Good Shepherd Nursing Home Daily Chef Specials

Monday 1/23/23

Breakfast

Raisin Bran or
Hot Cereal
Scrambled Eggs
Home Fries
Blueberry Muffin

Lunch

French-Dip
Sandwich
Corn
Baked Potato
Chips
Fresh Fruit
Salad

Supper

Biscuits with
Sausage Gravy
Peas
Mixed Berries

Soup of the Day

Vegetable
Soup

Tuesday 1/24/23

Breakfast

Oatmeal or
Assorted Cold
Cereal
Scrambled Eggs
Bacon
WW Toast

Lunch

Turkey Chili
Coleslaw
Cornbread
Mandarin
Oranges

Supper

Chicken Breast
with Dressing
Cranberry
Pecan Rice
Pilaf
Green Beans
Rice Krispy Bar

Soup of the Day

Broccoli
Cheese

Wednesday 1/25/23

Breakfast

Rice Krispies or
Hot cereal
Cheese Omelet
English muffin
Home Fries

Lunch

Teriyaki Pork
Stir-Fry
Broccoli
Brown Rice
Honeydew

Supper

Meatloaf with
Gravy
Ranch Mashed
Red Potatoes
Peas
Pretzel Blondie
Bar

Soup of the Day

Mushroom
Barley

Thursday 1/26/23

Breakfast

Raisin Bran or
Hot Cereal
Blueberry Coffee
Cake
Scrambled Eggs

Lunch

Sloppy Joe
Hash Brown
Patty
Carrots
Strawberry ice
cream

Supper

Chicken Rice
casserole
Broccoli
Pumpkin Pie

Soup of the Day

Southwest
Black Bean

Friday 1/27/23

Breakfast

Oatmeal or
Assorted Cold
Cereal
Scrambled Eggs
Scone

Lunch

Grilled Cheese
on Wheat
Green Beans
Peaches

Supper

Lasagna
Vegetable
Blend
Breadstick
Fudge Brownie

Soup of the Day

Tomato Basil

Saturday 1/28/23

Breakfast

Cheerios or Hot
Cereal
French Toast
Turkey Sausage
Patty

Lunch

Chicken Pot Pie
with Biscuit
Broccoli
Pineapple

Supper

Swiss Steak
with Vegetable
Gravy
Mashed
Potato
Peas and
Carrots
French Silk Pie

Soup of the Day

Chicken Wild
Rice

Sunday 1/29/23

Breakfast

Cream of Wheat
or Assorted Cold
Cereal
Scrambled Eggs
Pancakes

Lunch

Chicken
Tomato Pasta
Alfredo
Zucchini
Chocolate
chunk cookies
Breadstick

Supper

Cranberry
Glazed-Pork
Roast
Rice Pilaf
Diced Squash
Apple Crisp

Soup of the Day

Minestrone

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