



OCTOBER 2023

Contact: Shannon
At: 763-450-6676

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Activities are subject to change

Walk with Aegis/Active Aging 2nd-6th.

1 9:30 Church on TV
02:00 Coffee & Chat

2 10:00 Full Body Mobility Exercise
10:30 Devotions
11:00 Hymn Sing Along
01:00 Bingo
2:15 This Week in History & Coffee

3 10:00 Animal Matching
11:00 Walk to Music
1:00 Dog Zeke Visit
2:00 Monthly Gazette Reading
2:30 Hot Cider Social

4 10:30 Bible Study w/ Pastor Dave -Great Room
1:00 Visit with Bob
2:15 Pumpkin Trivia & Coffee
2:45 October Newsletter Discussion & Coffee

5 9:00 Manicures & Music
1:00 Coloring Square Design Pt. 1
2:00 Entertainment with Marie-AL Dining Room
3:30 Coloring Square Design Pt. 2
4:00 Dog Visit with Nellie

6 2:00 Coffee & Chat

7
2:00 Coffee & Chat
6:00 Movie & Popcorn

8 9:30 Church on TV
1:00 Visit with Volunteer Katy 2:00 Coffee & Chat

9 10:00 Devotions
10:30 Hymn Sing Along
11:00 Cardio Exercise
1:00 Bingo
2:15 This Week in History & Coffee **Columbus Day**

10 9:00 Pumpkin Bar Creation
10:00 Yahtzee
11:00 Exercise
1:00 Dog Zeke Visit
2:00 Kickball
2:30 Pumpkin Bar & Coffee

11 10:30 Bible Study w/ Pastor Dave - Great Room
1:00 Visit with Bob
2:00 Cookie & Coffee w/ Bob
2:30 Folding laundry

12 11:00 Seated Chair Exercise w/ Betty
1:00 Card Game with Betty
2:00 Coffee & Chat

13 2:00 Coffee & Chat

14
2:00 Coffee & Chat
6:00 Movie & Popcorn

15 9:30 Church on TV
2:00 Coffee & Chat

16 10:00 Devotions
10:30 Hymn Sing Along
11:00 Chair Pilates Exercise
1:00 Bingo
2:15 This Week in History & Coffee

17 10:00 Pokemo
11:00 Balance Exercise
1:00 Dog Zeke Visit
2:00 Candy Corn Ring Toss
2:30 October Humor & Coffee

18 10:30 Bible Study w/ Pastor Dave- Great Room
1:00 Visit with Bob
2:15 Group Halloween Crossword & Coffee
2:45 Walking To Music

19 9:00 Manicures & Music
1:00 Birthday Party & Treats
2:00 Birthday Celebration
Accordion Entertainment w/ George- AL Dining Room
3:30 Arthritis Exercise
4:00 Dog Nellie Visit

20 2:00 Coffee & Chat

21
2:00 Coffee & Chat
6:00 Movie & Popcorn

22 9:30 Church on TV
1:00 Visit with Volunteer Katy 02:00 Coffee & Chat

23 10:00 Devotions
10:30 Hymn Sing Along
11:00 Rowing Fitness
1:00 Bingo
2:15 Apple Placemat Art

24 10:00 Scrabble
11:00 Music & Motion
1:00 Dog Zeke Visit
2:00 Balloon Swat
2:30 Pumpkin Patch Reminisce & Coffee

25 10:30 Bible Study w/ Pastor Dave-Great RM
1:00 Visit with Bob
2:00 Trivia & Coffee
2:30 This Week in History

26 9:30 Craft
10:30 Seed Harvesting
1:00 Card Game w/ Betty
2:00 Coffee & Chat

27 2:00 Coffee & Chat

28
2:00 Coffee & Chat
6:00 Movie & Popcorn

29 9:30 Church on TV
2:00 Coffee & Chat

30 10:00 Devotions
10:30 Hymn Sing Along
11:00 Tai Chi Exercise
1:00 Halloween Bingo
2:15 Harvest Group Crossword

31 9:30 Halloween Riddles
10:00 Halloween Word Search
10:30 Pumpkin Game
11:00 Monster Mash Exercise
2:00 Halloween Party/ Entertainment w/ Ralph
Halloween



Memory Cottage Calendar