

Good Shepherd Nursing Home Daily Chef Specials

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bran or Hot Cereal Scrambled Eggs Home Fries Blueberry Muffin	Oatmeal or Assorted Cold Cereal Scrambled Eggs Bacon WW Toast	Cheerios or Hot cereal Cheese Omelet English muffin Home Fries	Raisin Bran or Hot Cereal Blueberry Pancakes Turkey Sausage Patty	Oatmeal or Assorted Cold Cereal Scrambled Eggs Toast	Raisin Bran or Hot Cereal French Toast Scrambled Eggs	Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Apple BBQ Chicken Sweet Potatoes Roasted Vegetables Dinner Roll Fresh Fruit Salad	Turkey Chili Coleslaw Cornbread Mandarin Oranges	Teriyaki Pork Stir-Fry Broccoli Brown Rice Red Velvet Cupcake	Sloppy Joe Sandwich Baked French Fries Oven Roasted Carrots Grapes	BBQ Turkey Cheese Flatbread Zucchini Fudge Brownie	Chicken Pot Pie with Biscuit Broccoli Chocolate Chunk Cookie	Cranberry Glazed Pork Roast Rice Pilaf Vegetable Medley Lemon Pie
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Meatloaf with Gravy Ranch Mashed Red Potatoes Peas Fresh Cantaloupe	Chicken Breast with Dressing Cranberry Pecan Rice Pilaf Green Beans Peaches	Penne with Meat Sauce Seasoned Zucchini Garlic Herb Breadstick Pears	Roasted Turkey Breast with Gravy Whipped Sweet Potatoes Broccoli Strawberry Custard	Vegetable Lasagna Green Beans Breadstick Peaches	Swiss Steak with Vegetable Gravy Mashed Potato Peas and Carrots Mandarin Oranges	Chicken Tomato Pasta Alfredo Zucchini Pineapple Breadstick
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Vegetable Soup	Broccoli Cheese	Mushroom Barley	Tomato Basil Soup	Black Bean	Chicken Wild Rice	Minestrone Soup