barley	Tomato Basil	Lentil Soup	Chicken Dumpling	Baked Potato	Bean with Ham	Minestrone