

Shepherd of Grace - Shepherd of Grace Cottages

August 2022

Activity Schedule - Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:00 AM Lutheran Church Service 11:15 AM Music & Motion Exercise 01:00 PM Short Story -Dinner for Two 02:00 PM News & Coffee 02:30 PM Bubbles on the Patio	2 10:00 AM Matching Game 11:15 AM Exercise 01:00 PM Massage & Nails 02:00 PM Pet Visit- Zeke the Dog	3 10:30 AM Bible Study with Pastor Dave 02:00 PM Bingo	4 10:00 AM Bean Bag Toss 11:15 AM Leg Exercise 01:00 PM At the Fair Detective Activity 02:00 PM Coffee & Chat	5 10:00 AM The Price is Right- Channel 4 02:00 PM Coffee & Chat 02:30 PM Gunsmoke -channel 38 03:00 PM Andy Griffith -Channel 38 06:30 PM Wheel of Fortune channel 4	6 02:00 PM Coffee and Chat 06:00 PM John Wayne His Private Secretary Movie & Popcorn
7 02:00 PM Coffee & Chat	8 10:00 AM Lutheran Church Service on TV 11:15 AM Stretch and Flex Exercise 01:00 PM Finish the Song Title 02:00 PM Coffee and News 02:30 PM Trivia	9 10:00 AM Dice Game 11:15 AM Cardio Exercise 01:00 PM Sing Along 01:30 PM Word Find or Sudoku 02:00 PM Pet Visit - Zeke the Dog	10 10:30 AM Bible Study with Pastor Dave 02:00 PM Bingo	11 10:00 AM Golf Putt 11:15 AM Leg Exercise 01:00 PM Reminiscing Costume Jewelry 02:00 PM Coffee and Chat	12 10:00 AM The Price is Right -channel 4 02:30 PM Gunsmoke -channel 38 03:00 PM Andy Griffith -channel 38 06:30 PM Wheel of Fortune- Channel 4	13 02:00 PM Coffee and Chat 06:00 PM John Wayne Rainbow Valley Movie & Popcorn
14 02:00 PM Coffee and Chat	15 10:00 AM Lutheran Church Service on TV 11:15 AM Music & Motion Exercise 01:00 PM Folding 02:00 PM Coffee and News 02:30 PM Reminiscing	16 10:00 AM Pokeno 11:15 AM Cardio Exercise 01:00 PM Sing Along 01:30 PM Word Find or Sudoku 02:00 PM Pet Visit- Zeke the Dog	17 02:00 PM Bingo	18 10:00 AM Noodle & Balloon Swat 11:15 AM Leg Exercise 01:00 PM Cupcake Social 02:00 PM Coffee and Chat	19 10:00 AM The Price is Right -channel 4 02:30 PM Gunsmoke -channel 38 03:00 PM Andy Griffith -channel 38 06:30 PM Wheel of Fortune -channel 4	20 02:00 PM Coffee and Chat 06:00 PM John Wayne Shadow of the Eagle Movie & Popcorn
21 02:00 PM Coffee and Chat	22 10:00 AM Lutheran Church Service on TV 11:15 AM Stretch and Flex Exercise 02:00 PM Coffee and News 02:30 PM Trivia	23 10:00 AM Guess the Word 11:15 AM Cardio Exercise 01:00 PM Sing Along 01:30 PM Word Find or Sudoku 02:00 PM Pet Visit- Zeke the Dog	24 02:00 PM Bingo	25 10:00 AM Ring Toss 11:15 AM Leg Exercise 12:30 PM Beach Bum Detective Activity 02:00 PM Coffee and & Chat	26 10:00 AM The Price is Right -channel 4 02:00 PM Coffee and Chat 02:30 PM Gunsmoke -channel 38 03:00 PM Andy Griffith -channel 38 06:30 PM Wheel of Fortune- channel 4	27 02:00 PM Coffee and Chat 06:00 PM John Wayne Paradise Canyon Movie & Popcorn
28 02:00 PM Coffee and Chat	29 10:00 AM Lutheran Church Service on TV 11:15 AM Music & Motion Exercise 02:00 PM Coffee and News 02:30 PM Trivia	30 10:00 AM Matching Game 11:15 AM Cardio Exercise 01:00 PM Sing Along 02:00 PM Coffee and News 02:30 PM Guest Piano Player	31 10:30 AM Bible Study with Pastor Dave 02:00 PM Bingo			