Good Shepherd Nursing Home Daily Chef Specials

Monday 03/07/22

Breakfast

Raisin Bran or
Hot Cereal
Scrambled Eggs
Home Fries
Cinnamon Roll

Lunch

Hot Dog on A Bun
Tater Puffs
Broccoli
Peaches

Supper

Tossed Salad
Rotisserie Chicken
Roasted Cauliflower
Roasted Red Potatoes
Fresh Fruit

Soup of the Day

Tomato Basil

Tuesday 03/08/22

Breakfast

Oatmeal or
Assorted Cold Cereal
Scrambled Eggs
Bacon
WW Toast

Lunch

Hamburger with Swiss Cheese
Baked Potato Chips
Peas & Carrots
Cantaloupe

Supper

Tossed Salad
Salisbury Steak
Cauliflower & Potato Mashed
Green Beans
Grapes

Soup of the Day

Garden Vegetable

Wednesday 03/09/22

Breakfast

Cheerios or Hot cereal
Cheese Omelet
English muffin
Home Fries

Lunch

Cheese Tortellini with Spaghetti Sauce
Zucchini
Breadstick
Fresh Fruit Salad

Supper

Tossed Salad
Herbed Pork Loin
Vegetable Medley
Roasted Sweet Potatoes
Dinner Roll
Honeydew

Soup of the Day

Pasta Fagioli

Thursday 03/10/22

Breakfast

Raisin Bran or
Hot Cereal
Blueberry Coffee Cake
Scrambled Eggs

Lunch

BBQ chicken
Mac and Cheese
Carrots
Grapes

Supper

Roasted Turkey
Dressing
Green Beans
Poultry Gravy
Pineapple

Soup of the Day

Mushroom Barley

Friday 03/11/22

Breakfast

Oatmeal **or**
Assorted Cold Cereal
Scrambled Eggs
Toast

Lunch

Grilled Chicken Sandwich
Chia
Coleslaw
Corn
Sugar Cookie

Supper

Tossed Salad
Lasagna
Zucchini
Orange Sherbet

Soup of the Day

Baked Potato

Saturday 03/12/22

Breakfast

Raisin Bran or
Hot Cereal
French Toast Sticks
Turkey Sausage Patty

Lunch

Beef Stroganoff
Buttered Noodles
Carrots and Beets
Dinner Roll
Peaches

Supper

Tossed Salad
Lemon Chicken
Green Beans
Roasted Butternut Squash
Applesauce

Soup of the Day

Chicken Wild Rice

Sunday 03/13/22

Breakfast

Cream of Wheat or Assorted Cold Cereal
Scrambled Eggs
Pancakes

Lunch

Three Cheese Pasta
Broccoli
Breadstick
Mini Chocolate Dipped Vanilla Ice Cream Cone

Supper

Tossed Salad
Sante Fe Turkey
Peas & Mushrooms
Rice Pilaf
Grapes

Soup of the Day

Tomato Soup

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