

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
C=Chapel CT=Court W=West O=Oaks GSA= Highrise TG=Therapy Gym 64=Channel 64 on TV FEBRUARY is "Celebrate Chocolate month"			1 10:30 Active Games(CT) 1:30Coffee & Chat(GSA) 2:00 Bible Study(C) 2:45 Power Pump (TG) All things Chocolate day	2 10:30 Kickboxing (CT) 1:30 Rosary/Mass (C) 2:00 Craft hour: Ground hogs (O) 6:30 Bingo (O) Theme: Wear Brown for Groundhog day <small>Groundhog Day</small>	3 10:00 EnerG EX. (O) 10:15 Tai Chi (CT) 10:30 Line Dancing (CT) 1:30 Movie: My Big Fat Greek Wedding (CT)	4 6:30 Bingo(GSA)
5 10:00 Worship 1:30 Coffee& Chat (O)	6 10:00 EnerG Exercises (O) 10:30 Baking: Babe Ruth candy bars (CT) 1:00Valentine Crafts(CT) 2:00 Pokeno (CT) Babe Ruth Day	7 10:30 Pilates (CT) 2:00 Cribbage (CT) 2:00 500 cards (W) 6:30 Bingo (CT)	8 10:30 Active Games(CT) 1:30 Painting with Lana Beck (\$15) (GSA) 2:00 Bible Study (C) 3:00 Power Pump (TG)	9 10:30 Kickboxing (CT) 1:30 Rosary/Mass(64) 2:00 Heart craft (GSA) 6:30 Bingo (O) Theme: Football Gear	10 10:00 EnerG EX. (O) 10:15 Tai Chi (CT) 10:30 Line Dancing (CT) 1:30 Movie Sleepless in Seattle (CT)	11 6:30 Bingo(GSA)
12 10:00 Worship 1:30 Coffee& Chat (O)	13 10:00 EnerG Exercise (O) 10:30 Baking: Half & Half Valentine cookies (CT) 2:00 Pokeno (GSA)	14 10:30 Pilates (CT) 2:00 Birthday Party(W) Greta & David 6:30 Bingo (CT) Wear Red, white or pink <small>Valentine's Day</small>	15 10:30 Active Games(CT) 11:15 Make Cheese Cake (CT) 1:30Coffee & Chat(GSA) 2:00 Bible Study (C) 2:45 Power Pump (TG)	16 10:30 Kickboxing (CT) 1:30 Rosary/Mass (C) 2:00 Craft hour: Gnome key chains (W) 6:30 Bingo (O) Theme: Wear Denim	17 10:00 EnerG EX. (O) 10:30 Line Dancing (CT) 1:30 Movie: Proposal (CT)	18 6:30 Bingo(GSA)
19 10:00 Worship 1:30 Coffee& Chat (O)	20 10:00 EnerG Exercises (O) 12:45 Speaker Emotional Health(CT) 2:00 Pokeno (W) <small>Presidents' Day</small>	21 10:30 Pilates (CT) 2:00 Mardi gras party (O)Music Paul Imholte 6:30 Bingo (CT) Wear Gold,Purple green <small>Mardi Gras</small>	22 10:30 Active Games(CT) 1:30 Travel to Nepal with Timila (CT) 2:00 Worship/Ashes (C) 2:45 Power Pump (TG) <small>Ash Wednesday</small>	23 10:30 Kickboxing (CT) 1:30 Rosary/Mass (64) 2:00 Craft hour table Runner (GSA) 6:30 Bingo (O) Theme: Dress like a Golden Girl	24 10:00 EnerG EX. (O) 10:15 Tai Chi (CT) 10:30 Line Dancing (CT) 1:30 Movie: Carol Burnett (CT)	25 6:30 Bingo(GSA)
26 10:00 Worship 1:30 Coffee& Chat (O)	27 10:00 EnerG Exercises (O) 10:30 Making: Peppermint patties (CT) 2:00 Pokeno (O)	28 10:30 Pilates (CT) 2:00 Horseracing (GSA) Cribbage (CT) 6:30 Bingo (CT)	<h1>February 2023</h1>			