

Sunday

Monday

Tuesday

Wednesday

Thursday

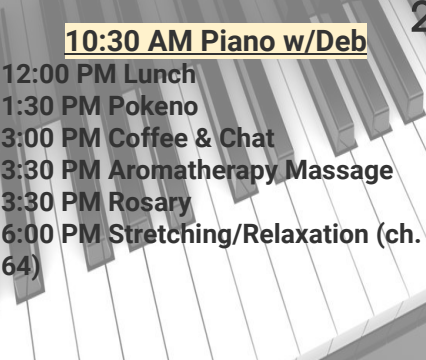
Friday

Saturday


10:00 AM Muscle Movers
10:30 AM Bean Bags/Ring Toss
12:00 PM Lunch
1:30 PM Bingo
3:00 PM Coffee & Chat
3:30 PM Communion
6:00 PM Stretching/Relaxation (ch. 64)



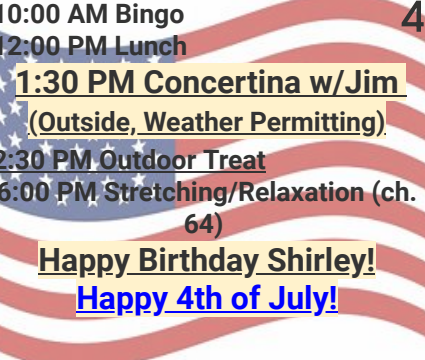
10:30 AM Piano w/Deb
12:00 PM Lunch
1:30 PM Pokeno
3:00 PM Coffee & Chat
3:30 PM Aromatherapy Massage
3:30 PM Rosary
6:00 PM Stretching/Relaxation (ch. 64)



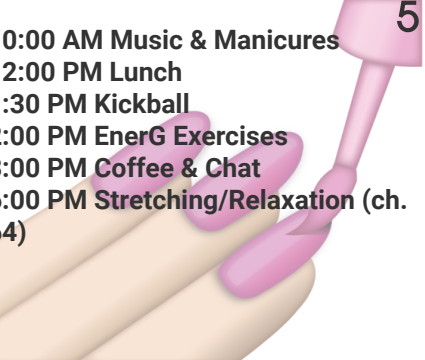
10:00 AM Worship Service (ch 64)
10:00 AM Garden Club
10:30 AM Color Me Calm
12:00 PM Lunch
1:30 PM Bingo
3:00 PM Coffee & Chat
3:30 PM Church Service (Cottages)
6:00 PM Stretching/Relaxation (ch. 64)



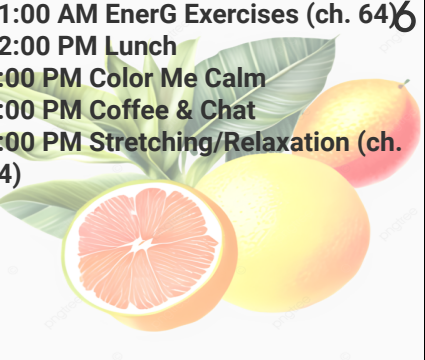
10:00 AM Bingo
12:00 PM Lunch
1:30 PM Concertina w/Jim
(Outside, Weather Permitting)
2:30 PM Outdoor Treat
6:00 PM Stretching/Relaxation (ch. 64)
Happy Birthday Shirley!
Happy 4th of July!



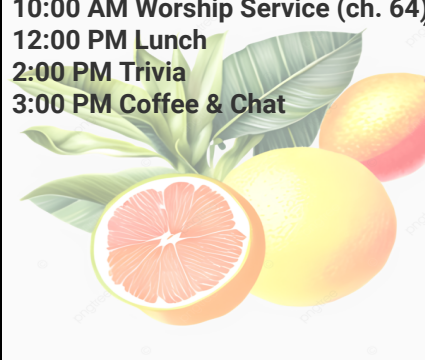
10:00 AM Music & Manicures
12:00 PM Lunch
1:30 PM Kickball
2:00 PM EnerG Exercises
3:00 PM Coffee & Chat
6:00 PM Stretching/Relaxation (ch. 64)



11:00 AM EnerG Exercises (ch. 64)
12:00 PM Lunch
2:00 PM Color Me Calm
3:00 PM Coffee & Chat
6:00 PM Stretching/Relaxation (ch. 64)




10:00 AM Worship Service (ch. 64)
12:00 PM Lunch
2:00 PM Trivia
3:00 PM Coffee & Chat



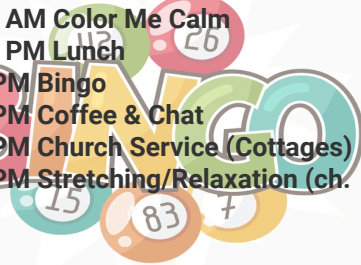
10:00 AM Muscle Movers
10:30 AM Wacky Wordies
12:00 PM Lunch
1:30 PM Bingo
3:00 PM Coffee & Chat
3:30 PM Communion
6:00 PM Stretching/Relaxation (ch. 64)



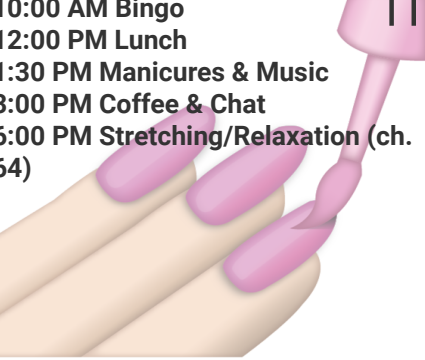
9:15 AM Music w/Mike V.
10:30 AM Morning Stretches
12:00 PM Lunch
1:30 PM Pokeno
3:00 PM Coffee & Chat
3:30 PM Aromatherapy Massage
3:30 PM Rosary
6:00 PM Stretching/Relaxation (ch. 64)



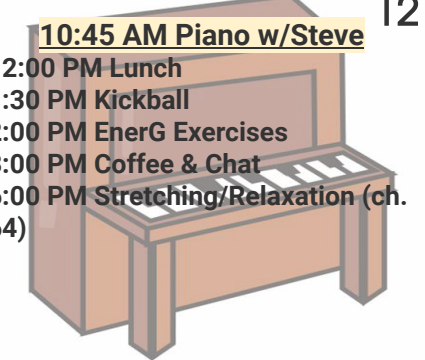
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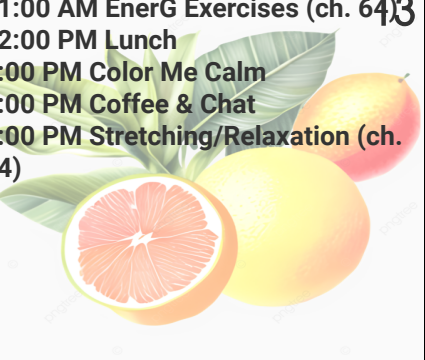
10:00 AM Bingo
12:00 PM Lunch
1:30 PM Manicures & Music
3:00 PM Coffee & Chat
6:00 PM Stretching/Relaxation (ch. 64)



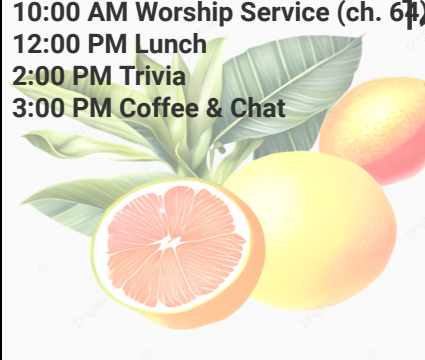
10:45 AM Piano w/Steve
12:00 PM Lunch
1:30 PM Kickball
2:00 PM EnerG Exercises
3:00 PM Coffee & Chat
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11:00 AM EnerG Exercises (ch. 64)
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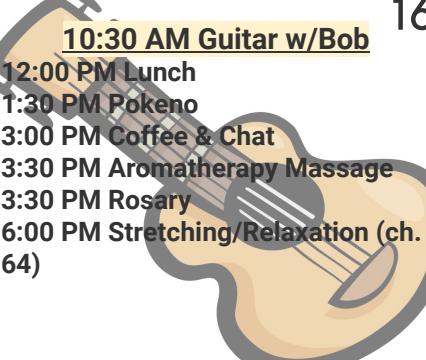
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12:00 PM Lunch
2:00 PM Trivia
3:00 PM Coffee & Chat



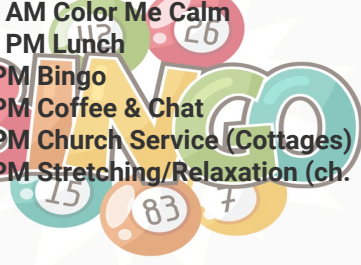
12:00 PM Lunch
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10:30 AM Guitar w/Bob
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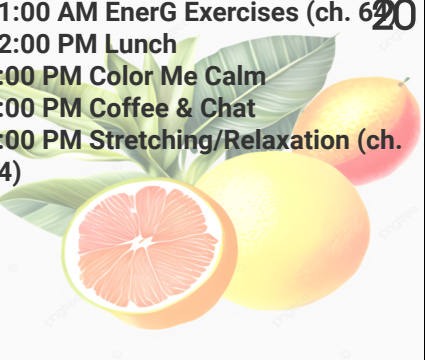
10:00 AM Bingo
12:00 PM Lunch
1:30 PM Sing Alongs w/Grant
3:00 PM Coffee & Chat
6:00 PM Stretching/Relaxation (ch. 64)



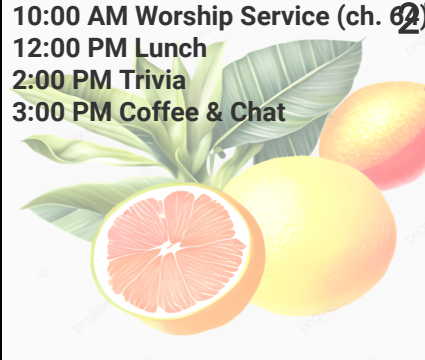
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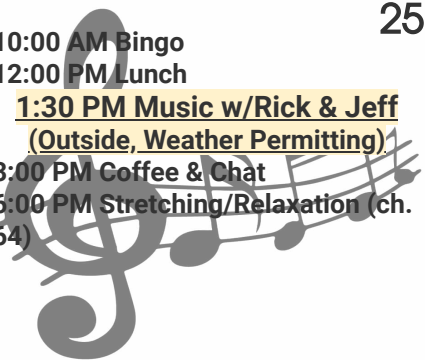
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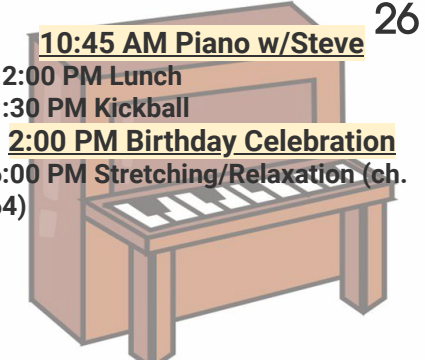
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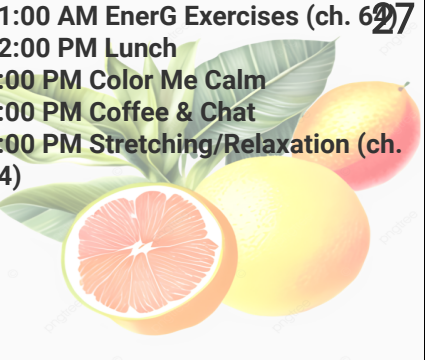
10:00 AM Bingo
12:00 PM Lunch
1:30 PM Music w/Rick & Jeff
(Outside, Weather Permitting)
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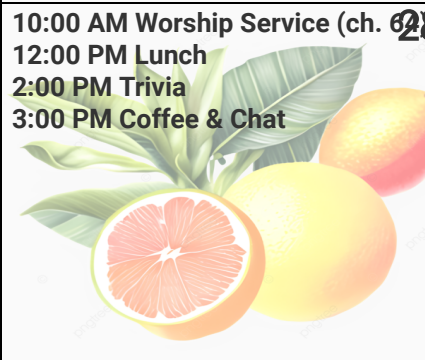
10:45 AM Piano w/Steve
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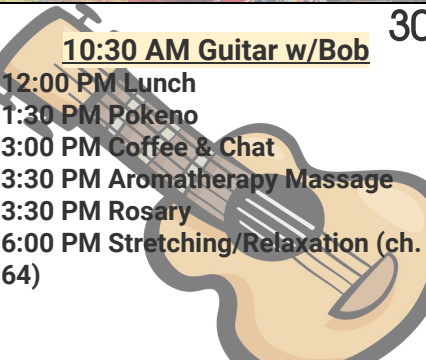
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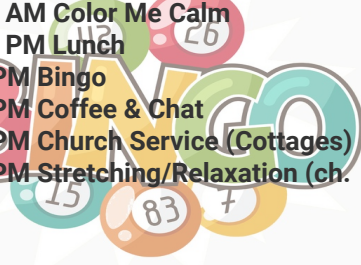
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July 2024

Activities, Locations and Times are Subject to Change When Necessary.