

Sunday

Monday

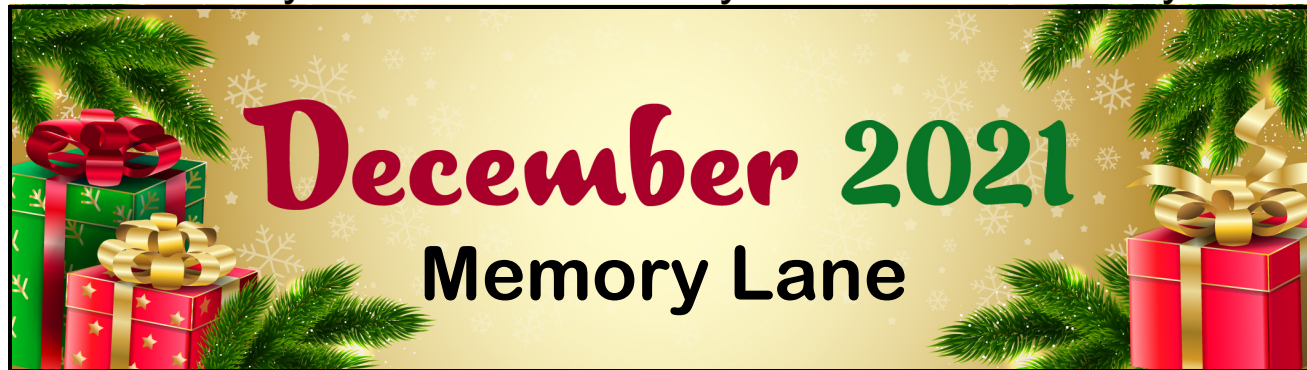
Tuesday

Wednesday

Thursday

Friday

Saturday



<p>10:00 Worship Service (TV channel 64) <b>5</b>          11:00 Chicken Soup Story          11:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>6</b>          11:30 Ball toss/kick          1:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>7</b>          11:30 Parachute to music          1:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p>10:00 Midweek Advent Worship (TV channel 64) <b>8</b>          11:30 Christmas Music          1:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>Theme Thursday: 9</b>  <b>Wear Fun/decorative socks</b>          10:00 Hymn Sing (TV channel 64)          11:30 Stretch &amp; Catch          1:30 Rosary (TV channel 64)          2:00 Mass (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>3</b>          11:30 You "pick" exercises          1:00 Exercise (TV channel 64)          5:00 Let's send out Christmas cards          6:30 Relaxation (TV channel 64)</p> <p><b>10</b></p>	<p><b>4</b>          11:00 Short Story          11:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p> <p><b>11</b></p>
<p><b>12</b>          10:00 Worship Service (TV channel 64)          11:00 Horse Racing          11:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>13</b>          11:30 Chicken Soup Story          1:00 Exercise (TV channel 64)          3:00 Happy Hour          6:30 Relaxation (TV channel 64)</p>	<p><b>14</b>          11:30 Ball toss/kick          1:00 Exercise (TV channel 64)          3:00 Craft Corner          6:30 Relaxation (TV channel 64)</p>	<p>10:00 Midweek Advent Worship (TV channel 64) <b>15</b>          11:30 Reminisce          1:00 Exercise (TV channel 64)          5:00 Manicures          6:30 Relaxation (TV channel 64)</p>	<p><b>Theme Thursday: 16</b>  <b>Wear Red &amp; Green</b>          10:30 Dice          1:30 Rosary (TV channel 64)          2:00 Mass (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>17</b>          11:30 Ball toss/kick          1:00 Exercise (TV channel 64)          5:00 Short Story          6:30 Relaxation (TV channel 64)</p>	<p><b>18</b>          11:00 Music Trivia          11:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>
<p><b>19</b>          10:00 Worship Service (TV channel 64)          11:00 Dice          11:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>20</b>          1:00 Exercise (TV channel 64)          3:00 Holiday Party          6:30 Relaxation (TV channel 64)</p>	<p><b>21</b>          11:30 Stretch &amp; Catch          1:00 Exercise (TV channel 64)          3:00 Word Puzzles          6:30 Relaxation (TV channel 64)</p>	<p><b>22</b>          10:00 Midweek Advent Worship (TV channel 64)          11:30 Parachute Fun          1:00 Exercise (TV channel 64)          5:00 Christmas Songs          6:30 Relaxation (TV channel 64)</p>	<p><b>Theme Thursday: 23</b>  <b>Wear a Christmas Sweater</b>          10:30 Coffee &amp; Chat          10:00 Hymn Sing (TV channel 64)          1:30 Rosary (TV channel 64)          2:00 Mass (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>24</b>          10:00 Christmas Eve Worship (TV channel 64)          11:30 Stretch &amp; Catch          6:30 Relaxation (TV channel 64)</p>	<p><b>25</b>          10:00 Christmas Day Program (TV channel 64)          6:30 Relaxation (TV channel 64)</p>
<p><b>26</b>          10:00 Worship Service (TV channel 64)          11:00 Manicures          11:00 Exercise (TV channel 64)          6:30 Relaxation (TV channel 64)</p> <p>Kwanzaa Begins</p>	<p><b>27</b>          11:30 Ball toss/kick with music          1:00 Exercise (TV channel 64)          3:00 Coffee &amp; Chat          6:30 Relaxation (TV channel 64)</p>	<p><b>28</b>          11:30 Chicken Soup Story          1:00 Exercise (TV channel 64)          3:00 Dice games          6:30 Relaxation (TV channel 64)</p>	<p><b>29</b>          10:00 Midweek Christmas Worship (TV channel 64)          11:30 Ball toss/kick with music          1:00 Exercise (TV channel 64)          5:00 Craft          6:30 Relaxation (TV channel 64)</p>	<p><b>Theme Thursday: 30</b>  <b>Wear bells to bring in the New Year</b>          10:00 Hymn Sing (TV channel 64)          10:30 Coffee &amp; Chat          1:30 Rosary (TV channel 64)          2:00 Mass (TV channel 64)          6:30 Relaxation (TV channel 64)</p>	<p><b>31</b>          11:30 Ball toss/kick with music          1:00 Exercise (TV channel 64)          5:00 Horse Racing          6:30 Relaxation (TV channel 64)</p> <p>New Year's Eve</p>	<p>Christmas</p>