

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
10:00 Worship (C) 3 1:30 Coffee & Chat(O)	9:00 Walks (CT) 4 10:00 EnerG Exercises (O) 10:30 Peppermint hot chocolate cookies (CT) 1:00 Power Pump (TG) 1:30 Rosary/Mass (C) 6:00 Evening Exercises(64)	9:00 Walks (CT) 5 10:30 Pilates (CT) 1:00 Exercises (64) 1:30 Christmas special with Todd Anderson (FH) 6:00 Evening Stretch (64) 6:30 Bingo (CT)	9:00 Walks (CT) 6 10:15 Advent Service(C) 10:30 Active Games (CT) 1:00 Exercises (64) 1:30 Decorate cookies (GSA) 2:00 Bible Study (C) 2:45 Power Pump(TG) 6:00 Evening Stretch (64)	9:00 Walks (CT) 7 10:30 Kickboxing (CT) 1:00 Exercises (64) 2:00 Pokeno (CT) 6:00 Evening stretch (64) 6:30 Bingo (O) 7:00 Relaxation Music(64)	9:00 Walks (CT) 8 10:00 EnerG Exercises (O) 10:30 Indoor Games (o) 2:00 Crafts Gnomes (CT) 6:00 Evening Stretches (64) 7:00 Relaxation Music(64)	11:00 Exercises (64) 2 6:30 Bingo (GSA)
10:00 Worship (C) 10 1:30 Coffee & Chat(O)	9:00 Walks (CT) 11 10:00 EnerG Exercises (O) 10:30 Baking Christmas Fudge Brownies (CT) 1:00 Power Pump (TG) 1:30 Rosary/Mass (C) 6:00 Evening Exercises(64)	9:00 Walks (CT) 12 10:30 Pilates (CT) 1:00 Exercises (64) 2:00 Birthday Party music With Nathan N.(CT) 6:00 Evening Stretch (64) 6:30 Bingo (CT)	9:00 Walks (CT) 13 10:15 Advent Service (C) 10:30 Active Games (CT) 1:00 Exercises (64) 2:00 Bible Study (C) 6:00 Evening Stretch (64)	9:00 Walks (CT) 14 10:30 Kickboxing (CT) 1:00 Exercises (64) 2:00 Christmas Party with Santa (CT) 6:00 Evening stretch (64) 6:30 Bingo (O)	9:00 Walks (CT) 15 10:00 EnerG Exercises (O) 10:30 Indoor Games (W) 1:00 Exercises (64) 1:30 MovieDeck the Halls(CT) 6:00 Evening Stretches (64) 7:00 Relaxation Music(64)	11:00 Exercises (64) 9 6:30 Bingo (GSA)
10:00 Worship (C) 17 1:30 Coffee & Chat(O)	9:00 Walks (CT) 18 10:00 EnerG Exercises (O) 10:30 Snowball cookies CT) 1:00 Power Pump (TG) 2:00 Wright brothers Day. games & crafts (CT) 6:00 Evening Exercises(64)	9:00 Walks (CT) 19 10:30 Pilates (CT) 1:00 Exercises (64) 2:00 Music with Steve Malone (CT) 6:00 Evening Stretch (64) 6:30 Bingo (CT)	9:00 Walks (CT) 20 10:15 Advent service (C) 10:30 Active Games (CT) 1:00 Exercises (64) 1:30 Crafts: ornaments(CT) 2:00 Bible Study (C) 2:45 Power Pump(TG) 6:00 Evening Stretch (64)	9:00 Walks (CT) 21 10:30 Kickboxing (CT) 1:00 Exercises (64) 1:30 Rosary/Mass (C) 6:00 Evening stretch (64) 6:30 Bingo (O)	10:00 EnerG Exercises (O) 22 1:00 Exercises (64) 6:00 Evening Stretches (64) 7:00 Relaxation Music(64)	11:00 Exercises (64) 23 6:30 Bingo (GSA)
10:00 Worship (C) 24 1:30 Coffee & Chat(O)	10:00 Worship (C) 25 Merry Christmas Christmas	1:00 Exercises (64) 26 2:00 Cribbage, Yahtzee, 500, etc.(CT) 6:00 Evening Stretch (64) 6:30 Bingo (CT)	9:00 Walks (CT) 27 10:30 Active Games (CT) 1:00 Exercises (64) 1:30 Piano Music W/ Ronan 2:00 Bible Study (C) 2:45 Power Pump(TG) 6:00 Evening Stretch (64)	1:00 Exercises (64) 28 2:00 Pokeno (O) 1:30 Rosary/Mass (C) 6:00 Evening stretch (64) 6:30 Bingo (O)	9:00 Walks (CT) 29 10:00 EnerG Exercises (O) 10:30 Indoor Games () 1:00 Exercises (64) 2:00 New Years Eve Party Music Gig Noonan (CT) 6:00 Evening Stretches (64)	11:00 Exercises (64) 30 6:30 Bingo (GSA)
10:00 Worship (C) 31 1:30 Coffee & Chat(O) New Year's Eve						