

Good Shepherd Nursing Home Daily Chef Specials

Monday
09/20/2021

Breakfast

Raisin Bran or
Hot Cereal
Scrambled Eggs
Home Fries
Cinnamon Roll

Lunch

Hot Dog on A
Bun
Tater Puffs
Broccoli
Peaches

Supper

Tossed Salad
Rotisserie
Chicken
Roasted
Cauliflower
Roasted Red
Potatoes
Fresh Fruit

Soup of the Day

Tomato Basil

Tuesday
09/21/2021

Breakfast

Oatmeal or
Assorted Cold
Cereal
Scrambled Eggs
Bacon
WW Toast

Lunch

Hamburger
with Swiss
Cheese
Baked Potato
Chips
Peas & Carrots
Cantaloupe

Supper

Tossed Salad
Salisbury Steak
Cauliflower &
Potato
Mashed
Green Beans
Grapes

Soup of the Day

Garden
Vegetable

Wednesday
09/22/2021

Breakfast

Cheerios or Hot
cereal
Cheese Omelet
English muffin
Home Fries

Lunch

Cheese
Tortellini with
Spaghetti
Sauce
Zucchini
Breadstick
Fresh Fruit
Salad

Supper

Tossed Salad
Herbed Pork
Loin
Vegetable
Medley
Roasted Sweet
Potatoes
Dinner Roll
Honeydew

Soup of the Day

Pasta Fagioli

Thursday
09/23/2021

Breakfast

Raisin Bran or
Hot Cereal
Blueberry Coffee
Cake
Scrambled Eggs

Lunch

BBQ Chicken
Macaroni and
Cheese
Carrots
Grapes

Supper

Tossed Salad
Roasted
Turkey Breast
Poultry Gravy
Dressing
Garlic Green
Beans
Dinner Roll
Pineapple

Soup of the Day

Mushroom
Barley
Friday

09/24/2021

Breakfast

Oatmeal or
Assorted Cold
Cereal
Scrambled Eggs
Toast

Lunch

Grilled
Chicken
Sandwich
Chia
Coleslaw
Corn
Sugar Cookie

Supper

Tossed Salad
Lasagna
Zucchini
Orange
Sherbet

Soup of the Day

Baked Potato
Saturday

09/25/2021

Breakfast

Raisin Bran or
Hot Cereal
French Toast
Sticks
Turkey Sausage
Patty

Lunch

Beef
Stroganoff
Buttered
Noodles
Carrots and
Beets
Dinner Roll
Peaches

Supper

Tossed Salad
Lemon Chicken
Green Beans
Roasted
Butternut
Squash
Applesauce

Soup of the Day

Chicken Wild
Rice

Sunday
09/26/2021

Breakfast

Cream of Wheat
or Assorted Cold
Cereal
Scrambled Eggs
Pancakes

Lunch

Three
Cheese
Pasta
Broccoli
Breadstick
Mini Chocolate
Dipped Vanilla
Ice Cream
Cone

Supper

Tossed Salad
Sante Fe
Turkey
Peas &
Mushrooms
Rice Pilaf
Grapes

Soup of the Day

Tomato Soup

