



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p>ML=Memory Lane</p>	1 9:30 Sit & Get Fit (Event Center) 10:15 New Years Fill In (Event Center) 11:30 Ball Toss (ML) 2:00 Concentration (Event Center) <small>New Year's Day</small>	2 9:00 Spa Manicures (Event Center) 11:30 Exercises (ML) 2:00 Music with Mike & Mary (Event Center) 3:15 Art Club [adult coloring] (ML) 4:00 Snack & Chat (ML)	3 9:45 Exercises (ML) 10:30 Devotional (ML) 11:30 Trivia (ML) 2:15 Bean Bag Tournament (ML) 3:30 Rosary (Theater) 4:00 Snack & Chat (ML)	4 9:45 Exercises (ML) 10:30 Brain Games (ML) 11:30 Short Story (ML) 1:30 Rosary (Chapel/Ch 64) 2:00 Catholic Communion Service (Chapel/Ch 64) 3:00 Happy Hour (Event Center)	5 9:45 Music & Movement (ML) 10:30 Brain Games (ML) 11:30 Parachute (ML) 2:00 Bingo (Event Center) 4:00 Snack & Chat (ML)	6 10:00 EnerG Exercises (Event Center) 10:30 Bible Trivia Game (Event Center) 11:30 Ball Toss (ML) 2:00 Movie Matinee (Theater) Happy Feet PG 108 minutes	
	7 10:00 Worship Service (Chapel or Ch 64) 11:00 Sunday Mass (Ch 45) 11:30 Exercises (ML) 2:00 Board Game/Checkers (Event Center)	8 9:45 Exercises (ML) 10:30 Trivia (ML) 11:30 Ball Toss (ML) 1:30 Rosary (Chapel/Ch64) 2:00 Mass (Chapel/Ch 64) 2:30 Card Games (ML) 4:00 Snack & Chat (ML)	9 9:00 Spa Manicures & Piano Music (Event Center) 11:30 Exercises (ML) 2:30 Folding Laundry (ML) 3:15 Art Club [painted bubbles] (ML) 4:00 Snack & Chat (ML)	10 10:30 Devotional (ML) 11:30 Exercises (ML) 2:15 Cooking Club (ML) 3:30 Rosary (Theater) 4:00 Snack & Chat (ML)	11 9:45 Exercises (ML) 10:30 Brain Games (ML) 11:30 Short Story (ML) 2:00 Exercise Polka Style (Event Center) 3:00 Happy Hour (Event Center)	12 9:45 Music & Movement (ML) 10:30 Relaxation (ML) 11:30 Parachute (ML) 2:00 Bingo (Event Center) 4:00 Snack & Chat (ML)	13 10:00 EnerG Exercises (Event Center) 10:30 LCR Dice (Event Center) 11:30 Flexibility Class (ML) 2:00 Movie Matinee (Theater) The Stray PG 88 minutes
	14 10:00 Worship Service (Chapel or Ch 64) 11:00 Sunday Mass (Ch 45) 11:30 Exercises (ML) 2:00 America Says Game (Event Center)	15 9:45 Sit & Get Fit (ML) 10:30 MLK Puzzles/Trivia (ML) 11:30 Ball Toss (ML) 1:30 Rosary (Chapel/Ch 64) 2:00 Mass (Chapel/Ch 64) 2:30 Concentration (ML) 4:00 Snack & Chat (ML) <small>Martin Luther King Jr. Day</small>	16 9:00 Spa Manicures (Event Center) 11:30 Exercises (ML) 2:15 Pasta Threading (ML) 3:15 Junk Drawer Detective (ML) 4:00 Snack & Chat (ML)	17 10:30 Devotional (ML) 11:30 Exercises (ML) 2:15 Puzzles (ML) 3:30 Rosary (Theater) 4:00 Snack & Chat (ML)	18 9:45 Exercises (ML) 10:30 Brain Games (ML) 11:30 Short Story (ML) 2:00 Tango Moves (Exercise) (Event Center) 3:00 Happy Hour (Event Center)	19 9:45 Music & Movement (ML) 10:30 Brain Games (ML) 11:30 Parachute (ML) 2:00 Bingo (Event Center) 4:00 Snack & Chat (ML)	20 10:00 EnerG Exercises (Event Center) 10:30 Coffee/Chat (Event Center) 11:30 Let's Stretch (ML) 2:00 Movie Matinee (Theater) Ice Age G 91 minutes
	21 10:00 Worship Service (Chapel or Ch 64) 11:00 Sunday Mass (Ch 45) 11:30 Exercises (ML) 2:00 Would You Rather (Event Center) <small>Activity Professionals Week</small>	22 9:45 Sit & Get Fit (ML) 10:30 Trivia (ML) 11:30 Ball Toss (ML) 1:30 Rosary (Chapel/Ch 64) 2:00 Mass (Chapel/Ch 64) 2:30 Card Games (ML) 4:00 Snack & Chat (ML)	23 9:00 Spa Manicures (Event Center) 11:30 Exercises (ML) 2:15 Football/Superbowl Trivia (ML) 3:15 Art Club [Plate & Fork Stork] (ML) 4:00 Snack & Chat (ML)	24 10:30 Devotional (ML) 11:30 Exercises (ML) 2:15 Dice (ML) 3:30 Rosary (Theater) 4:00 Snack & Chat (ML) <small>Tu B'Shevat Begins</small>	25 9:45 Exercises (ML) 10:30 Brain Games (ML) 11:30 Short Story (ML) 2:00 EnerG Exercises (Event Center) 3:00 Happy Hour (Event Center)	26 9:45 Music & Movement (ML) 10:30 Brain Games (ML) 11:30 Parachute (ML) 2:00 Bingo (Event Center) 4:00 Snack & Chat (ML) <small>Australia Day (Observed)</small>	27 10:00 EnerG Exercises (Event Center) 10:30 6-5-4 Dice (Event Center) 11:30 Ball Toss (ML) 2:00 Movie Matinee (Theater) American Underdog PG 112 minutes
	28 10:00 Worship Service (Chapel or Ch 64) 11:00 Sunday Mass (Ch 45) 11:30 Exercises (ML) 2:00 Crossword Puzzles (Event Center)	29 9:45 Sit & Get Fit (ML) 10:30 Brain Games (ML) 11:30 Ball Toss (ML) 1:30 Rosary (Chapel/Ch 64) 2:00 Mass (Chapel/Ch 64) 2:30 Folding Laundry (ML) 4:00 Snack & Chat (ML)	30 9:00 Spa Manicures (Event Center) 11:30 Exercises (ML) 2:15 Craft Corner (ML) 3:15 Pair Up (ML) 4:00 Snack & Chat (ML)	31 10:30 Devotional (ML) 11:30 Exercises (ML) 2:15 Puzzles (ML) 3:30 Rosary (Theater) 4:00 Snack & Chat (ML)	 <p>January 2024 Memory Lane</p>		