

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<h1 style="text-align: center;">October</h1> <p style="text-align: center;">Good Shepherd Nursing Home Activities</p>	<h1 style="text-align: center;">2024</h1>	<p style="text-align: right;">1</p> <p>9:00 Spa Manicures (Event Center)</p> <p>2:00 Bowling (Event Center)</p> <p>3:15 EnerG Exercises (Event Center)</p>	<p style="text-align: right;">2</p> <p>9:30 Balance Class w/ Jeff (Event Center)</p> <p>10:00 Bible Study (Event Center)</p> <p>2:00 Oreo Cookie Taste Off (Event Center)</p> <p>3:30 Rosary (Theater) <small>Rosh Hashanah Begins</small></p>	<p style="text-align: right;">3</p> <p>9:30 EnerG Exercise (Theater)</p> <p>10:15 Book Club (Theater)</p> <p>2:00 6-5-4 Dice (Event Center)</p> <p>3:00 Happy Hour (Event Center)</p>	<p style="text-align: right;">4</p> <p style="text-align: center;">😊 World Smile Day 😊</p> <p>9:30 Music & Movement (Event Center)</p> <p>10:15 Craft Corner (Event Center)</p> <p>2:00 Bingo (Event Center)</p>	<p style="text-align: right;">5</p> <p>10:00 EnerG Exercises (Event Center)</p> <p>10:30 10 Clue What is it? (Event Center)</p> <p>2:00 Movie Matinee (Theater) 50 First Dates PG-13 99min</p>
<p style="text-align: right;">6</p> <p>10:00 Worship (Chapel or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>2:00 Family Feud (Event Center)</p>	<p style="text-align: right;">7</p> <p>9:30 Sit & Get Fit (Event Center)</p> <p>10:15 Mind Benders (Event Center)</p> <p>1:30 Rosary (Chapel or Ch 64)</p> <p>2:00 Mass (Chapel or Ch 64)</p> <p>2:30 Pokeno (Event Center)</p>	<p style="text-align: right;">8</p> <p>9:00 Spa Manicures (Event Center)</p> <p>2:00 Sing along (Event Center)</p> <p>3:15 EnerG Exercises (Event Center)</p>	<p style="text-align: right;">9</p> <p>9:30 Balance Class w/ Jeff (Event Center)</p> <p>10:00 Bible Study (Event Center)</p> <p>2:00 Pie Social (Event Center)</p> <p>3:30 Rosary (Theater)</p>	<p style="text-align: right;">10</p> <p>9:30 EnerG Exercise (Event Center)</p> <p>10:15 Bean Bag Tournament (Event Center)</p> <p>2:00 Current Events (Event Center)</p> <p>3:00 Happy Hour (Event Center)</p>	<p style="text-align: right;">11</p> <p>9:30 Music & Movement (Event Center)</p> <p>10:15 Coffee & Rolls (Event Center)</p> <p>2:00 Bingo (Event Center) <small>Yom Kippur Begins</small></p>	<p style="text-align: right;">12</p> <p>10:00 EnerG Exercises (Event Center)</p> <p>10:30 Uno Cards (Event Center)</p> <p>2:00 Movie Matinee (Theater) Pretty in Pink PG-13 96 min</p>
<p style="text-align: right;">13</p> <p>10:00 Worship (Chapel or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>2:00 Wheel of Fortune (Event Center)</p>	<p style="text-align: right;">14</p> <p>9:30 Sit & Get Fit (Event Center)</p> <p>10:15 Relaxation/Meditation (Event Center)</p> <p>1:30 Rosary (Chapel or Ch 64)</p> <p>2:00 Mass (Chapel or Ch 64)</p> <p>2:30 Cover the Number Dice (Event Center) <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p style="text-align: right;">15</p> <p>9:00 Spa Manicures (Event Center)</p> <p>2:00 Horse Racing (Event Center)</p> <p>3:15 EnerG Exercises (Event Center)</p>	<p style="text-align: right;">16</p> <p>9:30 Balance Class w/ Jeff (Event Center)</p> <p>10:00 Bible Study (Event Center)</p> <p>2:00 Music with Mike & Mary (Event Center)</p> <p>3:30 Rosary (Theater) <small>Sukkot Begins</small></p>	<p style="text-align: right;">17</p> <p>10:00 General Election Voting (Event Center)</p> <p>2:00 EnerG Exercises (Event Center)</p> <p>3:00 Happy Hour (Event Center)</p>	<p style="text-align: right;">18</p> <p>9:30 Music & Movement (Event Center)</p> <p>10:15 Craft Corner (Event Center)</p> <p>2:00 Bingo (Event Center)</p>	<p style="text-align: right;">19</p> <p>10:00 EnerG Exercises (Event Center)</p> <p>10:30 Name that Country Artist (Event Center)</p> <p>2:00 Movie Matinee (Theater) 27 Dresses PG-13 111 min</p>
<p style="text-align: right;">20</p> <p>10:00 Worship (Chapel or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>2:00 Floor Dice (Event Center)</p>	<p style="text-align: right;">21</p> <p>9:30 Sit & Get Fit (Event Center)</p> <p>10:15 Mind Benders (Event Center)</p> <p>1:30 Rosary (Chapel or Ch 64)</p> <p>2:00 Mass (Chapel or Ch 64)</p>	<p style="text-align: right;">22</p> <p>9:00 Spa Manicures (Event Center)</p> <p>2:00 Bowling (Event Center)</p> <p>3:15 EnerG Exercises (Event Center)</p>	<p style="text-align: right;">23</p> <p>9:30 Balance Class w/ Jeff (Event Center)</p> <p>10:00 Bible Study (Event Center)</p> <p>2:00 Interactive Jeopardy (Event Center)</p> <p>3:30 Rosary (Theater)</p>	<p style="text-align: right;">24</p> <p>9:30 EnerG Exercise (Event Center)</p> <p>10:15 Dice Games (Event Center)</p> <p>2:00 Apple taste test (Event Center)</p> <p>3:00 Happy Hour (Event Center) <small>Simchat Torah Begins</small></p>	<p style="text-align: right;">25</p> <p>9:30 Music & Movement (Event Center)</p> <p>10:15 Music with Marion Grossman (Event Center)</p> <p>2:00 Bingo (Event Center)</p>	<p style="text-align: right;">26</p> <p>10:00 EnerG Exercises (Event Center)</p> <p>10:30 History of Jack-o'-Lantern (Event Center)</p> <p>2:00 Movie Matinee (Theater) The Bad News Bears PG 101 min</p>
<p style="text-align: right;">27</p> <p>10:00 Worship (Chapel or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>2:00 Plinko (Event Center)</p>	<p style="text-align: right;">28</p> <p>9:30 Sit & Get Fit (Event Center)</p> <p>10:15 Bean Bag Tournament (Event Center)</p> <p>1:30 Rosary (Chapel or Ch 64)</p> <p>2:00 Mass (Chapel or Ch 64)</p>	<p style="text-align: right;">29</p> <p>9:00 Spa Manicures (Event Center)</p> <p>2:00 Cookie decorating (Event Center)</p> <p>3:15 EnerG Exercises (Event Center)</p>	<p style="text-align: right;">30</p> <p>9:30 Balance Class w/ Jeff (Event Center)</p> <p>10:00 Bible Study (Event Center)</p> <p>2:00 Fall Festival Games (Event Center)</p> <p>3:30 Rosary (Theater)</p>	<p style="text-align: right;">31</p> <p>Theme Thursday Halloween Costume</p> <p>9:30 EnerG Exercise (Event Center)</p> <p>10:30 Resident Council (Event Center)</p> <p>2:00 Current Events (Event Center)</p> <p>3:00 Happy Hour (Event Center) <small>Halloween</small></p>	<p style="text-align: center;">Vote for your favorite pumpkin by the receptionist desk October 26-31st</p>	

Activities are subject to change without notice