

Sunday

Monday

Tuesday

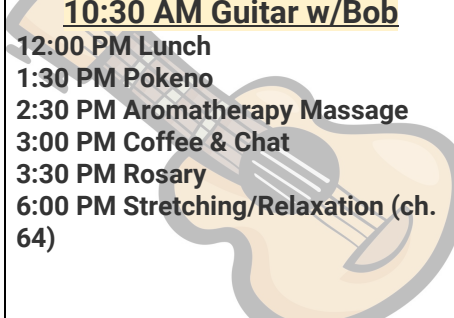
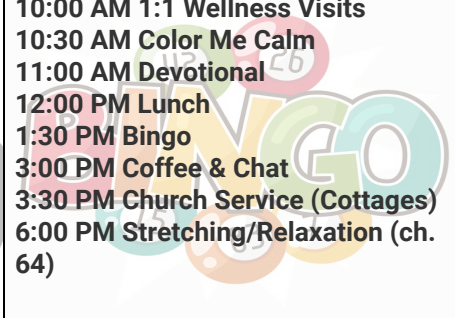
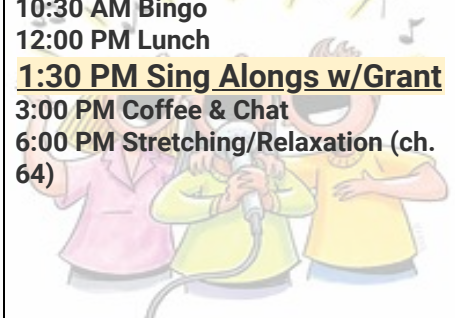
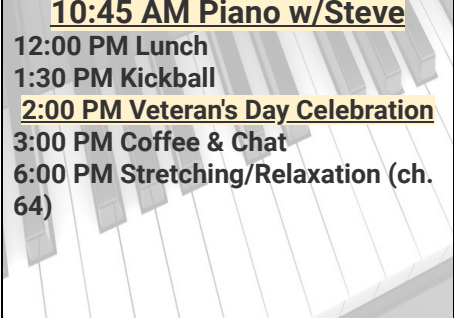

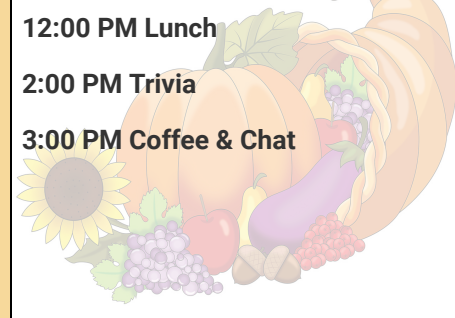
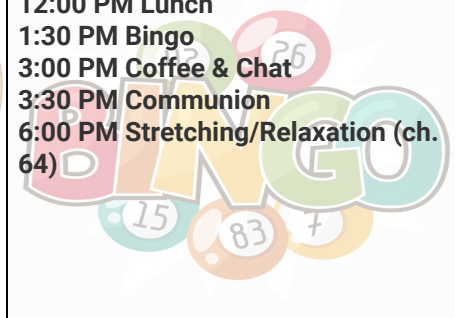
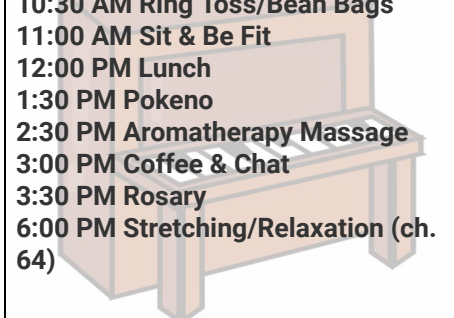
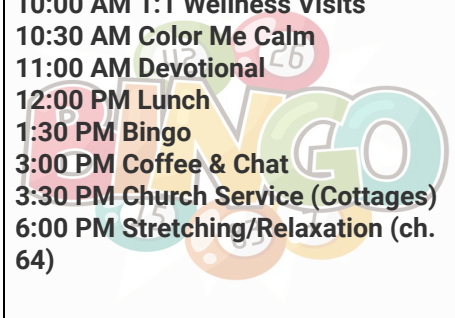
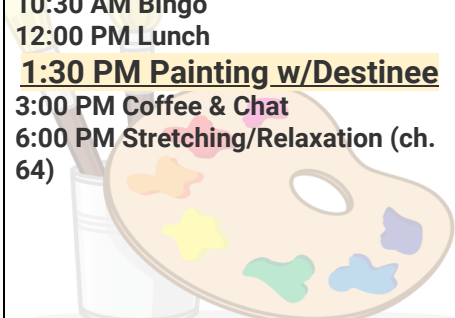
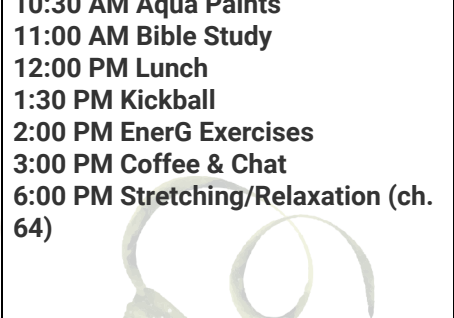
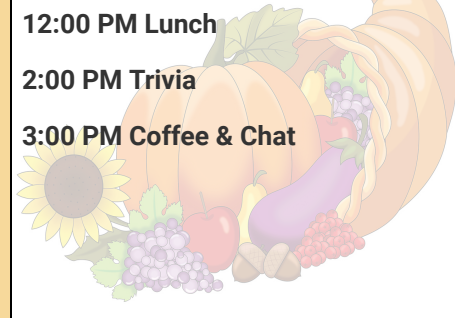
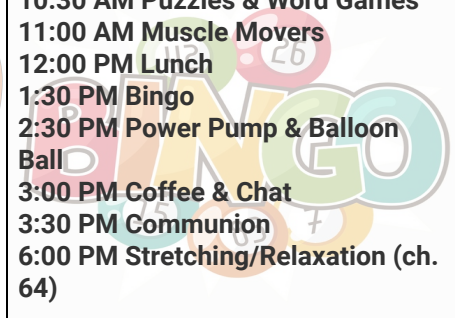
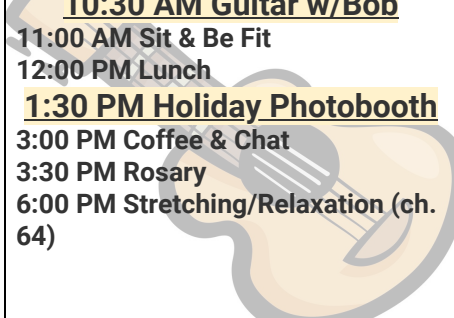
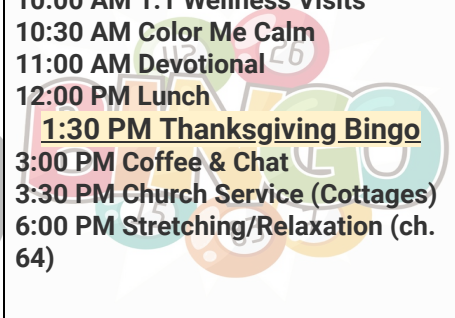

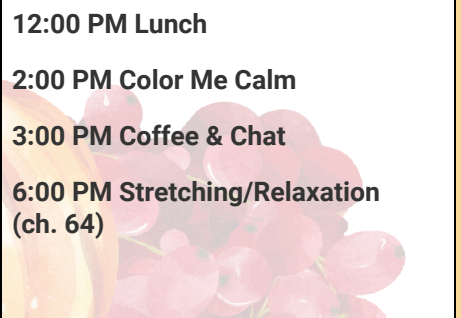
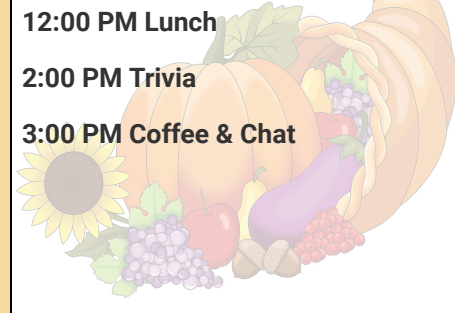
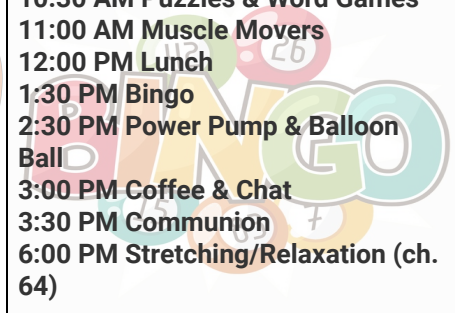
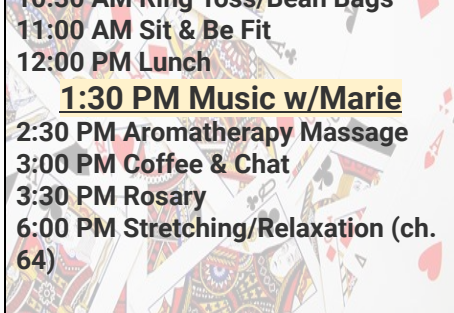
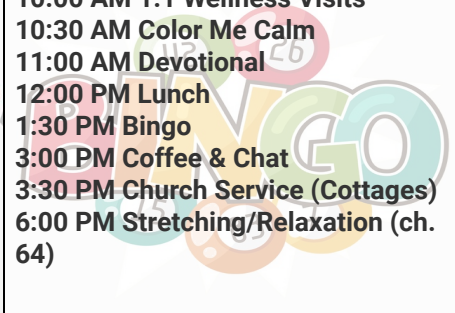

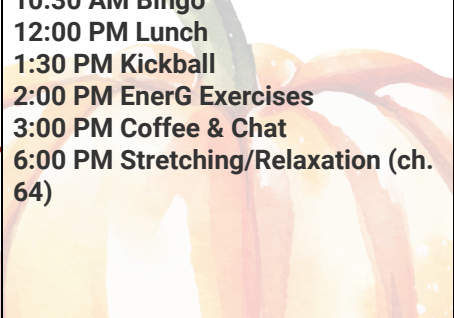
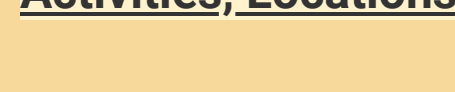
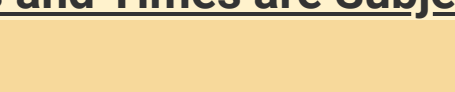
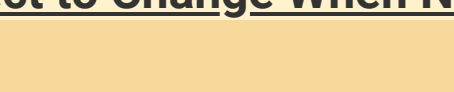



Wednesday

Thursday

Friday

Saturday

# November 2023

<p>10:00 AM Worship Service (ch. 64) 5</p> <p>12:00 PM Lunch</p> <p>2:00 PM Trivia</p> <p>3:00 PM Coffee &amp; Chat</p> 	<p>10:00 AM 1:1 Wellness Visits 6</p> <p>10:30 AM Puzzles &amp; Word Games</p> <p>11:00 AM Muscle Movers</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>2:30 PM Power Pump &amp; Balloon Ball</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Communion</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 7</p> <p><u>10:30 AM Guitar w/Bob</u></p> <p>12:00 PM Lunch</p> <p>1:30 PM Pokeno</p> <p>2:30 PM Aromatherapy Massage</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Rosary</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM Worship Service (ch 64) 8</p> <p>10:00 AM 1:1 Wellness Visits</p> <p>10:30 AM Color Me Calm</p> <p>11:00 AM Devotional</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Church Service (Cottages)</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 2</p> <p>10:30 AM Bingo</p> <p>12:00 PM Lunch</p> <p><u>1:30 PM Elvis Performance</u></p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 3</p> <p><u>10:45 AM Piano w/Steve</u></p> <p>12:00 PM Lunch</p> <p>1:30 PM Kickball</p> <p>2:00 PM EnerG Exercises</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>11:00 AM EnerG Exercises (ch. 64) 4</p> <p>12:00 PM Lunch</p> <p>2:00 PM Color Me Calm</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 
<p>10:00 AM Worship Service (ch. 64) 5</p> <p>12:00 PM Lunch</p> <p>2:00 PM Trivia</p> <p>3:00 PM Coffee &amp; Chat</p> 	<p>10:00 AM 1:1 Wellness Visits 6</p> <p>10:30 AM Puzzles &amp; Word Games</p> <p>11:00 AM Muscle Movers</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>2:30 PM Power Pump &amp; Balloon Ball</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Communion</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 7</p> <p><u>10:30 AM Guitar w/Bob</u></p> <p>12:00 PM Lunch</p> <p>1:30 PM Pokeno</p> <p>2:30 PM Aromatherapy Massage</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Rosary</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM Worship Service (ch 64) 8</p> <p>10:00 AM 1:1 Wellness Visits</p> <p>10:30 AM Color Me Calm</p> <p>11:00 AM Devotional</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Church Service (Cottages)</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 9</p> <p>10:30 AM Bingo</p> <p>12:00 PM Lunch</p> <p><u>1:30 PM Sing Alongs w/Grant</u></p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 10</p> <p><u>10:45 AM Piano w/Steve</u></p> <p>12:00 PM Lunch</p> <p>1:30 PM Kickball</p> <p><u>2:00 PM Veteran's Day Celebration</u></p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>11:00 AM EnerG Exercises (ch. 64) 11</p> <p>12:00 PM Lunch</p> <p>2:00 PM Color Me Calm</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> <p>Veterans Day</p> 
<p>10:00 AM Worship Service (ch. 64) 12</p> <p>12:00 PM Lunch</p> <p>2:00 PM Trivia</p> <p>3:00 PM Coffee &amp; Chat</p> 	<p>10:00 AM 1:1 Wellness Visits 13</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Communion</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 14</p> <p>10:30 AM Ring Toss/Bean Bags</p> <p>11:00 AM Sit &amp; Be Fit</p> <p>12:00 PM Lunch</p> <p>1:30 PM Pokeno</p> <p>2:30 PM Aromatherapy Massage</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Rosary</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM Worship Service (ch 64) 15</p> <p>10:00 AM 1:1 Wellness Visits</p> <p>10:30 AM Color Me Calm</p> <p>11:00 AM Devotional</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Church Service (Cottages)</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 16</p> <p>10:30 AM Bingo</p> <p>12:00 PM Lunch</p> <p><u>1:30 PM Painting w/Destinee</u></p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 17</p> <p>10:30 AM Aqua Paints</p> <p>11:00 AM Bible Study</p> <p>12:00 PM Lunch</p> <p>1:30 PM Kickball</p> <p>2:00 PM EnerG Exercises</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>11:00 AM EnerG Exercises (ch. 64) 18</p> <p>12:00 PM Lunch</p> <p>2:00 PM Color Me Calm</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 
<p>10:00 AM Worship Service (ch. 64) 19</p> <p>12:00 PM Lunch</p> <p>2:00 PM Trivia</p> <p>3:00 PM Coffee &amp; Chat</p> 	<p>10:00 AM 1:1 Wellness Visits 20</p> <p>10:30 AM Puzzles &amp; Word Games</p> <p>11:00 AM Muscle Movers</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>2:30 PM Power Pump &amp; Balloon Ball</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Communion</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 21</p> <p><u>10:30 AM Guitar w/Bob</u></p> <p>11:00 AM Sit &amp; Be Fit</p> <p>12:00 PM Lunch</p> <p><u>1:30 PM Holiday Photobooth</u></p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Rosary</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM Worship Service (ch 64) 22</p> <p>10:00 AM 1:1 Wellness Visits</p> <p>10:30 AM Color Me Calm</p> <p>11:00 AM Devotional</p> <p>12:00 PM Lunch</p> <p><u>1:30 PM Thanksgiving Bingo</u></p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Church Service (Cottages)</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>23</p> <p><b>HAPPY THANKSGIVING</b></p> 	<p>10:00 AM 1:1 Wellness Visits 24</p> <p>10:30 AM Bingo</p> <p>12:00 PM Lunch</p> <p>1:30 PM Kickball</p> <p>2:00 PM EnerG Exercises</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>11:00 AM EnerG Exercises (ch. 64) 25</p> <p>12:00 PM Lunch</p> <p>2:00 PM Color Me Calm</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 
<p>10:00 AM Worship Service (ch. 64) 26</p> <p>12:00 PM Lunch</p> <p>2:00 PM Trivia</p> <p>3:00 PM Coffee &amp; Chat</p> 	<p>10:00 AM 1:1 Wellness Visits 27</p> <p>10:30 AM Puzzles &amp; Word Games</p> <p>11:00 AM Muscle Movers</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>2:30 PM Power Pump &amp; Balloon Ball</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Communion</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 28</p> <p>10:30 AM Ring Toss/Bean Bags</p> <p>11:00 AM Sit &amp; Be Fit</p> <p>12:00 PM Lunch</p> <p><u>1:30 PM Music w/Marie</u></p> <p>2:30 PM Aromatherapy Massage</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Rosary</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM Worship Service (ch 64) 29</p> <p>10:00 AM 1:1 Wellness Visits</p> <p>10:30 AM Color Me Calm</p> <p>11:00 AM Devotional</p> <p>12:00 PM Lunch</p> <p>1:30 PM Bingo</p> <p>3:00 PM Coffee &amp; Chat</p> <p>3:30 PM Church Service (Cottages)</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 	<p>10:00 AM 1:1 Wellness Visits 30</p> <p>10:30 AM Bingo</p> <p>12:00 PM Lunch</p> <p>1:30 PM Manicures &amp; Music</p> <p>3:00 PM Coffee &amp; Chat</p> <p>6:00 PM Stretching/Relaxation (ch. 64)</p> 		

**Activities, Locations and Times are Subject to Change When Necessary.**