

**Shepherd of Grace - Shepherd of Grace Cottages**

**October 2023**

**Activity Schedule - Month**

<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>1</b> 09:30 AM Church on TV 02:00 PM Coffee & Chat	<b>2</b> 10:00 AM Full Body Mobility Exercise 10:30 AM Devotions 11:00 AM Hymn Sing Along 01:00 PM Bingo 02:15 PM This Week in History & Coffee	<b>3</b> 10:00 AM Animal Matching Game 11:00 AM Walk to Music Exercise 01:00 PM Dog Zeke Visit 02:00 PM Monthly Gazette Reading 02:30 PM Hot Cider Social	<b>4</b> 10:30 AM Bible Study with Pastor Dave -Great Room 01:00 PM Visit with Volunteer Bob 02:15 PM Pumpkin Trivia & Coffee 02:45 PM October Newsletter Discussion & Coffee	<b>5</b> 09:00 AM Manicures & Music 01:00 PM Coloring Square Design Making Part 1 02:00 PM Entertainment with Marie-AL Dining Room 03:30 PM Coloring Square Design Making Part 2 04:00 PM Dog Visit with Nellie	<b>6</b> 02:00 PM Coffee and Chat	<b>7</b> 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn
<b>8</b> 09:30 AM Church on TV 01:00 PM Visit with Volunteer Katye 02:00 PM Coffee & Chat	<b>9</b> 10:00 AM Devotions 10:30 AM Hymn Sing Along 11:00 AM Cardio Exercise 01:00 PM Bingo 02:15 PM This Week in History & Coffee	<b>10</b> 10:00 AM Yahtzee Dice Game 11:00 AM Exercise 01:00 PM Dog Zeke Visit 02:00 PM Kickball 02:30 PM Pumpkin Bar & Coffee Social	<b>11</b> 10:30 AM Bible Study with Pastor Dave - Great Room 01:00 PM 1:1s 02:00 PM Cookie & Coffee social 02:30 PM Folding laundry	<b>12</b> 11:00 AM Seated Chair Exercise With Betty 01:00 PM Card Game with Betty 02:00 PM Coffee & Chat	<b>13</b> 02:00 PM Coffee and Chat	<b>14</b> 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn
<b>15</b> 09:30 AM Church on TV 02:00 PM Coffee & Chat	<b>16</b> 10:00 AM Devotions 10:30 AM Hymn Sing Along 11:00 AM Chair Pilates Exercise 01:00 PM Bingo 02:15 PM This Week in History & Coffee	<b>17</b> 10:00 AM Pokeno Card Game 11:00 AM Balance Exercise 01:00 PM Dog Zeke Visit 02:00 PM Candy Corn Ring Toss 02:30 PM October Humor & Coffee	<b>18</b> 10:30 AM Bible Study with Pastor Dave- Great Room 01:00 PM Visit with Volunteer Bob 02:15 PM Group Halloween Crossword & Coffee 02:45 PM Walking To Music	<b>19</b> 09:00 AM Manicures & Music 01:00 PM Monthly Birthday Celebration with Cupcake & Beverage 02:00 PM Birthday Celebration Accordion Entertainment with George- AL Dining Room 03:30 PM Arthritis Exercise 04:00 PM Dog Nellie Visit	<b>20</b> 02:00 PM Coffee and Chat	<b>21</b> 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn
<b>22</b> 09:30 AM Church on TV 01:00 PM Visit with Volunteer Katye 02:00 PM Coffee & Chat	<b>23</b> 10:00 AM Devotions 10:30 AM Hymn Sing Along 11:00 AM Rowing Fitness Exercise 01:00 PM Bingo 02:15 PM Apple Placemat Art	<b>24</b> 10:00 AM Scrabble Game 11:00 AM Music & Motion Chair Exercise 01:00 PM Dog Zeke Visit 02:00 PM Balloon Swat 02:30 PM Pumpkin Patch Reminisce & Coffee	<b>25</b> 10:30 AM Bible Study with Pastor Dave- Great Room 01:00 PM Visit with Volunteer Bob 02:00 PM Trivia & Coffee 02:30 PM This Week in History	<b>26</b> 09:30 AM Craft 10:30 AM Seed Harvesting 01:00 PM Card Game with Betty 02:00 PM Coffee & Chat	<b>27</b> 02:00 PM Coffee and Chat	<b>28</b> 02:00 PM Coffee and Chat 06:00 PM Movie of Choice & Popcorn
<b>29</b> 09:30 AM Church on TV 02:00 PM Coffee & Chat	<b>30</b> 10:00 AM Devotions 10:30 AM Hymn Sing Along 11:00 AM Tai Chi Exercise 01:00 PM Witch Bingo 02:15 PM Harvest Crossword	<b>31</b> 09:30 AM Halloween Riddles 10:00 AM Pumpkin Game 10:30 AM Halloween Word Find 11:00 AM Monster Mash Exercise 02:00 PM Halloween Party/Entertainment with Ralph				