

Shepherd of Grace - Shepherd of Grace Cottages

February 2023

Activity Schedule - Month

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|--|--|--|---|
| | | | 1 10:30 AM Bible Study with Pastor Dave -Great Room 01:00 PM Visit with Volunteer Bob 02:15 PM Trivia & Coffee | 2 10:00 AM Kickball 11:00 AM Hymn Sing Along 01:00 PM Reminisce 02:00 PM Entertainment- AL Dining Room 03:30 PM Riddles & Coffee | 3 10:00 AM Visit with Volunteer Bob 11:00 AM Visit with Volunteer Bob 02:00 PM Coffee and Chat | 4 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn |
| 5 02:00 PM Coffee & Chat | 6 10:00 AM Lutheran Church Service with Shannon 11:00 AM Exercise 01:00 PM Pillow Demonstration with Shannon 02:00 PM Daily Chronicle & Coffee 02:30 PM Crossword Puzzle | 7 10:00 AM Card Game 11:00 AM Music & Motion Exercise 01:00 PM Bingo 02:00 PM Dog Zeke Visit 03:00 PM Daily Chronicle & Coffee | 8 10:30 AM Bible Study with Pastor Dave -Great Room 02:15 PM Trivia & Coffee | 9 10:00 AM Balloon Volleyball 11:00 AM Sing Along 01:00 PM Hand Massage & Manicures 02:00 PM Finish The Phrase & Coffee | 10 02:00 PM Coffee and Chat | 11 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn |
| 12 02:00 PM Coffee & Chat | 13 10:00 AM Lutheran Church Service with Shannon 11:00 AM Seated Exercise 01:00 PM Bingo 01:00 PM Color Me Calm 02:00 PM Daily Chronicle & Coffee 02:30 PM Crossword Puzzles | 14 10:00 AM Matching Game 11:00 AM Music & Motion Exercise 01:00 PM Valentine Social 02:00 PM Dog Zeke Visit | 15 10:30 AM Bible Study with Pastor Dave - Great Room 01:00 PM Visit with Volunteer Bob 02:15 PM Trivia & Coffee | 16 10:00 AM Bean Bag Toss 11:00 AM Exercise 12:30 PM Monthly Birthday Celebration 02:00 PM Entertainment- AL Dining Room | 17 10:00 AM Seated Exercises with Volunteer Bob 10:30 AM Visit with Volunteer Bob 02:00 PM Coffee and Chat | 18 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn |
| 19 01:00 PM Visit with Volunteer Kayte & Dog King 02:00 PM Coffee & Chat | 20 10:00 AM Lutheran Church Service with Shannon 11:00 AM Exercise 01:00 PM Puzzle 02:00 PM Daily Chronicle & Coffee 02:30 PM Crossword Puzzle | 21 10:00 AM Board Game 11:00 AM Music & Motion Exercise 01:00 PM Dog Zeke Visit 02:00 PM Daily Chronicle & Coffee 02:30 PM Piano | 22 10:30 AM Bible Study with Pastor Dave- Great Room 02:15 PM Trivia & Coffee | 23 10:00 AM Horseshoes 11:00 AM Sing Along 01:00 PM Color Me Calm 02:00 PM Entertainment -AL Dining Room 03:30 PM Riddles & Coffee | 24 02:00 PM Coffee and Chat | 25 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn |
| 26 01:00 PM Craft with Volunteer Kayte 02:00 PM Coffee & Chat | 27 10:00 AM Lutheran Church Service with Shannon 11:00 AM Exercise 01:00 PM Donut Making Presentation 02:00 PM Daily Chronicle & Coffee 02:30 PM Crossword Puzzle | 28 10:00 AM Card Game 11:00 AM Music & Motion Exercise 01:00 PM Bingo 02:00 PM Dog Zeke Visit 03:00 PM Daily Chronicle & Coffee | | | | |