* First week of November 2021 – Sunny Lake

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| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
| Oct 31Happy Halloween 10:00am Worship Service (TV channel 64)11:00 Exercise (TV channel 64)3:15 Word Puzzles 6:30pm Relaxation (TV 64)A picture containing text, linedrawing  Description automatically generated | 210:30 Flex & Stretch1:00pm Exercise (TV channel 64)3:00 Manicures6:30pmRelaxation (TV 64) | 310am Horse Racing1:00pm On the Go Happy Hour6:30pmRelaxation (TV 64) | 410:00am All Saints Remembrance Service (TV channel 64)3:00pmCraft (Tissue Paper Poppies)6:30pmRelaxation (TV 64)**\*** | 5 **Theme Thursday-wear your hunting clothing**10:00am Hymn Sing (TV channel 64)10:30am Flex & Stretch2:00pm Mass (TV channel 64)3:00 Bingo6:30pmRelaxation (TV 64) | 61:00pm Exercise (TV channel 64)3:15pm Horseracing6:30pmRelaxation (TV 64) | 711am Exercise (TV 64)3:15pm What if6:30pmRelaxation (TV 64) |