

Good Shepherd Nursing Home Daily Chef Specials

Monday 10/18/21	Tuesday 10/19/21	Wednesday 10/20/21	Thursday 10/21/21	Friday 10/22/21	Saturday 10/23/21	Sunday 10/24/21
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bran or Hot Cereal Scrambled Eggs Home Fries Blueberry Muffin	Oatmeal or Assorted Cold Cereal Scrambled Eggs Bacon WW Toast	Cheerios or Hot cereal Cheese Omelet English muffin Home Fries	Raisin Bran or Hot Cereal Blueberry Coffee Cake Scrambled Eggs	Oatmeal or Assorted Cold Cereal Scrambled Eggs Toast	Raisin Bran or Hot Cereal French Toast Turkey Sausage Patty	Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
French Dip Sandwich Corn Sweet Potato Fries Fresh Fruit Salad	Turkey Chili Coleslaw Cornbread Mandarin Oranges	Teriyaki Pork Stir-Fry Broccoli Brown Rice Pumpkin Spice Crumb Cake	Sloppy Joe Sandwich Hash Brown Patty Oven Roasted Carrots Grapes	Grilled Ham and Cheese on Wheat Bread Green Beans Fudge Brownie	Chicken Pot Pie with Biscuit Broccoli Chocolate Chunk Cookie	Cranberry Glazed Pork Roast Rice Pilaf Vegetable Medley Apple Crisp
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Penne with Meat Sauce Zucchini Pears Breadstick	Chicken Breast with Dressing Cranberry Pecan Rice Pilaf Green Beans Fresh Fruit	Meatloaf with Gravy Ranch Mashed Red Potatoes Peas Fresh Cantaloupe	Chicken Rice Casserole Broccoli Pumpkin Pie	Vegetable Lasagna Zucchini Breadstick Peaches	Swiss Steak with Vegetable Gravy Mashed Potato Peas and Carrots Mandarin Oranges	Chicken Tomato Pasta Alfredo Zucchini Pineapple Breadstick
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Vegetable Soup	Broccoli Cheese	Mushroom Barley	Southwest Black Bean	Tomato Basil	Chicken Wild Rice	Minestrone Soup