

Sauk Rapids Campus - Timbers/Vineyard Cottage

October 2022

Activity Schedule - Month

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 10:00 AM 1 on 1's 10:30 AM Group Walk 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat	4 10:00 AM Group Walk 10:30 AM Guitar Listening 11:30 AM Lunch 03:00 PM Coffee & Chat	5 10:00 AM Group Walk 10:30 AM Kickball 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat 03:30 PM Rosary (MB)	6 10:00 AM Music & Manicures 11:00 AM Group Walk 11:30 AM Lunch 03:00 PM Coffee & Chat	7 10:00 AM Group Walk 10:30 AM Balloon Ball 11:30 AM Lunch 02:00 PM Worship (Cottages) 03:00 PM Coffee & Chat	8
9	10 10:00 AM 1 on 1's 10:30 AM Kickboxing 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat	11 10:00 AM Movie 11:30 AM Lunch 03:00 PM Coffee & Chat	12 10:00 AM Pilates 10:30 AM Kickball 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat 03:30 PM Rosary (MB)	13 10:00 AM Brain Games 10:30 AM Hand Massages 11:30 AM Lunch 03:00 PM Coffee & Chat	14 10:00 AM Yoga 10:30 AM Balloon Ball 11:30 AM Lunch 02:00 PM Worship (Cottages) 03:00 PM Coffee & Chat 03:00 PM Birthday Celebration	15
16	17 10:00 AM 1 on 1's 10:30 AM Kickboxing 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat	18 10:00 AM Sing Alongs 10:30 AM Guitar Listening 11:30 AM Lunch 03:00 PM Coffee & Chat	19 10:00 AM Pilates 10:30 AM Kickball 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat 03:30 PM Rosary (MB)	20 10:00 AM Fall Craft 11:00 AM Brain Games 11:30 AM Lunch 03:00 PM Coffee & Chat	21 10:00 AM Yoga 10:45 AM Piano Music Listening (VT) 11:30 AM Lunch 02:00 PM Worship (Cottages) 03:00 PM Coffee & Chat	22
23	24 10:00 AM 1 on 1's 10:30 AM Kickboxing 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat	25 10:00 AM Beading 10:30 AM Color Me Calm 11:30 AM Lunch 03:00 PM Coffee & Chat	26 10:00 AM Pilates 10:30 AM Kickball 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat 03:30 PM Rosary (MB)	27 10:00 AM Pumpkin Painting 11:00 AM Riddles 11:30 AM Lunch 03:00 PM Coffee & Chat	28 10:00 AM Yoga 10:30 AM Balloon Ball 11:30 AM Lunch 02:00 PM Worship (Cottages) 03:00 PM Coffee & Chat	29
30	31 10:00 AM Cookie Decorating 11:00 AM 1 on 1's 11:30 AM Lunch 12:45 PM Bingo 03:00 PM Coffee & Chat					