Good Shepherd Nursing Home Daily Chef Specials

Monday
11/07/22

Breakfast

Raisin Bran or
Hot Cereal
Scrambled Eggs
Home Fries
Raisin Toast

Lunch

Chicken
Tenders
Country gravy
Mashed
potato
Corn
Watermelon

Supper

Bacon Cheddar
Onion Egg Bake
Blueberry Muffin
Hash Brown
Patty
Fresh Fruit

Soup of the Day

Mushroom
Barley

Tuesday
11/08/22

Breakfast

Oatmeal or
Assorted Cold
Cereal
Scrambled Eggs
Bacon
WW Toast

Lunch

California
Turkey Wrap
Pasta Salad
Peaches

Supper

Pepper Steak
Brown Rice
Vegetable
Medley
Dinner Roll
Brownie

Soup of the Day

Broccoli
Cheese

Wednesday
11/09/22

Breakfast

Rice Krispies or
Hot cereal
Cheese Omelet
English muffin
Home Fries

Lunch

Pork Salisbury
Steak
Brown Gravy
Mashed
Potato
Mixed
Vegetables
Cantaloupe

Supper

Rigatoni with
Meatballs
Broccoli
Oatmeal
Cookie

Soup of the Day

Chicken
Dumpling

Thursday
11/10/22

Breakfast

Raisin Bran or
Hot Cereal
Blueberry
Coffee Cake
Scrambled Eggs

Lunch

Crumb Coated
Tilapia
Carrots
Baked Potato
Fresh Fruit
Salad

Supper

Chicken
Cordon Bleu
Ranch Mashed
Potatoes
Vegetable
Medley
Apple PIe

Soup of the Day

French Onion

Friday
11/12/22

Breakfast

Oatmeal **or**
Assorted Cold
Cereal
Scrambled Eggs
Toast

Lunch

Pot Roast
Brussels
Sprouts
Mashed
Potatoes with
Gravy
Dinner Roll
Grapes

Supper

Chicken
Parmesan
Rotini with
Spaghetti
Sauce
Green Beans
Strawberry
shortcake

Soup of the Day

Baked Potato

Saturday
11/13/22

Breakfast

Cherrios, or Hot
Cereal
French Toast
Sticks
Turkey Sausage
Patty

Lunch

Grilled Chicken
Sandwich
Baked Chips
Broccoli
Berry Blend

Supper

Meatloaf with
Gravy
Cauliflower &
Potato
Mashed
Carrots
Peach Crisp

Soup of the Day

Split Pea and
Ham

Sunday
11/14/22

Breakfast

Cream of Wheat
or Assorted Cold
Cereal
Scrambled Eggs
Pancakes

Lunch

Ham
Scalloped
Potato
Corn
Dinner roll
Lemon
Meringue Pie

Supper

Pork Roast
Roasted Sweet
Potato
Seasoned
Zucchini
Pineapple
Upside-down
Cake

Soup of the Day

Minestrone

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