



Healthy Choices
Delivered to You.

Alternative meal choices-
Highlighted items can be found on
your unit

Cold Cereals

Rice Krispies
Cheerios

Bread Basket

English Muffin	Whole Wheat Bread
Raisin Bread	White Bread
Dinner Roll	Bagel

Optional Desserts

Fresh Banana
Applesauce
Ice Cream (SF Available)
Pudding (SF Available)
Gelatin (SF Available)
Assorted Cookies
Yogurt

Sides

Mashed potatoes and gravy
Baked potato chips

Soups

Soup of the Day
Chicken Noodle Soup

Salads

Tossed Garden Salad
Chef Salad
Cottage cheese
Carrots and celery
Cottage cheese fruit plate

(Ranch and French Dressing Available)

Signature Sandwiches

All sandwiches are served with your choice of white or whole wheat bread.

Turkey Sandwich

Chicken Salad
PBJ

Hot off the Grill

Hot items are made with American Cheese.
Cheeseburger on White Bun
Classic Hamburger on White Bun
Chicken strips with BBQ or Sweet and Sour

Create Your Own Pizza

Cheese Sausage Pepperoni

*Some Always Available menu items may not be suitable for all physician prescribed diets.
Please see your dietary Host/Hostess for questions.