* First week of November 2021 – Silver Bay

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | monday | tuesday | wednesday | thursday | friday | saturday |
| Oct 31Happy Halloween9:30 What if (game) 10:00am Worship Service (TV channel 64) 6:30pm Relaxation (TV channel 64) | 110:30 Flex & Stretch1:00 Exercise (TV channel 64)6:30pmRelaxation (TV channel 64) | 211:30amReminisce1:00pm On the Go Happy Hour4:30 Dice6:30pmRelaxation (TV 64) | 39amCraft (Tissue Paper Poppies)10:00am All Saints’ Remembrance Service (TV channel 64)11:30am Trivia 3:30pmSit to Be Fit6:30pmRelaxation (TV channel 64)**\*** | 4 **Theme Thursday-Wear your hunting clothing**9am Manicures10:00am Hymn Sing (TV channel 64)11:30am Current Events3:30pm Flex & Stretch6:30pmRelaxation (TV channel 64) | 59:00am Bingo11:30am Current Events3:30Would you rather6:30pmRelaxation (TV 64) | 69:30am Word Puzzles11am Exercise (TV 64)6:30pmRelaxation (TV 64) |