

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Worship (C) 1 1:30 Coffee & Chat(O) 6:30 Relaxation(64) National Sleep week! <small>New Year's Day</small>	10:00 EnerG 2 Exercises (O) 10:30 Baking: Spaghetti (CT) 1:00 Exercises (64) 2:00 Pokeno (O)	10:30 Pilates (CT) 3 1:00 Exercises (64) 2:00 Yahtzee Cribbage (CT) 6:30 Bingo (CT)	10:30ActiveGames(CT) 4 1:00 Exercises(64) 1:30 Coffee & Chat(GSA) 3:00 Power Pump (TG) National Spaghetti day	10:30 Kickboxing (CT) 5 1:00 Exercises(64) 1:30 Rosary/Mass (C) 2:00 Craft hour (GSA) Theme: Cabin Fever Day/(comfy wear)	10:00 EnerG Exercises 6 (O) 10:15 Tai Chi (CT) 10:30 Line Dancing (CT) 1:30 Movie Carol Burnett (CT)	11:00 Exercises (64) 7 6:30 Relaxation Exercises(GSA) 6:30 Bingo (GSA)
10:00 Worship (C) 8 1:30 Coffee & Chat (O) 6:30 Relaxation(64)	10:00 EnerG 9 Exercises (O) 10:30 Cooking: Soup Day (CT) 1:00 Exercises (64) 2:00 Pokeno (CT)	10:30 Pilates (CT) 10 1:00 Exercises (64) 2:00 Birthday Party Music w/Jerry Fisher (CT) 6:30 Bingo (CT)	10:30 Active games 11 (CT) 1:00 Exercises(64) 1:30 Coffee & Chat(GSA) 3:00 Power Pump (TG)	10:30 Kickboxing (CT) 12 1:00 Exercises(64) 1:30 Rosary/Mass (64) 2:0 Craft:Pourpainting Snowflakes (GSA) Theme: Crazy socks	10:00 EnerG Exer (O) 13 10:15 Tai Chi (CT) 10:30 Line Dancing (CT) 1:30 Movie: Cheaper by the dozen 2 (CT)	11:00 Exercises (64) 14 6:30 Relaxation Exercises(GSA) 6:30 Bingo (GSA)
10:00 Worship (C) 15 1:30 Coffee & Chat(O) 6:30 Relaxation(64)	10:00 EnerG Exer (O) 16 10:30 Baking cookies (CT) 1:00 Exercises (64) 2:00 Pokeno (GSA) National fig Newton day <small>Martin Luther King Jr. Day</small>	10:30 Pilates (CT) 17 1:00 Exercises (64) 2:00 Horseracing (CT) 6:30 Bingo (CT)	10:30 Active games 18 (CT) 1:00 Exercises(64) 1:30 Coffee & Chat(GSA) 3:00 Power Pump (TG)	10:30 Kickboxing (CT) 19 1:00 Exercises(64) 1:30 Rosary/Mass (C) 2:00 Craft hour (GSA) Theme: Tie Dye	10:00 EnerG Exer (O) 20 10:15 Tai Chi (CT) 10:30 Line Dancing CT 1:30 Movie: Oh, God (CT) 1896 George Burns Birthday.	11:00 Exercises (64) 21 6:30 Relaxation Exercises(GSA) 6:30 Bingo (GSA)
10:00 Worship (C) 22 1:30 Coffee & Chat(O) 6:30 Relaxation(64) <small>Chinese New Year (Year of the Rabbit)</small>	10:00 EnerG 23 Exercises (O) 10:30 Baking (CT) 1:00 Exercises (64) 2:00 Pokeno (W) <small>Activity Professionals Week</small>	10:30 Pilates (CT) 24 1:00 Exercises (64) 2:00 All about Montana (CT) 6:30 Bingo (CT) National Grizzled prospector day	10:30 Active games 25 (CT) 1:00 Exercises(64) 2:00 Music with Gig Noonan(GSA) 3:00 Power Pump (TG)	10:30 Kickboxing (CT) 26 1:00 Exercises(64) 1:30 Rosary/Mass (64) 2:00 Craft hour (GSA) Theme: Wacky hair <small>Australia Day (observed)</small>	10:00 EnerG Exer (O) 27 10:15 Tai Chi (CT) 10:30 Line Dancing (CT) 1:30 Movie: Laurel and Hardy (CT)	11:00 Exercises (64) 28 6:30 Relaxation Exercises(GSA) 6:30 Bingo (GSA)
10:00 Worship (C) 29 1:30 Coffee & Chat(O) 6:30 Relaxation(64)	10:00 EnerG 30 Exercises (O) 10:30 Baking (CT) 1:00 Exercises (64) 2:00 Pokeno (O)	10:30 Pilates (CT) 31 1:00 Exercises (64) 2:00 Yahtzee,500 Cribbage (CT) 6:30 Bingo (CT)				