


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <h1 style="margin: 0;">FEBRUARY 2024</h1>				9:00 Walks (CT) 1 10:30 Kickboxing (CT) 1:00 Exercises (64) 2:00 Pokeno (W) 6:30 Bingo (O) 7:00 Relaxation Music (64)	9:00 Walks (CT) 2 10:00 EnerG Exercise (O) 10:30 Indoor Games (W) 1:30 Movie: Groundhog Day (CT) 6:00 Evening Stretch (64) 7:00 Relaxation Music (64) <small>Groundhog Day</small>	11:00 Exercises (64) 3 6:30 Bingo (GSA)
10:00 Worship (C) 4 1:30 Coffee & Chat (O)	9:00 Walks (CT) 5 10:00 EnerG Exercise (O) 10:30 Strawberry Bruschetta (CT) 1:00 Power Pump (TG) 1:30 Rosary (C) 2:00 Mass (C) 6:00 Evening Stretch(64)	9:00 Walks (CT) 6 10:30 Pilates(CT) 1:00 Exercises(64) 2:00 Birthday Party(CT) music with Jeff Proell & Rick Lorenz (CT) 6:30 Bingo (CT)	9:00 Walks (CT) 7 10:30 Active Games (CT) 1:30 Coffee & Chat/Leap Year games (GSA) 2:00 Bible Study (C) 2:45 Power Pump (TG) 3:00 Court Tenant Meeting 6:00 Evening Stretch(64)	9:00 Walks (CT) 8 10:30 Kickboxing (CT) 1:00 Exercises (64) 2:00 Pokeno (O) 6:30 Bingo (O) 7:00 Relaxation Music (64)	9:00 Walks (CT) 9 10:30 Indoor Games (W) 1:00 Exercises (64) 1:30 Movie: True Spirit CT 6:00 Evening Stretch (64) 7:00 Relaxation Music (64)	11:00 Exercises (64) 10 6:30 Bingo (GSA) <small>Chinese New Year (Year of the Dragon)</small>
10:00 Worship (C) 11 1:30 Coffee & Chat (O)	9:00 Walks (CT) 12 10:00 EnerG Exercise (O) 10:30Cajun Deviled eggs(CT) 1:00 Power Pump (TG) 1:30 Rosary/Mass (C) 6:00 Evening Stretch(64) 7:15 Music with St. Cloud Municipal Band (C)	9:00 Walks (CT) 13 10:30 Pilates(CT) 1:00 Exercises(64) 2:00 Mardi gras Party (CT) 6:30 Bingo (CT) <small>Mardi Gras</small>	9:00 Walks (CT) 14 10:15 Lentin services(C) 10:30 Active Games (CT) 2:00 Bible Study (C) 1:30 Craft Valentine (CT) 2:45 Power Pump (TG) 6:00 Evening Stretch (64) 7:00 Relaxation Music (64)	9:00 Walks (CT) 15 10:30 Kickboxing (CT) 1:00 Exercises (64) 2:00 Pokeno (CT)Sharon K calling. 6:30 Bingo (O) 7:00 Relaxation Music (64)	9:00 Walks (CT) 16 10:00 EnerG Exercise (O) 10:30 Indoor Games (W) 1:00 Exercises (64) 2:00 Cribbage, 500, Yahtzee (CT) 7:00Relaxation Music64	11:00 Exercises (64) 17 6:30 Bingo (GSA)
10:00 Worship (C) 18 1:30 Coffee & Chat (O)	9:00 Walks (CT) 19 10:00 EnerG Exercise (O) 10:30 Martha Washington Gingerbread (CT) 1:00 Power Pump (TG) 1:30 Rosary/ Mass (C) 6:00 Evening Stretch(64)	1:00 Exercises(64) 20 2:00 Cribbage, 500, Yahtzee(CT) 6:30 Bingo (CT) 7:00 Relaxation Music (64) G	9:00 Walks (CT) 21 10:15 Lentin services(C) 10:30 Active Games (CT) 2:00 Bible Study (C) 1:30 Remember when(O) 2:45 Power Pump (TG) 6:00 Evening Stretch(64) 7:00 Relaxation Music 64	9:00 Walks (CT) 22 10:30 Kickboxing (CT) 1:00 Exercises (64) 2:00 Pokeno (GSA) 6:30 Bingo (O) 7:00Relaxation Music (64)	10:00 EnerG Exercise (O) 23 1:00 Exercises (64) 6:00 Evening Stretch (64) 7:00 Relaxation Music (64)	11:00 Exercises (64) 24 6:30 Bingo (GSA)
10:00 Worship (C) 25 1:30 Coffee & Chat (O)	10:00 EnerG Exercise (O) 26 1:00 Exercises (64) 1:30 Rosary (C) 2:00 Mass (C) 6:00 Evening Stretch(64)	1:00 Exercises(64) 27 2:00 Social Wellness Speaker (CT) 6:30 Bingo (CT) 7:15 Music with the Singing Saints (C)	10:15 Lentin services (C) 28 1:00 Exercises (64) 2:00 Bible Study (C) 2:00 Cribbage, 500, Yahtzee etc. (CT) 2:45 Power Pump (TG) 6:00 Evening Stretch(64) 7:00 Relaxation Music 64	1:00 Exercises (64) 29 2:00 Pokeno (W) 6:30 Bingo (O) 7:00 Relaxation Music (64)	