

Good Shepherd Nursing Home Daily Chef Specials

Monday 09/13/2021	Tuesday 09/14/2021	Wednesday 09/15/2021	Thursday 09/16/2021	09/17/2021	09/18/2021	Sunday 09/19/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bran or Hot Cereal Scrambled Eggs Home Fries Blueberry Muffin	Oatmeal or Assorted Cold Cereal Scrambled Eggs Bacon WW Toast	Cheerios or Hot cereal Cheese Omelet English muffin Home Fries	Raisin Bran or Hot Cereal Blueberry Coffee Cake Scrambled Eggs	Oatmeal <u>or</u> Assorted Cold Cereal Scrambled Eggs Toast	Raisin Bran or Hot Cereal French Toast Sticks Turkey Sausage Patty	Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Chicken Tenders with Peach BBQ Sauce Tater Tots Apple Almond Coleslaw Honeydew	California Turkey Wrap Barley Cranberry Orange Salad Brownie	Pork Salisbury Steak Brown Gravy Mashed Potato Mixed Vegetables Fresh Fruit Salad	Crumb Coated Tilapia Carrots Toasted Lemon Couscous Apple Pie	Pot Roast Seasoned Zucchini Mashed Potatoes with Gravy Dinner Roll Grapes	Grilled Chicken Sandwich Baked Chips Broccoli Fruit Salad	Chicken and Mushroom Cavatappi Garlic Cumin Beans Breadstick Applesauce
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tossed Salad Bacon Cheddar Onion Egg Bake Green Beans Hash Brown Patty Fresh Fruit	Tossed Salad Pepper Steak Brown Rice Vegetable Medley Dinner Roll Peaches	Tossed Salad Rigatoni with Meatballs Broccoli Oatmeal Cookie	Tossed Salad Roasted Turkey Breast Poultry Gravy Ranch Mashed Potatoes Vegetable Medley Fresh Fruit Salad	Tossed Salad Chicken Parmesan Rotini with Spaghetti Sauce Green Beans Honeydew	Meatloaf with Gravy Cauliflower & Potato Mashed Carrots Peach Crisp	Tossed Salad Roast Turkey Poultry Gravy Roasted Sweet Potato Seasoned Zucchini Cantaloupe
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Mushroom Barley	Broccoli Cheese	Lentil Soup	French Onion Friday	Baked Potato Saturday	Split Pea and Ham	Minestrone