* First week of November 2021 – Silver Bay

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| --- | --- | --- | --- | --- | --- | --- |
| Sunday | monday | tuesday | wednesday | thursday | friday | saturday |
| Oct 31  Happy Halloween  9:30 What if (game)  10:00am  Worship Service (TV channel 64)  6:30pm  Relaxation (TV channel 64) | 1  10:30 Flex & Stretch  1:00 Exercise (TV channel 64)  6:30pm  Relaxation (TV channel 64) | 2  11:30am  Reminisce  1:00pm On the Go Happy Hour  4:30 Dice  6:30pm  Relaxation (TV 64) | 3  9am  Craft (Tissue Paper Poppies)  10:00am All Saints’ Remembrance Service (TV channel 64)  11:30am Trivia  3:30pm  Sit to Be Fit  6:30pm  Relaxation (TV channel 64)  **\*** | 4 **Theme Thursday-Wear your hunting clothing**  9am Manicures  10:00am Hymn Sing (TV channel 64)  11:30am Current Events  3:30pm Flex & Stretch  6:30pm  Relaxation (TV channel 64) | 5  9:00am Bingo  11:30am Current Events  3:30Would you rather  6:30pm  Relaxation (TV 64) | 6  9:30am Word Puzzles  11am  Exercise (TV 64)  6:30pm  Relaxation (TV 64) |