Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
(CT)	Octo	ber 20	722			11:00 Exercises (64) 1 6:30 Relaxation exercises (64) 6:30 Bingo
6:30 Relaxation (64)	10:00 EnerG Exercises (0) 10:30 Baking: Pumpkin Bars (CT) 1:00 Exercises (64) 2:00 Pokeno (0)	10:30 Pilates (CT) 1:00 Exercises (64) 2:00 Horse racing(W) 6:30 Bingo (CT)	10:00Worship(64) 5 10:30 Active Games(CT) 1:00 Exercises (64) 1:30 Coffee and Chat(GSA) 2:00 Bible Study (C) 3:00 Power Pump (T)	10:30 Kick boxing (CT) 6 1:00 Exercises (64) 1:30 Rosery/Mass (C) 2:00 Pumpkin decorating (0) 6:30 Bingo (O) Theme: Hawaiian Day	10:00 EnerG Exercises (0) 10:30 Line Dancing (CT) 1:00 Exercises (64) 1:30 Movie: Mash (CT)	11:00 Exercises (64) 8 6:30 Relaxation exercises (64) 6:30 Bingo
10:00 Worship (c) 9 1:30 Coffee & Chat (O) 6:30 Relaxation (64)	10:00 EnerG Exercises (0) 10:30 Pumpkin Cake(CT) 1:00 Exercises (64) 2:00 Pokeno (0) Columbus Day (US)	10:30 Pilates (CT) 1:00 Exercises (64) 2:00 All tenant birthday Party (CT) Music with Jerry Fischer 6:30 Bingo (CT)	10:00 Worship (64) 12 10:30 Active Games(CT) 1:00 Exercises (64) 1:30 Coffee and Chat(GSA) 2:00 Bible Study (C) 3:00 Power Pump (T)	10:30 Kick boxing (CT) 1:00 Exercises (64) 1:30 Rosery/Mass (C) 2:00 Crafts/C (GSA) 6:30 Bingo (O) Theme	10:00 EnerG Exercises (0) 10:30 Line Dancing (CT) 1:00 Exercises (64) 1:30 Movie: Yours Mine & Ours (CT)	11:00 Exercises (64) 15 6:30 Relaxation exercises (64) 6:30 Bingo
10:00 Worship (c) 16 1:30 Coffee & Chat (O) 6:30 Relaxation (64)		10:30 Pilates (CT) 1:00 Exercises (64) 2:00 Cribbage(CT) 6:30 Bingo (CT)	10:00 Worship (64) 19 10:30 Active Games(CT) 1:00 Exercises (64) 1:30 Coffee and Chat(GSA) 2:00 Bible Study (C) 3:00 Power Pump (T)	10:30 Kick boxing (CT) 20 1:00 Exercises (64) 1:30 Rosery/Mass (C) 2:00 Crafts/C (GSA) 6:30 Bingo (O) Theme:	10:00 EnerG Exercises (0) 10:30 Line Dancing (CT) 1:00 Exercises (64) 1:30 Movie: I Love Lucy (CT)	11:00 Exercises (64) 22 6:30 Relaxation exercises (64) 6:30 Bingo
	10:00 EnerG Exercises (0) 10:30 Baking: Pie Making (CT) 1:00 Exercises (64) 2:00 Pokeno (W)	10:30 Pilates (CT) 1:00 Exercises (64) 2:00 Pie Festival, Music with Gig Noonan (CT) 6:30 Bingo (CT)	10:00 Worship (64) 26 10:30 Active Games(CT) 1:00 Exercises (64) 1:30 Coffee and Chat(GSA) 2:00 Bible Study (C) 3:00 Power Pump (T)	10:30 Kick boxing (CT) 1:00 Exercises (64) 1:30 Rosery/Mass (C) 2:00 Crafts (CT) 6:30 Bingo (O)	10:00 EnerG Exercises (0) 10:30 Line Dancing (CT) 1:00 Exercises (64) 1:00 Movie: Andre (CT)	11:00 Exercises (64) 29 6:30 Relaxation exercises (64) 6:30 Bingo
	10:00 EnerG Exercises (0) 1:00 Exercises (64) 2:00 Pokeno (0)					