

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

Good Shepherd Community Nursing Home



				<p>10:15 New Years Theme Word Scramble (EC)</p> <p>1:30 Movie Matinee: Frozen (T) (Rated PG, 102 minutes)</p> <p>New Year's Day</p>	<p>9:30 Morning Chats (EC)</p> <p>10:00 Cardio Drumming (EC)</p> <p>10:30 Card Games (EC)</p> <p>2:00 Bingo (EC)</p>	<p>10:00 EnerG Exercises (EC)</p> <p>10:30 Board Games (EC)</p> <p>2:00 Movie Matinee: Eight Below (T) (Rated PG, 120 minutes)</p>
<p>10:00 Worship Service (C or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>1:30 Ring Toss (EC)</p>	<p>9:30 Brain/Body EnerG Exercise (EC)</p> <p>10:15 Cocoa & Chats (EC)</p> <p>1:30 Rosary (C or Ch 64)</p> <p>2:00 Mass (C or Ch 64)</p> <p>3:00 Good Shepherd Choir Practice (EC)</p>	<p>9:00 Manicures (EC)</p> <p>10:30 Winter Word Games (EC)</p> <p>2:00 Snowflake Craft (EC)</p> <p>3:00 EnerG Exercises (EC)</p>	<p>9:30 Posture & Balance (EC)</p> <p>10:00 Bible Study (EC)</p> <p>2:00 January Birthday Party with Elvis Entertainment (EC)</p> <p>3:30 Rosary (T)</p>	<p>9:15 Walk and Roll (EC)</p> <p>10:15 Horse Racing (EC)</p> <p>2:00 Volleyball (EC)</p> <p>3:00 Happy Hour (EC)</p> <p>Elvis's Birthday</p>	<p>9:30 Morning Chats (EC)</p> <p>10:00 Music and Movement (EC)</p> <p>10:30 Handstand Snowman Marshmallow Snack (EC)</p> <p>2:00 Bingo (EC)</p>	<p>10:00 EnerG Exercises (EC)</p> <p>10:30 Winter Memory Matching Game (EC)</p> <p>2:00 Movie Matinee: Alaska (T) (Rated PG, 109 min)</p>
<p>10:00 Worship Service (C or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>1:30 Bean Bag Toss (EC)</p>	<p>9:30 Indoor Snowball Fun (EC)</p> <p>10:15 Picture Puzzles (EC)</p> <p>1:30 Rosary (C or Ch 64)</p> <p>2:00 Mass (C or Ch 64)</p> <p>3:00 Food Committee (EC)</p>	<p>9:00 Manicures (EC)</p> <p>10:30 EnerG Exercises (EC)</p> <p>2:00 Bowling (EC)</p> <p>3:30 GSC Veterans Group (Canal Street Sun Room)</p>	<p>9:30 Posture & Balance (EC)</p> <p>10:00 Bible Study (EC)</p> <p>2:00 Relaxation Art & Piano Music with Joann (EC)</p> <p>3:30 Rosary (T)</p>	<p>9:15 Walk and Roll (EC)</p> <p>10:15 Resident Council (EC)</p> <p>2:00 Tabletop Snowman Bowling (EC)</p> <p>3:00 Happy Hour (EC)</p>	<p>9:30 Morning Chats (EC)</p> <p>10:00 Cardio Drumming (EC)</p> <p>10:30 Card Games (EC)</p> <p>2:00 Bingo (EC)</p>	<p>10:00 EnerG Exercises (EC)</p> <p>10:30 Plinko (EC)</p> <p>2:00 Grumpy Old Men (T) (Rated PG-13, 103 min)</p>
<p>10:00 Worship Service (C or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>1:30 Darts (EC)</p>	<p>10:30 MLK Jr. Day Community Service Project: Place of Hope (EC)</p> <p>1:30 Rosary (C or Ch 64)</p> <p>2:00 Mass (C or Ch 64)</p> <p>3:00 Good Shepherd Choir Practice (EC)</p> <p>Martin Luther King Jr. Day</p>	<p>9:00 Manicures (EC)</p> <p>10:45 Winter Theme Friendly Feud Game (EC)</p> <p>2:00 FROST Theme Bingo (EC)</p> <p>3:30 EnerG Exercises (EC)</p>	<p>9:30 Posture & Balance (EC)</p> <p>10:00 Bible Study (EC)</p> <p>2:00 Activity Planning (EC)</p> <p>3:30 Rosary (T)</p>	<p>9:15 Walk and Roll (EC)</p> <p>10:15 Snowman Craft (EC)</p> <p>2:00 Volleyball (EC)</p> <p>3:00 Happy Hour (EC)</p>	<p>9:30 Morning Chats (EC)</p> <p>10:00 Music and Movement (EC)</p> <p>10:30 Build-a-Snowman Dice Game (EC)</p> <p>2:00 Bingo (EC)</p>	<p>10:00 EnerG Exercises (EC)</p> <p>10:30 Shut the Box Game (EC)</p> <p>2:00 Herbie (T) (Rated G, 108 min)</p>
<p>10:00 Worship Service (C or Ch 64)</p> <p>11:00 Sunday Mass (Ch 45)</p> <p>1:30 Axe Throwing (EC)</p>	<p>9:30 Brain/Body Exercise Class (EC)</p> <p>10:15 Cocoa & Chats (EC)</p> <p>1:30 Rosary (C or Ch 64)</p> <p>2:00 Mass (C or Ch 64)</p> <p>3:00 Word Ladder Brain Fitness (EC)</p>	<p>9:00 Manicures (EC)</p> <p>10:00 Hands of Time Project (EC)</p> <p>2:00 Minute-To-Win-It Games (EC)</p> <p>3:30 EnerG Exercises (EC)</p>	<p>9:30 Posture & Balance (EC)</p> <p>10:00 Bible Study (EC)</p> <p>1:15 Travel Talk & Treat with Ousman: Jamaica (EC)</p> <p>3:30 Rosary (EC)</p>	<p>9:15 Walk and Roll (EC)</p> <p>10:15 Winter Word Mining (EC)</p> <p>2:00 Volleyball (EC)</p> <p>3:00 Happy Hour (EC)</p>	<p>9:30 Morning Chats (EC)</p> <p>10:00 Cardio Drumming (EC)</p> <p>10:30 Winter Scattergories (EC)</p> <p>2:00 Bingo (EC)</p>	<p>10:00 EnerG Exercises (EC)</p> <p>10:30 Dicebreakers (EC)</p> <p>2:00 White Fang (T) (Rated PG, 107 min)</p>

EC = Event Center, C = Chapel, T = Theater