# Good Shepherd Nursing Home Daily Chef Specials

## Monday 02/07/22

**Breakfast**

Raisin Bran or
Hot Cereal
Scrambled Eggs
Home Fries
Blueberry Muffin

**Lunch**

Chicken
Tenders with
Peach BBQ
Sauce
Tater Tots
Apple Almond
Coleslaw
Honeydew

**Supper**

Tossed Salad
Bacon Cheddar
Onion Egg Bake
Green Beans
Hash Brown
Patty
Fresh Fruit

**Soup of the Day**

Mushroom
Barley

## Tuesday 02/08/22

**Breakfast**

Oatmeal or
Assorted Cold
Cereal
Scrambled Eggs
Bacon
WW Toast

**Lunch**

California
Turkey Wrap
Potato Salad
Brownie

**Supper**

Tossed Salad
Pepper Steak
Brown Rice
Vegetable
Medley
Dinner Roll
Peaches

**Soup of the Day**

Broccoli
Cheese

## Wednesday 02/09/22

**Breakfast**

Cheerios or Hot
cereal
Cheese Omelet
English muffin
Home Fries

**Lunch**

Pork Salisbury
Steak
Brown Gravy
Mashed
Potato
Mixed
Vegetables
Fresh Fruit
Salad

**Supper**

Tossed Salad
Rigatoni with
Meatballs
Broccoli
Oatmeal
Cookie

**Soup of the Day**

Lentil Soup

## Thursday 02/10/22

**Breakfast**

Raisin Bran or
Hot Cereal
Blueberry
Coffee Cake
Scrambled Eggs

**Lunch**

Crumb Coated
Tilapia
Carrots
Toasted
Lemon
Couscous
Apple Pie

**Supper**

Tossed Salad
Roasted
Turkey Breast
Poultry Gravy
Ranch Mashed
Potatoes
Vegetable
Medley
Fresh Fruit
Salad

**Soup of the Day**

French Onion

## Friday 02/11/22

**Breakfast**

Oatmeal **or**
Assorted Cold
Cereal
Scrambled Eggs
Toast

**Lunch**

Pot Roast
Seasoned
Brussels
Sprouts
Mashed
Potatoes with
Gravy
Dinner Roll
Grapes

**Supper**

Tossed Salad
Chicken
Parmesan
Rotini with
Spaghetti
Sauce
Green Beans
Honeydew

**Soup of the Day**

Baked Potato

## Saturday 02/12/22

**Breakfast**

Raisin Bran or
Hot Cereal
French Toast
Sticks
Turkey Sausage
Patty

**Lunch**

Grilled Chicken
Sandwich
Baked Chips
Broccoli
Fruit Salad

**Supper**

Meatloaf with
Gravy
Cauliflower &
Potato
Mashed
Carrots
Peach Crisp

**Soup of the Day**

Split Pea and
Ham

## Sunday 02/13/22

**Breakfast**

Cream of Wheat
or Assorted Cold
Cereal
Scrambled Eggs
Pancakes

**Lunch**

Chicken and
Mushroom
Cavatappi
Garlic Cumin
Beans
Breadstick
Applesauce

**Supper**

Tossed Salad
Roast Turkey
Poultry Gravy
Roasted Sweet
Potato
Seasoned
Zucchini
Cantaloupe

**Soup of the Day**

Minestrone

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