

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:30 Pilates (CT) 1 1:00 Exercises (64) 2:00 Horse racing (GSA) 2:10 Cribbage (CT) 6:30 Bingo (CT)	10:30Active game(CT) 2 1:00Exercises (64) 1:30 Coffee & Chat (GSA) 2:00 Bible Study(C) 3:00 Power Pump(TG)	10:30 Kickboxing(CT) 3 1:00 Exercises (64) 1:30 Rosary/Mass (C) 2:00 Crafts (GSA) 6:30 Bingo (O) Theme Day: Wear Deer hunting apparel.	10:00 EnerG Exercises 4 (O) 10:00 Tai Chi (CT) 10:30 Line dancing (CT) 1:00 Exercises (64) 1:30 Movie: Andre (CT)	11:00 Exercises (64) 5 6:30 Relaxation Exercises(64) 6:30 Bingo (GSA)
10:00 Worship (C) 6 1:30 Coffee & Chat (O) 6:30 Relaxation Exercises (64) <small>Daylight Saving Time Ends</small>	10:00 EnerG Exercises 7 (O) 10:30 Veterans Program (C) 1:00 Exercises (64) 2:00 Pokeno (O)	10:30 Pilates (CT) 8 1:00 Exercises (64) 2:00 Birthday Party(CT) Music with Ken Berry 6:30 Bingo (CT)	10:30Active game(CT) 9 1:00Exercises (64) 1:30 Coffee & Chat (GSA) 2:00 Bible Study(C) 3:00 Power Pump(TG)	10:30 Kickboxing(CT) 10 1:00 Exercises (64) 1:30 Rosary/Mass (C) 2:00 Crafts (GSA) 6:30 Bingo (O) Theme day: Armed Forces/Patriotic	10:00 EnerG Exer (O) 11 10:00 Tai Chi (CT) 10:30 Line dancing (CT) 1:00 Exercises (64) 1:30 Movie Forever Young(CT) <small>Veterans Day</small>	11:00 Exercises (64) 12 6:30 Relaxation Exercises(64) 6:30 Bingo (GSA)
10:00 Worship (C) 13 1:30 Coffee & Chat (O) 6:30 Relaxation Exercises (64)	10:00 EnerG Exercise 14 (O) 10:30Baking Cardamom short bread cookies(CT) 1:00 Exercises (64) 2:00 Pokeno (CT)	10:30 Pilates (CT) 15 1:00 Exercises (64) 2:00 Yahtzee (CT) 2:10 Cribbage (C) 6:30 Bingo (CT)	10:30Active game(CT) 16 1:00Exercises (64) 1:30 Coffee & Chat (GSA) 2:00 Bible Study(C) 3:00 Power Pump(TG)	10:30 Kickboxing(CT) 17 1:00 Exercises (64) 1:30 Rosary/Mass (C) 2:00 Crafts (GSA) 6:30 Bingo (O) Theme day: Wear Brown & orange	10:00 EnerG Exer. (O) 18 10:30 Line dancing (CT) 1:00 Exercises (64) 1:00 Murder Mystery Game (CT) 1:30 Movie: Murder she wrote.(CT)	11:00 Exercises (64) 19 6:30 Relaxation Exercises(64) 6:30 Bingo (GSA)
10:00 Worship (C) 20 1:30 Coffee & Chat (O) 6:30 Relaxation Exercises (64)	10:00 EnerG Exercise 21 (O) 10:30 Baking Cinnamon bread (CT) 1:00 Exercises (64) 2:00 Pokeno (GSA)	10:30 Pilates (CT) 22 1:00 Exercises (64) 2:00 50's Party with Music by ELVIS(Todd A) 6:30 Bingo (CT) Theme Day: Back to the 50's	10:30 Active games (CT) 23 1:00Exercises (64) 1:30 Coffee & Chat (GSA) 1:30Rosary/mass (C) 3:00 Power Pump(TG)	HAPPY THANKSGIVING EVERYONE 24 <small>Thanksgiving Day (US)</small>	10:00 EnerG Exercises 25 (O) 1:00 Exercises (64)	11:00 Exercises (64) 26 6:30 Relaxation Exercises(64) 6:30 Bingo (GSA)
10:00 Worship (C) 27 1:30 Coffee & Chat (O) 6:30 Relaxation Exercises (64)	10:00 EnerG Exercises 28 (O) 10:30 Making Turkey Soup (CT) 1:00 Exercises (64) 2:00 Pokeno (W)	10:30 Pilates (CT) 29 1:00 Exercises (64) 2:00 500 cards (CT) 2:10 Cribbage (CT) 6:30 Bingo (CT)	10:30Active game(CT) 30 1:00Exercises (64) 1:30 Coffee & Chat (GSA) 2:00 Bible Study(C) 3:00 Power Pump(TG)			