

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

August 2024

Good Shepherd Apartments

				<p>9:00 Walking Club -CT 10:00-1:00 Produce Stand (Oaks Parking Lot) 10:30 Kickboxing-CT 1:15 Total Body Toning -GSA 2:00 Pokeno-GSA 6:30 Bingo-O</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Horse Racing-GSA 10:30 10,000 Dice with Lori-W 1:00 Balance Boosting-CT</p>	<p>Bird Watching-GSA (Grab an official entry form from the dining room. When you spot the Pine Siskin bird, in a common area, fill out the entry form and place it in the box to be entered in a drawing. Shh don't tell where you saw it) 6:30 Bingo-GSA</p>
<p>10:00 Worship Service (Chapel) 1:30 Coffee & Chat-O 5:00 Bird Watching Entries due-GSA</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Card Club-CT 1:00 Power Pump-TG 1:30 Rosary -C 2:00 Mass-C 2:30 Ladder Golf-GSA</p>	<p>9:00 Walking Club -CT 10:00 Dice Games-GSA 10:30 Pilates-CT 2:00 Birthday Party with Mike Scholz-CT 6:30 Bingo-CT</p>	<p>9:00 Walking Club -CT 9:30 Farkle -GSA 10:30 Chair Cardio-CT 1:30 Coffee & Chat-GSA 2:00 Bible Study-C 3:00 Power Pump-TG</p>	<p>9:00 Walking Club -CT 9:30 Book Club-GSA 10:00-1:00 Produce Stand (Oaks Parking Lot) 10:30 Kickboxing-CT 1:15 Total Body Toning -GSA 2:00 Pokeno-CT 6:30 Bingo-O</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Floor Dice-GSA 10:30 Left Right Center Dice Game -W 1:00 Balance Boosting-CT 2:00 Movie Matinee-CT Here Comes the Boom PG 105 min</p>	<p>Bird Watching-W (Grab an official entry form from the community room. When you spot the Pine Siskin bird, in a common area, fill out the entry form and place it in the box to be entered in a drawing. Shh don't tell where you saw it) 6:30 Bingo-GSA</p>
<p>10:00 Worship Service (Chapel) 1:30 Coffee & Chat-O 5:00 Bird Watching Entries due-W</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Cooks Corner (Overnight Oats)-CT 1:00 Power Pump-TG 1:30 Rosary -C 2:00 Mass-C 2:30 Lawn Darts -GSA</p>	<p>9:00 Walking Club -CT 10:00 Tenant Council Mtg-Shepherd Oak Dining Room 10:30 Pilates-CT 1:30 Music with Jerry Fisher -CT 6:30 Bingo-CT</p>	<p>9:00 Walking Club -CT 9:30 Craft Corner-CT 10:30 Chair Cardio-CT 1:00 GSA Tenant Mtg-GSA 2:00 Bible Study-C 3:00 Power Pump-TG 3:30 Creative Writing-O</p>	<p>9:00 Walking Club -CT 9:30 Creative Writing-GSA 10:00-1:00 Produce Stand (Oaks Parking Lot) 10:30 Kickboxing-CT 1:15 Total Body Toning -GSA 2:00 Pokeno-W 6:30 Bingo-O</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Left Right Center Dice Game -GSA 10:30 Knowledge Bowl-W 1:00 Balance Boosting-CT 2:00 Wii Games-CT</p>	<p>Bird Watching-CT (Grab an official entry form from the dining room. When you spot the Pine Siskin bird, in a common area, fill out the entry form and place it in the box to be entered in a drawing. Shh don't tell where you saw it) 6:30 Bingo-GSA</p>
<p>10:00 Worship Service (Chapel) 1:30 Coffee & Chat-O 5:00 Bird Watching Entries due-CT</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Card Club-GSA 1:00 Power Pump-TG 1:30 Rosary -C 2:00 Mass-C 2:30 Axe Throwing -GSA</p>	<p>9:00 Walking Club -CT 10:00 Craft Corner-GSA 10:30 Pilates-CT 1:30 Sing-along with Cyndi-CT 6:30 Bingo-CT</p>	<p>9:00 Walking Club -CT 9:30 Knowledge Bowl-GSA 10:30 Chair Cardio-CT 1:30 Coffee & Chat-GSA 2:00 Bible Study-C 3:00 Power Pump-TG</p>	<p>9:00 Walking Club -CT 9:30 Basketball Pong-GSA 10:00-1:00 Produce Stand (Oaks Parking Lot) 10:30 Kickboxing-CT 1:15 Total Body Toning -GSA 2:00 Pokeno-O 6:30 Bingo-O</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Skip-bo-GSA 10:30 Ladder Golf -W 1:00 Balance Boosting-CT 2:00 Wood Working Craft</p>	<p>Bird Watching-O (Grab an official entry form from the dining room. When you spot the Pine Siskin bird, in a common area, fill out the entry form and place it in the box to be entered in a drawing. Shh don't tell where you saw it) 6:30 Bingo-GSA</p>
<p>10:00 Worship Service (Chapel) 1:30 Coffee & Chat-O 5:00 Bird Watching Entries due-O</p>	<p>9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Cooks Corner (Italian Chopped Salad for 1)-CT 1:00 Power Pump-TG 1:30 Rosary -C 2:00 Mass-C 2:30 Bean Bags-GSA</p>	<p>9:00 Walking Club -CT 10:00 Phase 10-GSA 10:30 Pilates-CT 2:00 Wellness in Executive Function Presentation-CT 6:30 Bingo-CT</p>	<p>9:00 Walking Club -CT 9:30 Left Right Center Dice Game -CT 10:30 Chair Cardio-CT 1:30 Coffee & Chat-GSA 2:00 Friends & Harmony-C 3:00 Power Pump-TG</p>	<p>9:00 Walking Club -CT 9:30 Scat Cards-GSA 10:00-1:00 Produce Stand (Oaks Parking Lot) 10:30 Kickboxing-CT 1:15 Total Body Toning -GSA 2:00 Pokeno-GSA 6:30 Bingo-O</p>	<p>State Fair Day 9:00 Walking Club -CT 10:00 EnerG Exercises-O 10:30 Ring Toss-GSA 10:30 Axe Throwing -W 1:00 Fair Games-CT 2:00 Music with Gig Noonan & fair food-CT</p>	<p>6:30 Bingo-GSA</p>

GSA=Good Shepherd Apartments Dining Room, CT=Court Dining Room, O=Oaks Dining Room, W=West Community Room, C=Chapel, TG=Therapy Gym