

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2024

<p>10:00 Worship (C) 5 1:30 Coffee & Chat (O)</p> <p>Cinco de Mayo</p>	<p>9:00 Walks (CT) 6 10:00 EnerG Exercises (O) 10:30 Cooks Corner (CT) 1:00 Power Pump (TG) 1:30 Rosary (C) 2:00 Mass (C)</p>	<p>8:30 Current events/News (GSA) 7 9:00 Walks (CT) 10:30 Seated Pilates(CT) 2:00 Coloring (CT) 6:30 Bingo (CT)</p>	<p>9:00 Walks (CT) 8 10:30 Active Games - (CT) 1:30 Coke Social/Birthday Party(CT) 2:00 Bible Study (C) 3:00 Power Pump (TG) 7:00 Holy Cross Senior Choir (C) Have a Coke Day!</p> <p>May Day</p>	<p>8:30 Tea and biscuits (GSA) 2 8:30 Pick up a Prayer Request(GSA) 9:00 Walks(CT) 10:30 Kickboxing (CT) 2:00- 3:00 Pokeno (O) 6:30 Bingo (O) National Prayer Day!</p>	<p>8:30 Senior Yoga (GSA) 3 9:00 Walks (CT) 10:00 EnerG exercises (O) 10:30 Active Games (W) 1:30-3:30 Movie (CT)</p>	<p>6:30 Bingo (GSA) 4</p>
<p>10:00 Worship (C) 12 1:30 Coffee & Chats (O)</p> <p>Mother's Day National Skilled Nursing Care Week</p>	<p>9:00 Junk Drawer Detective (GSA) 13 9:00 Walks (CT) 10:00 EnerG Exercises (O) 10:30 Sweet Skills (CT) 1:00 Power Pump (TG) 1:30 Rosary (C) 2:00 Mass (C) 3:00 Afternoon Stretch (GSA)</p>	<p>8:30 Morning Stretch (GSA) 14 9:00 Walks (CT) 10:30 Seated Pilates (CT) 2:30 Celebrating Life Speaker (CT) 3:30 Art Attack! (GSA) 6:30 Bingo (CT)</p>	<p>9:00 Walks (CT) 15 9:30 Brain Benders (GSA) 10:30 Active Games (CT) - Bowling 1:30 Coffee & Solve the Mystery (GSA) 2:00 Bible Study (C) 3:00 Power Pump (TG)</p>	<p>8:30 Morning Meditation 16 9:00 Walks(CT) 10:30 Kickboxing (CT) 2:00- 3:00 Pokeno (GSA) 3:15 Drive in Movie Snack and Reminisce (CT) 6:30 Bingo (O) Classic Movie Day</p>	<p>9:00 Walks (CT) 10 9:30 Travel Talks - South Dakota (GSA) 10:00 EnerG exercises (O) 10:30 Active Games (W) - Corn hole 1:30-3:30 Fishing Opener Social and Treats (CT)</p>	<p>6:30 Bingo (GSA) 11</p> <p>Fishing Opener</p>
<p>10:00 Worship (C) 19 1:30 Coffee & Chat (O)</p>	<p>8:30 Monday Motivations (GSA) 20 9:00 Walks (CT) 10:00 EnerG Exercises (O) 10:30 Cooks Corner (CT) 1:00 Power Pump (TG) 1:30 Rosary (C) 2:00 Mass (C) 2:30 Minute to Win (CT) Victoria Day (Canada)</p>	<p>8:30 Morning Stretch (GSA) 21 9:00 Walks (CT) 9:30 Memory Game (GSA) 10:30 Seated Pilates (CT) 2:00 Cribbage, 500, Yahtzee (CT) 3:30 Name That Tune(GSA) 6:30 Bingo (CT)</p>	<p>9:00 Walks (CT) 22 9:30 Solitaire/Card Games (GSA) 10:30 Active Games (CT) 1:30 Pool Tournament(GSA)2 2:00 Bible Study (C) 3:00 Power Pump (TG) National Solitaire Day</p>	<p>8:30 Tea and Trivia(GSA) 23 9:00 Walks(CT) 9:30 Gadgets and Gizmos (CT) 10:30 Kickboxing (CT) 2:00- 3:00 Pokeno (W) 3:00 Book Share (O) 6:30 Bingo (O)</p>	<p>8:30 Pick up Scavenger Hunt Challenge (CT) 24 9:00 Walks (CT) 10:00 Memorial Program (C) 1:30-3:30 Historical Movie (CT) 3:30 Scavenger Hunt results and share (CT) National Scavenger Hunt Day!</p>	<p>6:30 Bingo (GSA) 18</p> <p>Armed Forces Day</p>
<p>10:00 Worship (C) 26 1:30 Coffee & Chat (O)</p>	<p>9:00 Walks (CT) 27 10:00 EnerG Exercises (O) 1:00 Power Pump</p> <p>Memorial Day</p>	<p>8:30 Morning Stretch (GSA) 28 9:00 Walks (CT) 9:30 Brain Benders (CT) 10:30 Seated Pilates (CT) 1:30Rosary (C) 2:00 Mass(C) 2:30 Occupational Wellness Presentation (CT) 6:30 Bingo (CT)</p>	<p>9:00 Color/Paint(GSA) 29 9:00 Walks (CT) 10:30 Active Games (CT) 1:30 Remember When (CT) 2:00 Bible Study (C) 3:00 Power Pump (TG)</p>	<p>8:30 Men's Group (GSA) 30 9:00 Walks (CT) 10:30 Kickboxing (CT) 2:00- 3:00 Pokeno (O) 3:00-4:00 Creative Writing (O) 6:30 Bingo (O) National Creativity Day</p>	<p>8:30 Manicures (GSA) 31 9:00 Walks (CT) 10:00 EnerG exercises (O) 10:30 Active Games (W) 1:30Music with Gig Noonan (CT) 3:00 Frisbee Tick Tack Oh-No (CT)</p>	<p>6:30 Bingo (GSA) 25</p> <p>Apartment Calendar Key: W=West, O=Oaks, CT=Court Dining Room, GSA= High rise, FH= Fellowship Hall, TG=Therapy Gym C=Chapel</p>