Good Shepherd Nursing Home Daily Chef Specials

Monday 10/24/22

Breakfast

Raisin Bran or
Hot Cereal
Scrambled Eggs
Home Fries
Cinnamon Roll

Lunch

Hot Dog on A Bun
Tater Puffs
Broccoli
Peaches

Supper

Rotisserie Chicken
Roasted Cauliflower
Roasted Red Potatoes
Sugar Cookie

Soup of the Day

Tomato Basil

Tuesday 10/25/22

Breakfast

Oatmeal or
Assorted Cold Cereal
Scrambled Eggs
Bacon
WW Toast

Lunch

Hamburger with Swiss Cheese
Baked Potato Chips
Peas & Carrots
Grapes

Supper

Salisbury Steak
Cauliflower & Potato Mashed
Green Beans
Carrot Cake

Soup of the Day

Garden Vegetable

Wednesday 10/26/22

Breakfast

Rice Krispies or
Hot cereal
Cheese Omelet
English muffin
Home Fries

Lunch

Swedish Meatballs
Mashed Potato
Zucchini
Fresh Pineapple

Supper

Herbed Pork Loin
Vegetable Medley
Roasted Sweet Potatoes
Bread dressing
Carmel Cheesecake

Soup of the Day

Pasta Fagioli

Thursday 10/27/22

Breakfast

Raisin Bran or
Hot Cereal
Blueberry Coffee Cake
Scrambled Eggs

Lunch

BBQ chicken
Mac and Cheese
Carrots
Watermelon

Supper

Beef Roast
Green Beans
Mashed Potato Gravy
Strawberry Pie

Soup of the Day

Mushroom Barley

Friday 10/28/22

Breakfast

Oatmeal **or**
Assorted Cold Cereal
Scrambled Eggs
Cinnamon Raisin Toast

Lunch

Grilled Chicken Sandwich
Chia Coleslaw
Corn
Fresh Fruit

Supper

Lasagna
Zucchini
Break Stick
Chocolate Cake

Soup of the Day

Baked Potato

Saturday 10/29/22

Breakfast

Cheerios or Hot Cereal
French Toast Sticks
Turkey Sausage Patty

Lunch

Beef Stroganoff
Buttered Noodles
Carrots and Beets
Dinner Roll
Pears

Supper

Lemon Chicken
Green Beans
Roasted Butternut Squash
Oatmeal Raisin Cookie

Soup of the Da

Chicken Wild Rice

Sunday 10/30/22

Breakfast

Cream of Wheat or Assorted Cold Cereal
Scrambled Eggs
Pancakes

Lunch

Three Cheese Pasta
Broccoli
Breadstick
Orange Sherbet

Supper

Smokey Apple BBQ Chicken
Peas & Mushrooms
Rice Pilaf
Grapes

Soup of the Day

Tomato Soup

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