

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>KEY W=WEST comm. room O=OAKS dining room CT=COURT dining room CT-Y=COURTYARD GSA=GS HIGHRISE APARTMENTS C=Chapel</p>	<p>1 10:00 EnerG Exercises(O) 10:30 Bake Monster cookies 1:00 Exercises (64) 2:30 Pokeno (W)</p>	<p>2 10:30 Pilates(CT) Pass out Birthday Cupcakes 2:00 Games/Family Feud(O) 6:30 Bingo (CT) Cookie Monster day</p>	<p>3 10:00 Worship(C) 10:30 Active games(CT) 1:00 Exercises (64) 1:30 Coffee & Chats (GSA) 2:00 Bible Study (C)</p>	<p>4 10:30 Kickboxing (CT) 1:00 Exercises (64) 1:30 Rosary/Mass(C) 1:00 Fused glass Cross (CT)\$10.00 each.Sign-Up. 6:30 Bingo (O)</p>	<p>5 10:00 EnerG Ex. (O) 1:00 Exercises(64) 2:00 Baking/Nachos Deluxe (CT) 6:30 Relaxation (64) National Nacho day on 6th</p>	<p>6 11:00 Exercises (64) 6:30 Relaxation (64) 6:30 Bingo (GSA)</p>
<p>7 10:00 Worship (64) 6:30 Relaxation(64)</p> <p>Daylight Saving Time Ends</p>	<p>8 10:00 EnerG Ex(O) 10:30 Jewelry making Jewelry Month(GSA) 3rd floor 1:00 Exercises (64) 2:30 Pokeno (O)</p>	<p>9 10:30 Pilates(CT) 1:00 Exercises(64) 2:00 Games/Yatzee (CT) 6:30 Bingo (CT)</p>	<p>10 10:00 Worship(C) 10:30 Active games(CT) 1:00 Exercises (64) 1:30 Coffee&Chats (G) Marine corp anniv. 2:00 Bible Study (C)</p>	<p>11 10:00 Veterans Program In Chapel 10:30 Kickboxing (CT) 1:30 Rosary/Mass(C) 2:00 Open Craft hour (GSA) 6:30 Bingo (O) Thank our Veterans today!</p> <p>Veterans Day</p>	<p>12 10:00 EnerG Ex. (O) 1:00 Exercises(64) 2:00 Crafting/wood projects (CT) 6:30 Relaxation (64)</p>	<p>13 11:00 Exercises (64) 6:30 Relaxation (64) 6:30 Bingo (GSA)</p>
<p>14 10:00 Worship (64) 6:30 Relaxation(64)</p>	<p>15 10:00 EnerG Exercises(O) 10:30 Cooking Cowboy salsa(CT) 1:00 Exercises (64) 2:30 Pokeno (CT)</p>	<p>16 10:30 Pilates(CT) 1:00 Exercises(64) 2:00 Games/Horse Racing(W) 6:30 Bingo (CT)</p>	<p>17 10:00 Worship(C) 10:30 Active games (CT) 1:30 Coffee & Chats 2:00 Bible Study (C) National homemade bread day</p>	<p>18 10:30 Kickboxing (CT) 1:00 Exercises (64) 1:30 Rosary(C) 2:00 Mass (C) 2:15 Open Craft hour (GSA) 3rd floor 2:00 WRITERS GROUP(O) 6:30 Bingo (O)</p>	<p>19 10:00 EnerG Exercises (O) 1:00 Exercises(64) 2:00 Baking/Turkey dishes (CT) 6:30 Relaxation (64)</p>	<p>20 11:00 Exercises (64) 6:30 Relaxation (64) 6:30 Bingo (GSA)</p>
<p>21 10:00 Worship (64) 6:30 Relaxation(64)</p>	<p>22 10:00 EnerG Exercises(O) 10:30 Bake bread(CT) 1:00 Exercises (64) 2:30 Pokeno (GSA)</p>	<p>23 10:30 Pilates(CT) 1:00 Exercises(64) 2:00 Games/Yatzee (CT) 6:30 Bingo (CT)</p>	<p>24 10:00 Worship(C) 10:30 Active games(CT) 1:00 Exercises (64) 1:30 Coffee & Chats</p>	<p>25 HAPPY THANKSGIVING! 1:00 Exercises (64)</p> <p>Thanksgiving Day</p>	<p>26 10:00 Hymn sing(64) 10:00 EnerG Exercises(O) 1:00 Exercises (64) 6:30 Relaxation(64)</p>	<p>27 11:00 Exercises (64) 6:30 Relaxation (64) 6:30 Bingo (GSA)</p>
<p>28 10:00 Worship (64) 6:30 Relaxation(64)</p> <p>Hanukkah Begins</p>	<p>29 10:00 EnerG Ex (O) 10:30 Make French Toast Strips. National French Toast Day!(CT) 1:00 Exercises (64) 2:30 Pokeno (W)</p>	<p>30 10:30 Pilates(CT) 1:00 Exercises(64) 2:00 Games/Family Feud (O) 6:30 Bingo (CT)</p>	<h1>November</h1>			

National Kindness Month. We need to show a little kindness to all. COWBOY MONTH