

Good Shepherd Nursing Home Daily Chef Specials

Monday 12/13/2021	Tuesday 12/14/2021	Wednesday 12/15/2021	Thursday 12/16/2021	Friday 12/17/2021	Saturday 12/18/2021	Sunday 12/19/2021
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Raisin Bran or Hot Cereal Scrambled Eggs Home Fries Blueberry Muffin	Oatmeal or Assorted Cold Cereal Scrambled Eggs Bacon WW Toast	Cheerios or Hot cereal Cheese Omelet English muffin Home Fries	Raisin Bran or Hot Cereal Blueberry Pancakes Turkey Sausage Patty	Oatmeal <u>or</u> Assorted Cold Cereal Scrambled Eggs Toast	Raisin Bran or Hot Cereal French Toast Scrambled Eggs	Cream of Wheat or Assorted Cold Cereal Scrambled Eggs Pancakes
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Hot Dog Tator Tots Broccoli Peaches	Swiss Hamburger Baked chips Peas & Carrots Cantaloupe	Cheese Tortellini with Spaghetti Sauce Zucchini Breadstick Fresh Fruit Salad	Roasted turkey breast Dressing Mashed potatoes Green bean casserole Dinner Role Pumpkin Cheesecake	Grilled Chicken Sandwich Chia Coleslaw Corn Sugar Cookie	Beef Stroganoff Buttered Noodles Carrots Dinner Roll Peaches	Three Cheese Pasta Broccoli Breadstick Pineapple
Supper	Supper	Supper	Supper	Supper	Supper	Supper
Tossed Salad Rotisserie Chicken Roasted Cauliflower Roasted Red Potatoes Fresh Fruit	Tossed Salad Salisbury Steak Cauliflower & Potato Mashed Green Beans Grapes	Tossed Salad Herbed Pork Loin Vegetable Medley Roasted Sweet Potatoes Dinner Roll Honeydew	BBQ chicken mac n cheese Seasoned carrots Grapes	Tossed Salad Lasagna Zucchini Orange Sherbet	Tossed Salad Lemon Chicken Green Beans Mashed Chipotle Sweet Potatoes Applesauce	Tossed Salad Sante Fe Turkey Peas & Mushrooms Rice Pilaf Grapes
Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
Tomato Basil	Garden Vegetable	Pasta Fagioli	Mushroom Barley	Baked Potato	Chicken Wild Rice	Tomato Soup