




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<div>Happy New Year!</div> <div>New Year's Day</div> <div>1</div>	<div>9:00 Walks (CT)</div> <div>10:30 Pilates (CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Music with Charlie Roth (CT)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>2</div>	<div>9:00 Walks(CT)</div> <div>10:30 Active Games(CT)</div> <div>1:00 Exercises (64)</div> <div>1:30 Coffee & Chats(GSA)</div> <div>2:00 Bible Study (C)</div> <div>2:45 Power Pump (TG)</div> <div>6:00 Evening Stretch (64)</div> <div>7:00 Relaxation Music(64)</div> <div>3</div>	<div>9:00 Walks (CT)</div> <div>10:30 Kickboxing(CT)</div> <div>1:00 Exercises (64)</div> <div>1:30 Rosary/Communion (C)</div> <div>6:00 Evening Stretches(64)</div> <div>6:30 Bingo (CT)</div> <div>4</div>	<div>9:00 Walks (CT)</div> <div>10:30 Active Games (W)</div> <div>1:00 Exercises (64)</div> <div>1:30 Movie: Big</div> <div>6:00 Evening Stretches (64)</div> <div>7:00 Relaxation Music(64)</div> <div>5</div>	<div>11:00 Exercises (64)</div> <div>6:30 Bingo (GSA)</div> <div>6</div>	
	<div>10:00 Worship (C)</div> <div>1:30 Coffee & Chat (O)</div> <div>7</div>	<div>9:00 Walks (CT)</div> <div>10:00 EnerG (O)</div> <div>10:30 Baking Norwegian cookies (CT)</div> <div>1:00 Exercises (64)</div> <div>1:00 Power Pump (TG)</div> <div>1:30 Rosary/Mass (C)</div> <div>6:00 Evening Stretch(64)</div> <div>8</div>	<div>9:00 Walks (CT)</div> <div>10:30 Pilates (CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Birthday Party Music with Jerry Fisher (CT)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>9</div>	<div>9:00 Walks(CT)</div> <div>10:30 Active Games(CT)</div> <div>2:00 Cribbage, Yahtzee, 500 (CT)</div> <div>2:00 Bible Study (C)</div> <div>2:45 Power Pump (TG)</div> <div>6:00 Evening Stretch (64)</div> <div>7:00 Relaxation Music(64)</div> <div>10</div>	<div>9:00 Walks (CT)</div> <div>10:30 Kickboxing(CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Pokeno(W)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>11</div>	<div>9:00 Walks (CT)</div> <div>10:30 Active Games (W)</div> <div>1:00 Exercises (64)</div> <div>1:30 Movie: On a wing & a Prayer (CT)</div> <div>6:00 Evening Stretch 64)</div> <div>7:00Relaxation Music (64)</div> <div>12</div>	<div>11:00 Exercises (64)</div> <div>6:30 Bingo (GSA)</div> <div>13</div>
	<div>10:00 Worship (C)</div> <div>1:30 Coffee & Chat (O)</div> <div>14</div>	<div>9:00 Walks (CT)</div> <div>10:00 EnerG (O)</div> <div>10:30 Baking Overnight Oats (CT)</div> <div>1:00 Exercises (64)</div> <div>1:00 Power Pump (TG)</div> <div>1:30 Rosary/Mass (C)</div> <div>6:00 Evening Stretch(64)</div> <div>15</div>	<div>9:00 Walks (CT)</div> <div>10:30 Pilates (CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Cribbage, 500, Yahtzee (CT)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>16</div>	<div>9:00 Walks(CT)</div> <div>10:30 Active Games(CT)</div> <div>1:00 Exercises (64)</div> <div>1:30 Craft hour (CT)</div> <div>2:00 Bible Study (C)</div> <div>2:45 Power Pump (TG)</div> <div>6:00 Evening Stretch (64)</div> <div>7:00 Relaxation Music(64)</div> <div>17</div>	<div>9:00 Walks (CT)</div> <div>10:30 Kickboxing(CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Pokeno (O)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>18</div>	<div>9:00 Walks (CT)</div> <div>10:30 Active Games (W)</div> <div>1:00 Exercises (64)</div> <div>1:30 Movie: The day after tomorrow (CT)</div> <div>6:00Evening Stretch 64)</div> <div>7:00 Relaxation Music(64)</div> <div>19</div>	<div>11:00 Exercises (64)</div> <div>6:30 Bingo (GSA)</div> <div>20</div>
	<div>10:00 Worship (C)</div> <div>1:30 Coffee & Chat (O)</div> <div>21</div>	<div>9:00 Walks (CT)</div> <div>10:00 EnerG (O)</div> <div>10:30 Baking Burrito bowl (CT)</div> <div>1:00 Exercises (64)</div> <div>1:00 Power Pump (TG)</div> <div>1:30 Rosary/Mass (C)</div> <div>6:00 Evening Stretch(64)</div> <div>22</div>	<div>9:00 Walks (CT)</div> <div>10:30 Pilates(CT)</div> <div>2:00 Music with Nathan Neuman (CT)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>23</div>	<div>9:00 Walks(CT)</div> <div>10:30 Active Games(CT)</div> <div>2:00 Cribbage, Yahtzee, 500 (CT)</div> <div>2:00 Bible Study (C)</div> <div>2:45 Power Pump (TG)</div> <div>6:00 Evening Stretch (64)</div> <div>7:00 Relaxation Music(64)</div> <div>24</div>	<div>9:00 Walks (CT)</div> <div>10:30 Kickboxing(CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Pokeno (GSA)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>25</div>	<div>9:00 Walks (CT)</div> <div>10:30 Active Games (W)</div> <div>1:00 Exercises (64)</div> <div>2:00 Music with Gig Noonan (CT)</div> <div>6:00 Evening Stretches(64</div> <div>7:00 Relaxation Music (64)</div> <div>26</div>	<div>11:00 Exercises (64)</div> <div>6:30 Bingo (GSA)</div> <div>27</div>
	<div>10:00 Worship (C)</div> <div>1:30 Coffee & Chat (O)</div> <div>28</div>	<div>9:00 Walks (CT)</div> <div>10:00 EnerG (O)</div> <div>10:30 Baking Wild Rice Pilaf(CT)</div> <div>1:00 Exercises (64)</div> <div>1:00 Power Pump (TG)</div> <div>1:30 Rosary/Mass (C)</div> <div>6:00 Evening Stretch(64)</div> <div>29</div>	<div>9:00 Walks (CT)</div> <div>10:30 Pilates (CT)</div> <div>1:00 Exercises (64)</div> <div>2:00 Cribbage, Yahtzee, 500(CT)</div> <div>6:00 Evening Stretches (64)</div> <div>6:30 Bingo (CT)</div> <div>30</div>	<div>9:00 Walks(CT)</div> <div>10:30 Active Games(CT)</div> <div>1:00 Exercises (64)</div> <div>1:30 Remember When (CT)</div> <div>2:00 Bible Study (C)</div> <div>2:45 Power Pump (TG)</div> <div>6:00 Evening Stretch (64)</div> <div>7:00 Relaxation Music(64)</div> <div>31</div>	<div><div>JANUARY 2024</div></div>		