

**Shepherd of Grace - Shepherd of Grace Apartments**

**January 2022**

**Activity Schedule - Month**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<b>New Years 1</b>
<b>2</b> 09:00 AM Worship Service 10:15 AM Bible Study 01:30 PM No Peek Thirty-On	<b>3</b> 10:00 AM Trivia 01:30 PM Pokeno 03:30 PM Music & Movement Exercise 06:00 PM RLC/Barb	<b>4</b> 09:30 AM Exercise/Sandy 01:30 PM Farkel 03:30 PM Trivia 06:00 PM No Peek Thirty One	<b>5</b> 10:00 AM Bible Study (Church) 02:00 PM Bingo 03:30 PM Tic Tac Toe 06:00 PM 500/Barb	<b>6</b> 09:30 AM Exercise/Sandy 03:00 PM Movie & Popcorn 06:00 PM Wacky Poker	<b>7</b> 01:30 PM RLC/Barb 02:00 PM Coffee and Chat 06:00 PM Rummikub 06:00 PM Whist/Barb	<b>8</b> 09:30 AM Exercise/Sandy 01:30 PM Dominos
<b>9</b> 09:00 AM Worship Service 10:15 AM Bible Study 01:30 PM No Peek Thirty One	<b>10</b> 10:00 AM Trivia 01:30 PM Pokeno 03:30 PM Theraband Exercise 06:00 PM RLC/Barb	<b>11</b> 09:30 AM Exercise/Sandy 01:30 PM Farkel 03:30 PM Cooking 06:00 PM No Peek Thirty One	<b>12</b> 10:00 AM Bible Study 02:00 PM Bingo 03:30 PM Balloon Volleyball 06:00 PM 500/Barb	<b>13</b> 09:30 AM Exercise/Sandy 03:00 PM craft 06:00 PM Board Games Rummikub	<b>14</b> 01:30 PM RLC/Barb 02:00 PM Coffee and Chat 06:00 PM Whist/Barb 06:00 PM Rummikub	<b>15</b> 09:30 AM Exercise/Sandy 01:30 PM Dominos
<b>16</b> 09:00 AM Worship Service 10:15 AM Bible Study 01:30 PM No Peek Thirty-one	<b>17</b> 10:00 AM Trivia 01:30 PM Pokeno 03:30 PM Balance Exercise 06:00 PM RLC/Barb	<b>18</b> 09:30 AM Exercise/Sandy 01:30 PM Farkel 03:30 PM Brain Game 06:00 PM No Peek Thirty One	<b>19</b> 10:00 AM Bible Study 02:00 PM Bingo 03:30 PM Noodle Balloon 06:00 PM 500/Barb	<b>20</b> 09:30 AM Exercise/Sandy 02:00 PM Birthday Celebration 06:00 PM 6,5,4	<b>21</b> 01:30 PM RLC/Barb 02:00 PM Coffee and Chat 06:00 PM Whist/Barb 06:00 PM Rummikub	<b>22</b> 09:30 AM Exercise with Sandy 01:30 PM Dominos
<b>23</b> 09:00 AM Worship Service 10:15 AM Bible Study 01:30 PM No Peek Thirty-one	<b>24</b> 10:00 AM Trivia 01:30 PM Pokeno 03:30 PM Music & Movement Exercise 06:00 PM RLC/Barb	<b>25</b> 09:30 AM Exercise/Sandy 01:30 PM Farkel 03:30 PM Brain Game: Guess the Word 06:00 PM Horse Racing	<b>26</b> 10:00 AM Bible Study 02:00 PM Bingo 03:30 PM Velcro darts 06:00 PM 500/Barb	<b>27</b> 09:30 AM Exercise/Sandy 03:00 PM Aegis Therapies Falls & Balance Presentation 06:00 PM Rummikub	<b>28</b> 01:00 PM RLC/Barb 02:00 PM Coffee and Chat 06:00 PM Rummikub 06:00 PM Whist/Barb	<b>29</b> 09:30 AM Exercise/Sandy 01:30 PM Dominos
<b>30</b> 09:00 AM Worship Services 10:15 AM Bible Study 01:30 PM No Peek Thirty One	<b>31</b> 10:00 AM Trivia 01:30 PM Pokeno 03:30 PM Theraband Exercises 06:00 PM RLC/Barb					