

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2025

Good Shepherd Apartments



1
I Spy - W
Grab an official entry form from the community room. When you spot the heart in a common area, fill out the entry form and place it inside the box to be entered into a drawing. (Shhh-don't say where you saw it and do not remove)
6:30 Bingo (GSA)

2
10:00 Worship Service (Chapel or Ch 900)
1:30 Coffee & Chat-O
2:00 Cards, Coffee & Chat -CT
5:00 Location of heart entries due-W
Groundhog Day

3
9:00 Walking Club -CT
10:00 EnerG Exercises-O
10:30 Craft (Popup Valentine)-CT
1:00 Power Pump-TG
1:30 Rosary -C or Ch 900
2:00 Mass-C or Ch 900
2:30 Craft (Valentine)-GSA
3:30 Mystery Lateral Thinking Puzzles-O

4
9:00 Walking Club -CT
9:45 Yarn Club-GSA
10:15 Pilates-CT
2:00 Birthday Party with Allan Godage-CT
6:30 Bingo-CT

5
9:00 Walking Club -CT
9:45 Recycle Team-GSA
10:30 Chair Cardio-CT
1:30 Coffee & Chat-GSA
2:00 Yoga-CT
2:00 Bible Study -C
3:00 Hypertension Control Workshop-CT
3:30 Horse Racing-O

6
9:00 Walking Club -CT
9:45 500 Club-GSA
10:30 Kickboxing-CT
1:30 Volleyball -CT
2:00 Pokeno-W
3:30 Crazy Maze- GSA
6:30 Bingo-O

7
9:00 Walking Club -CT
9:45 Axe Throwing-GSA
10:00 EnerG Exercises-O
10:30 Riddles-GSA
10:30 Floor Dice-W
1:00 Balance Boosting-CT
2:00 Heart Garland-CT

8
I Spy -CT
Grab an official entry form from the community room. When you spot the heart in a common area, fill out the entry form and place it inside the box to be entered into a drawing. (Shhh-don't say where you saw it and do not remove)
6:30 Bingo (GSA)

9
10:00 Worship Service (Chapel or Ch 900)
1:30 Coffee & Chat-O
5:00 Location of heart entries due-CT

10
9:00 Walking Club -CT
10:00 EnerG Exercises-O
10:00-12:00 Satellite Clinic Open House- CT
1:00 Power Pump-TG
1:30 Rosary -C or Ch 900
2:00 Mass-C or Ch 900
2:30 Mysteries Lateral Thinking Puzzles-GSA
3:30 Craft (Popup Valentines)-W
7:00 St. Cloud Municipal Band -C

11
9:00 Walking Club -CT
9:45 Yarn Club-GSA
10:00 Tenant Council . Meeting - O
10:15 Pilates-CT
2:00 Games (Yahtzee, Cribbage, 500)-CT
3:30 Creative Writing- O
6:30 Bingo-CT

12
9:00 Walking Club -CT
9:45 New Games-GSA
10:30 Chair Cardio-CT
1:30 Coffee & Chat-GSA
2:00 Yoga-CT
2:00 Bible Study -C
3:00 Hypertension Control Workshop-CT
3:30 Name that Musical-O
Tu B'Shevat Begins

13
9:00 Walking Club -CT
9:45 500 Club-GSA
10:30 Kickboxing-CT
1:30 Badminton -CT
2:00 Pokeno-O
3:00 Court Tenant Meeting
3:30 Interactive Jeopardy-GSA
6:30 Bingo-O

14
Wear red, pink or hearts
9:00 Walking Club -CT
9:45 Brain Teaser-GSA
10:00 EnerG Exercises-O
10:30 Floor Dice-GSA
10:30 Axe Throwing-W
1:00 Balance Boosting-CT
2:00 Valentine Social-CT (Pre-payment Painting deadline)
Valentine's Day

15
I Spy -O
Grab an official entry form from the community room. When you spot the heart in a common area, fill out the entry form and place it inside the box to be entered into a drawing. (Shhh-don't say where you saw it and do not remove)
6:30 Bingo (GSA)

16
10:00 Worship Service (Chapel or Ch 900)
1:30 Coffee & Chat-O
2:00 Cards, Coffee & Chat -CT
5:00 Location of heart entries due-O

17
9:00 Walking Club -CT
10:00 EnerG Exercises-O
10:30 Craft (Jewelry)-CT
1:00 Power Pump-TG
1:30 Rosary -C or Ch 900
2:00 Mass-C or Ch 900
3:00 Winter Games -CT
Presidents' Day (U.S.)

18
9:00 Walking Club -CT
9:45 Yarn Club-GSA
10:15 Pilates-CT
2:00 Speaker: Health Care Directives-CT
3:30 Trivia Team Challenge-GSA
6:30 Bingo-CT

19
9:00 Walking Club -CT
9:45 Horse Racing-GSA
10:30 Chair Cardio-CT
1:30 Coffee & Chat-GSA
2:00 Yoga-CT
2:00 Bible Study -C
3:00 Hypertension Control Workshop-CT
3:30 Wheel of Fortune-O

20
9:00 Walking Club -CT
9:45 500 Club-GSA
10:30 Kickboxing-CT
1:30 Volleyball -CT
2:00 Pokeno-CT
3:30 Creative Writing- GSA
6:30 Bingo-O

21
9:00 Walking Club -CT
9:45 Bean Bags-GSA
10:00 EnerG Exercises-O
10:30 Hangman -GSA
10:30 Bean Bags-W
1:00 Balance Boosting-CT
1:30 Painting with Lana -GSA (pre-payment of \$15 required by Feb 14th. See Activity Staff for Payment)

22
I Spy -GSA
Grab an official entry form from the community room. When you spot the heart in a common area, fill out the entry form and place it inside the box to be entered into a drawing. (Shhh-don't say where you saw it and do not remove)
6:30 Bingo (GSA)

23
10:00 Worship Service (Chapel or Ch 900)
1:30 Coffee & Chat-O
5:00 Location of heart entries due GSA

24
9:00 Walking Club -CT
10:00 EnerG Exercises-O
10:30 Cook's Corner-CT
1:00 Power Pump-TG
1:30 Rosary -C or Ch 900
2:00 Mass-C or Ch 900
2:30 Horse Racing-GSA
3:30 Karaoke-W

25
9:00 Walking Club -CT
9:45 Yarn Club-GSA
10:15 Pilates-CT
2:00 Games (Yahtzee, Cribbage, 500)- -CT
3:30 Book Club-GSA
6:30 Bingo-CT

26
9:00 Walking Club -CT
9:45 No Got-GSA
10:30 Chair Cardio-CT
1:30 Coffee & Chat-GSA
2:00 Yoga-CT
2:00 Bible Study -C
3:00 Hypertension Control Workshop-CT
3:30 Would you Rather-GSA

27
9:00 Walking Club -CT
9:45 500 Club-GSA
10:30 Kickboxing-CT
1:30 Badminton -CT
2:00 Pokeno-GSA
3:30 Trivia Team-W
6:30 Bingo-O

28
9:00 Walking Club -CT
9:45 I Doubt It -GSA
10:00 EnerG Exercises-O
10:30 Axe Throwing-GSA
10:30 Crazy Maze-W
1:00 Balance Boosting-CT
2:00 Music with Nathan Neuman-CT
Ramadan Begins



GSA=Good Shepherd Apartments Dining Room, CT=Court Dining Room, O=Oaks Dining Room, W=West Community Room, C=Chapel, TG=Therapy Gym