

Good Shepherd Nursing Home Daily Chef Specials

| Monday 11/15/2021 | Tuesday 11/16/2021 | Wednesday 11/17/2021 | Thursday 11/18/2021 | Friday 11/19/2021 | Saturday 11/20/2021 | Sunday 11/21/2021 |
|--|---|---|--|---|---|--|
| Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast | Breakfast |
| Raisin Bran or Hot Cereal Scrambled Eggs Home Fries Blueberry Muffin | Oatmeal or Assorted Cold Cereal Scrambled Eggs Bacon WW Toast | Cheerios or Hot cereal Cheese Omelet English muffin Home Fries | Raisin Bran or Hot Cereal Blueberry Coffee Cake Scrambled Eggs | Oatmeal <u>or</u> Assorted Cold Cereal Scrambled Eggs Toast | Raisin Bran or Hot Cereal French Toast Sticks Turkey Sausage Patty | Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes |
| Lunch | Lunch | Lunch | Lunch | Lunch | Lunch | Lunch |
| Chicken Tenders with Peach BBQ Sauce Tater Tots Apple Almond Coleslaw Honeydew | California Turkey Wrap Barley Cranberry Orange Salad Brownie | Pork Salisbury Steak Brown Gravy Mashed Potato Mixed Vegetables Fresh Fruit Salad | Crumb Coated Tilapia Carrots Toasted Lemon Couscous Apple Pie | Pot Roast Seasoned Brussels Sprouts Mashed Potatoes with Gravy Dinner Roll Grapes | Grilled Chicken Sandwich Baked Chips Broccoli Fruit Salad | Chicken and Mushroom Cavatappi Garlic Cumin Beans Breadstick Applesauce |
| Supper | Supper | Supper | Supper | Supper | Supper | Supper |
| Tossed Salad Bacon Cheddar Onion Egg Bake Green Beans Hash Brown Patty Fresh Fruit | Tossed Salad Pepper Steak Brown Rice Vegetable Medley Dinner Roll Peaches | Tossed Salad Rigatoni with Meatballs Broccoli Oatmeal Cookie | Tossed Salad Roasted Turkey Breast Poultry Gravy Ranch Mashed Potatoes Vegetable Medley Fresh Fruit Salad | Tossed Salad Chicken Parmesan Rotini with Spaghetti Sauce Green Beans Honeydew | Meatloaf with Gravy Cauliflower & Potato Mashed Carrots Peach Crisp | Tossed Salad Roast Turkey Poultry Gravy Roasted Sweet Potato Seasoned Zucchini Cantaloupe |
| Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day | Soup of the Day |
| Mushroom Barley | Broccoli Cheese | Lentil Soup | French Onion | Baked Potato | Split Pea and Ham | Minestrone |