

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HEART HEALTHLY MONTH 		10:30 Pilates(CT) 1 Birthday cupcake delivery 1:00 Exercise (64) 6:30 Bingo (CT) Chinese New Year (Year of the Tiger)	10:00 Worship(C) 2 10:30 Active Games(CT) 1:30 Coffee and Chat(GSA) Heart health info 2:00 Bible Study Groundhog Day	10:00 Hymn Sing 3 10:30 Kick boxing (CT) 1:00 Exercise (64) 1:30 Rosary/Mass 2:00 Open craft hr 6:30 Bingo (O)	10:00 EnerG exercises(O) 4 10:30 Tai Chi (CT) 1:00 Exercises 2:00 Movie-Savannah smiles	11:00 Exercises 5 (64) 6:30 Bingo (GSA)
10:00 Worship(C) 6 1:30 Coffee and Chat (O) 6:30 Relaxation exercises (64)	10:00 EnerG exercises(O) 7 10:30 Baking(CT) 1:00 Exercises (64) 2:30 Pokeno (CT)	10:30 Pilates(CT) 8 1:00 Exercises (64) 2:00 Games/Horseracing(CT) 6:30 Bingo (CT)	10:00 Worship(C) 9 10:30 Active Games(CT) 1:30 Coffee and Chat(GSA) National Pizza day 2:00 Bible Study	10:00 Hymn sing 10 10:30 Kick boxing (CT) 1:00 Exercise (64) 1:30 Rosary/Mass 2:00 Open craft hr 6:30 Bingo (O)	10:00 EnerG exercises(O) 11 10:30 Tai Chi (CT) 1:00 Exercises(64) 2:00 Music with Bob R. (O)	11:00 Exercises 12 (64) 6:30 Bingo (GSA)
10:00 Worship(O) 13 1:30 Coffee and Chat (O) 6:30 Relaxation exercises (64) Random acts of kindness week	10:00 EnerG exercises(O) 14 10:30 Baking /cookies(CT) 1:00 Exercise (64) 2:30 Pokeno(GSA) Valentine's Day	10:30 Pilates(CT) 15 1:00 Exercises (64) 2:00 Games Family Feud(O) 6:30 Bingo (CT)	10:00 Worship(O) 16 10:30 Active Games(CT) 1:30 Coffee and Chat(GSA) 2:00 Bible Study	10:30 Kickboxing 17 1:00 Exercise (64) 1:30 Rosary/Mass 2:00 Kindness acts activity(CT) 6:30 Bingo (O)	10:00 EnerG exercises(O) 18 10:30 Tai Chi (CT) 1:00 Exercises(64) National bird watching day	11:00 Exercises 19 (64) 6:30 Bingo (GSA)
10:00 Worship(C) 20 1:30 Coffee and Chat (O) 6:30 Relaxation exercises (64)	10:00 EnerG exercises(O) 21 1:00 Exercise (64) 2:30 Pokeno (W) Presidents' Day	10:30 Pilates(CT) 22 1:00 Exercises (64) 2:00 Games Yahtzee(CT) 6:30 Bingo (CT)	10:00 Worship(C) 23 10:30 Active Games(CT) 1:30 Coffee and Chat(GSA) 2:00 Bible Study	10:00 Hymn Sing 24 10:30 Kick boxing (CT) 1:00 Exercise (64) 1:30 Rosary/Mass 2:00 Open craft hr 6:30 Bingo (O)	10:00 EnerG exercises(O) 25 10:30 Tai Chi (CT) 1:00 Exercises(64) 2:00 Movie-Dragonfly	11:00 Exercises 26 (64) 6:30 Bingo (GSA)
10:00 Worship(C) 27 1:30 Coffee and Chat (O) 6:30 Relaxation exercises (64)	10:00 EnerG exercises(O) 28 10:30 Stuffed French Toast (CT) 1:00 Exercises (64) 2:30 Pokeno (O)	 <h1 style="color: red; font-family: cursive;">February 2022</h1>				