



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

1	2	3	4	5	6	7
10:00 Worship (Chapel or ch 64) 11:00 Sunday Mass (ch 45) 2:00 Who Am I? (Event Center)	10:15 Brain Power (Event Center) 2:00 Plinko (Event Center)	9:00 Spa Manicures (Event Center) 2:00 Garden Club (Canal Street) 4:00 Household Activity on CC	9:30 Basic Flexibility (Event Center) 10:00 Bible Study (Event Center) 2:00 Flip It Game (Event Center) 3:30 Rosary (Theater) 4:15 Household Activity on ML	10:15 Resident Council (Event Center) 1:30 Rosary (Chapel or Ch 64) 2:00 Mass (Chapel or Ch 64) 3:00 Happy Hour (Event Center)	9:30 Music & Movement (Event Center) 10:15 Current Events (Event Center) 2:00 Bingo (Event Center) 4:00 Household Activity on SB	10:30 Kickboxing (Event Center) 2:00 Movie Matinee (Theater) Rudy PG 114 minutes <small>Simchat Torah Begins</small>
8	9	10	11	12	13	14
10:00 Worship (Chapel or ch 64) 11:00 Sunday Mass (ch 45) 2:00 Music with Malinda (Event Center)	9:30 Chair Cardio (Event Center) 10:15 Brain Fitness (Event Center) 1:30 Rosary (Chapel or Ch 64) 2:00 Mass (Chapel or Ch 64) <small>Columbus Day (US) Indigenous Peoples' Day Thanksgiving Day (Canada)</small>	9:00 Spa Manicures (Event Center) 2:00 Craft Corner (Event Center) 4:00 Household Activity on NS	9:30 Basic Flexibility (Event Center) 10:00 Bible Study (Event Center) 2:00 Bowling (Event Center) 3:30 Rosary (Theater) 4:15 Household Activity on ML	9:30 Book Club (Theater) 10:15 Aromatherapy (Theater) 2:00 Polka Yoga (Event Center) 3:00 Happy Hour (Event Center)	9:30 Music & Movement (Event Center) 10:15 Coffee & Rolls (Event Center) 2:00 Bingo (Event Center) 4:00 Household Activity on CC	10:30 Visual Imagery (Theater) 2:00 Movie Matinee (Theater) Gnomeo & Juliet G 84 minutes
15	16	17	18	19	20	21
10:00 Worship (Chapel or ch 64) 11:00 Sunday Mass (ch 45) 2:00 Crossword Puzzle (Event Center)	9:30 Chair Cardio (Event Center) 10:15 Uno (Event Center) 1:30 Rosary (Chapel or Ch 64) 2:00 Mass (Chapel or Ch 64)	9:00 Spa Manicures (Event Center) 2:00 Craft Corner (Event Center) 4:00 Household Activity on MLL	9:30 Basic Flexibility (Event Center) 10:00 Bible Study (Event Center) 2:00 Coffee & Pie Social (Event Center) 3:30 Rosary (Theater) 4:15 Household Activity on ML 7:00 Concertina with Jean (Event Center)	10:15 Shepherd Salon Open House Salon/Event Center 2:00 Polka Yoga (Event Center) 3:00 Happy Hour (Event Center)	9:30 Music & Movement (Event Center) 10:15 Brain Fitness (Event Center) 1:30 Simple Eye Glass Repair/Cleaning Dvorak Optical (Event Center) 2:00 Bingo (Event Center) 4:00 Household Activity on NS	10:30 Kickboxing (Event Center) 2:00 Movie Matinee (Theater) The Cowboys PG 128 minutes
22	23	24	25	26	27	28
10:00 Worship (Chapel or ch 64) 11:00 Sunday Mass (ch 45) 2:00 Wits & Wagers (Event Center)	9:30 Chair Cardio (Event Center) 10:15 Dice Game (Event Center) 1:30 Rosary (Chapel or Ch 64) 2:00 Mass (Chapel or Ch 64)	9:00 Spa Manicures (Event Center) 2:00 Music with Jackie & Linda (Event Center) 4:00 Household Activity on SB	9:30 Basic Flexibility (Event Center) 10:00 Bible Study (Event Center) 2:00 Kings Corner Cards (Event Center) 3:30 Rosary (Theater) 4:15 Household Activity on ML	9:30 Book Club (Theater) 10:15 Aromatherapy (Theater) 2:00 Polka Yoga (Event Center) 3:00 Happy Hour (Event Center)	9:30 Music & Movement (Event Center) 10:15 Cookie Decorating (Event Center) 2:00 Bingo (Event Center) 4:00 Household Activity on MLL	10:30 Visual Imagery (Theater) 2:00 Movie Matinee (Theater) Hocus Pocus PG 96 minutes
29	30	31	<h1 style="margin: 0;">October 2023</h1> <h2 style="margin: 0;">Nursing Home Activity Calendar</h2>			
10:00 Worship (Chapel or ch 64) 11:00 Sunday Mass (ch 45) 2:00 Horse Racing (Event Center)	9:30 Chair Cardio (Event Center) 10:15 Brain Fitness [concentration] (Event Center) 1:30 Rosary (Chapel or Ch 64) 2:00 Mass (Chapel or Ch 64)	9:00 Spa Manicures (Event Center) 2:00 Craft Corner (Event Center) <small>Halloween</small>				

CC=Canary Creek, NS=North Shore, MLL=Mille Lac Lake, SB=Silver Bay, SL=Sunny Lake, ML=Memory Lane